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Snofest Chair Richard Lowery and the Committee gather at the Highway 7 Marmora Cup sign with the new banner last Sunday. L-R: Lowery, John Solmes, Bonnie Danes, Wilma Scott, Scott Broadbent, Stew Fisher Art Meyer, Bernie Dawson, Ralph McKee, Robert Young and Barb Fisher - and April, front and centre. Photo Nancy Derrer. Story page 8.

Musher doing what he wants to do

By L.J. Jackson

Mushers are a hard working, independent, fiercely unique bunch of guys and gals who hold their own with coveted freckles of dog poop flying in their faces. So... why do they do it?

"Drugs and alchohol....and my Grandmother."Shawn Shaw, who recently raced at the Eldorado Gold Cup Race, says that being out along the trails with his dogs has taken him to a new frontier. Prior to dog sledding, he was using drugs and alcohol, "way too much. I was heading down the wrong path. Now I drink to remember, not to forget."

"I was always an outside guy." He says from an early age, he had tasted the freedom of the outdoors, hooking a dog to a sleigh. "My Gramma used to say, you are always in the snow."

When his maternal Grandmother died, she left him a soapstone carving of a dog team and a message on a video addressed to her grandson, "..do what you want to do..."

Ten years ago he got a team together and the training and races began. "I have no desire to get drunk now. You can have a beer, but you can't get drunk when you are with the team. Out there, with my dogs, I am getting a natural high and I am learning about myself."

"My dogs have taught me not to be negative." Shaw says that any signs of negativity are sensed by his team, who refuse to respond. He has learned that his team responds well to the positive with the ride and the trails become elemental lessons of discovery.

"You are out there, alone, with the elements." The musher does not shrink from the harshness of the elements, but enjoys meeting it head on, learning from the experience that only dog sledders can know; that can't be explained; that must be felt. It is the primal emotions intrinsic to dog sledders and his team. Out there, he intimates, ego is banished. Innocence and knowledge mingle and he and his team are defined - as a species and individuals. Out there, he is among the pungent aromas of his own truth.

There are some things with dog sledding that can't be learned, says Shaw, who began his dog sledding days on

continued page 14

The Bells of St. Mary's coming to Madoc

By Rev. Jean Brown

Many fine people have sung the hit song "The Bells o Mary's" over the years- most notably Bing Crosy in the film featuring the song; Perry Como, in his album "B quest" released in 1962; and now in 2005 our own D Thompson will be singing this song at the Valentines ner Concert on Sunday evening Feb. 13, at Trinity U Church in Madoc. This dinner concert gets bigger an ter each year, and plenty of laughs, good food, and e lent music are planned featuring the Madoc Men's Ch (in their new tuxedos), the Trinity Choristers, singers Spring Brook United Church, the Anglican Church area churches, various duets, trios, and even a mystery sician- about whom many wonder. A silent auction (b at 5:30) with items in all price ranges, and the dinner (at 5:30) precede the concert (starts at 7:00) and adv

continued p

Switch Out eliminate mercury

Ontario Environment Minister Leona Dombrowksy sh her support today for the Clean Air Foundation's S Out program, aimed at removing harmful mercury the environment. The Minister appeared at Woodbeck Parts in Stirling, where she removed a mercury switch an old vehicle. Switch Out is designed to eliminate c Canada's top man-made sources of mercury – autom lighting switches. The program provides free train collection kit and free transportation making it ea auto recyclers to handle the mercury switches.

"The McGuinty government is proud to suppo Clean Air Foundation's Switch Out program," Dombr said. "We know that mercury is a major health hazar this program is an effective way to reduce its impa the environment."

continued

Youth Causes Damag to New Park

Centre Hastings - A Central Hastings O.P.P. officer routine patrol Tuesday evening around 6:00 p.m. w observed a 15-year-old youth hanging off the per fence around the new skateboard park on Durhan Madoc. The youth was kicking the fence and had aged to damage a substantial part of the fence for parent reason.

The first phase of the skateboard park was recentl pleted after a year long community effort raised the to construct a facility for youth. In recent days the p seen considerable use as young people shovel the sn

continued

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Central Hastings OPP report

Snowmobile and ATV Patrols encouraged to ride safe

Hastings County - Off Road vehicle operators are being encouraged to ride in a safe manner this winter. In order to make sure this happens the Central Hastings detachment of the Ontario Provincial Police and the Hastings and Prince Edward Counties Health Unit have brought back the popular "Trail Pak" incentive program from last year.

Riders checked by police will be given a "Trail Pak" that includes information on safety, impaired driving and ice conditions. The pack also includes lip balm and a ballot for a free draw for one of two KBC VRX Dual Use Snowmobile/ATV Helmets, courtesy of the Central Hastings Community Police Action Committee.

"We hope all snowmobile and ATV riders enjoy their time on the trails in Hastings County. We want people to be safe and secure in doing so and we feel that encouraging people with this trail pak incentive is the best way to get our point across", said Staff Sergeant Peter Valiquette. In launching the program, officers were on patrol throughout the past weekend in the Marmora, Madoc and Tweed areas. Over 125 off road vehicles were checked with three riders on Moira Lake being warned for failing to wear a helmet. One rider on the trail system in the Tweed area was clocked on radar at 109 km/h in the 50 km/h zone and given a ticket.

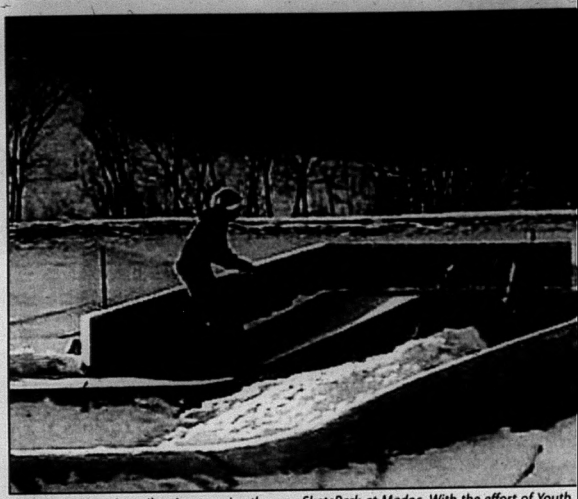
At this time, the trails are being used but there are some bare spots making snowmobiles difficult to handle. Please take care and ride responsibly.

Man Arrested for Assault

Centre Hastings - The Central Hastings Ontario Provincial Police have arrested a man following an incident that occurred Sunday night around 6:00 p.m.

Officers were called to a Durham St. business by a store owner who reported that a 14-year-old boy had come in complaining that he had been attacked by an older man. Investigation revealed that the youth had been at an area residence when an argument had taken place. As the argument became heated, another occupant in the home grabbed the youth and threw him against the wall and struck him. Charged with assault is Robert Tokley, age 30, of Marmora.

Outdoors never seemed so much fun



They just can't wait until spring to enjoy the new SkatePark at Madoc. With the effort of Youth, nesses and the entire community, the SkatePark is up and running. Youth have been enjoying the outdoors whether warm or cold weather. photo: Tessa Jordan

Switch Out eliminates mercury

continued from page 1

"Managing the safe disposal of toxic mercury is vital to the health of our children and grandchildren," says Fatima Dharsee, Manager of Switch Out. "Participation in Switch Out is easy. There could be as many as 200,000 mercury switches in Ontario vehicles being scrapped every year, and we urge automobile recyclers to help curb this release of mercury to the environment."

Thanks to the dedicated support of the Ontario Automotive Recyclers Association and its members, 25 kg of mercury, over 29,000 switches, have been safely collected and prevented from entering the environment. Without Switch Out, mercury from the switches of retired vehicles across Canada would be released to the environment at a rate of approximately 700 kg per year. One single gram is enough to pollute a 20-acre (8-hectare) lake so that the fish cannot be consumed for an entire year. Mercury is a highly potent neurotoxin and can cause brain damage, birth defects, kidney failure, respiratory harm and liver damage. Only recently has mercury been prohibited from such applications as household thermostats and thermometers, lighting switches found in cars and appliances, and vaccines for infants and children.

European and Asian-made vehicle manufacturers discontinued the use of mercury switches in 1996, while North American manufacturers did so in 2003. Mercury is also used to control anti-lock braking systems and to light LCD display screens and HID lamps – but more than 95 per cent of the mercury found in vehicles is found in the switches in hood and trunk lighting systems. When these vehicles reach the end of their lives, the mercury enters the waste stream. Each switch contains 0.7 to 1g of mercury and cars contain up to two switches powering lighting.

"It's the least we can do," said Bruce Woodbeck, President of Woodbeck Auto Parts. "We'll keep pulling switches with the help of Switch Out, and helping to keep our environment healthy."

About Switch Out

Switch Out is the most successful voluntary vehicle mercury switch recovery program in North America. Under the Clean Air Foundation's management, the program has expanded in three years to Ontario, Alberta and British Columbia, with programs in development for Quebec and the Atlantic provinces. Bolstered by the leadership of the recyclers in Ontario, Alberta and BC, the Clean Air Foundation is pursuing the expansion of Switch Out to a national scale, with program support coming from all industry and government stakeholders. Clean Air Foundation launched Switch Out Ontario in 2001, in partnership with Environment Canada, the Ontario Ministry of the Environment, Fluorescent Lamp Recyclers, Ontario Power Generation and the Ontario Automotive Recyclers Association (OARA). (www.switchout.ca)

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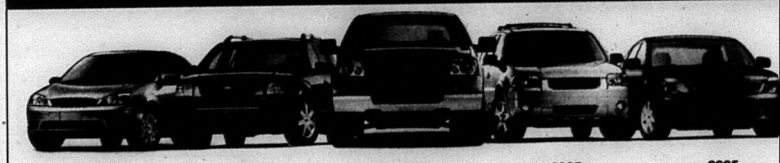

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You get the gov't you support

Brian Dunning
b.dunning@essencegroup.com

Municipal governments, it can be argued, are the most democratic, in that they usually are not controlled by a particular ideology or political party. Rather local citizens volunteer their time and talents to oversee the needs of the community in a fair and balanced fashion. And more importantly, citizens have direct access to them.

Rural municipalities face unique problems. They must maintain services to their community with a strictly limited tax base. In recent years many of those services supplied and funded by the province have been "downloaded" to the municipalities.

At the time, the province said transferring these responsibilities would be "revenue neutral," but as history has proven they are not.

An aging infrastructure is placing an undue hardship on rural municipalities. Their options are few. They can raise property taxes but in many cases that is counterproductive. When you are trying to promote your community as a place for new business and people the last thing you want is a higher tax rate than a neighbouring community.

They can prioritize their capital expenditures knowing they are only delaying the problem. Fire trucks, snowplows, backhoes, graders all wear out and need to be replaced. Roads and bridges are deteriorating. The province mandates certain standards that must be met.

If you are a member of local government you have to decide which road or bridge will be dealt with, keeping in mind you only have a certain amount of money to work with.

Yes there is a cost-sharing plan offered by the federal and provincial governments, but that still leaves a municipality to come up with one-third of the cost, if they are lucky enough to have their project approved.

The bottom line is residents of rural communities, instead of haranguing their local council should be writing their MP and MPP for a better deal.

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REMEMBER WHEN...

Remember when the Queen visited Toronto in 1973? Well did you know that while she was here she had time to meet with 22 year old Peter Ramsay on Madoc? Queen Elizabeth and Prince Philip presented Ramsay with the newly created Ontario medal for good citizenship and then proceeded to chat about Peters favourite subject - hockey.

Letters *to the editor*

Thank you for such a concise, easy to read, logical, defence of parental rights and support of the family, editorial. I am going to photocopy this article and pass it out to everyone in our church and to all our relatives!

My husband and I strongly agree with you that even bad parents are better than no parents, which is what often happens when the government steps in.

We have participated in and taught a parenting class, which is very well summarized by what you have fearlessly written here.

The last paragraph about how to help kids is right on the mark!!! (Encourage parents to stay married!)

My husband and I are now leading a class of 5 couples, studying Common Misconceptions That Destroy Marriage Oneness. Its an exciting, dynamic class and lots of fun.

God's design for the family really works when we take time to study His precepts and follow His commands.

God bless you in this position of influence in our communities,

Peter and Chris Rasenberg

GOT SOMETHING TO SAY?
news@essencegroup.com
Subject: Letter to the Editor

HEALTH ALERT!

OTTAWA (CP) - The Canadian Food Inspection Agency and Natrel were warning the public Tuesday not to consume Sealtest brand 1% Chocolate Milk as described below.

This product may be contaminated with a chemical sanitizer. The affected product, Sealtest brand 1% Chocolate Milk, is sold in a one-litre carton bearing UPC 0 64420 00170 2. The affected code FE 07 appears on the carton near the spout. No other codes are affected.

The manufacturer, Natrel of Don Mills, Ont., is voluntarily recalling the affected product from the marketplace. The product has been distributed in Ontario.

There have been several reported adverse reactions associated with this product. Milk contaminated with sanitizer may not look or smell spoiled.

This product should not be consumed. The customers may return the affected product to the point of purchase or dispose it off immediately.

The CFIA is monitoring the effectiveness of the recall.

For more information, consumers and industry can call one of the following numbers:
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1-888-289-7999

On the Street *Question of the week*

What do you think should be a top priority for municipalities 2005 budgets?

Health care. They should have some say. All decisions are made in Toronto. Local governments should have a say in health decisions.
Rick Good
Harlowe

Roads. A lot of roads are not in good shape around here. They need to repair and maintain more..Some of the side roads are terrible.
Bert McLean
Flinton

Roads. Some need repairs and more maintenance. That should be a priority.
Amy Whitelock
Northbrook

Bridges. We have a lot of bridges that need work, and roads. A lot of roads have big holes. They fill them in, but have to do it again and again.
Reg Desroches
Tweed

A top priority? Get more money. They should be looking at increasing revenues if possible and necessary to run the municipality.
Joan Marr
Tweed

Health care and education. They should be putting more pressure on the provincial and federal governments for more money. Municipalities should push them more.
Joan Cassidy
Tweed

Madoc quidditties

Elgin Street Movie Cafe free of charge

The "Elgin Street Movie Cafe" proudly presents the following movies over the coming weeks at the Madoc Wesleyan Free Methodist Church at 137 Elgin Street (beside Centre Hastings Secondary School) in Madoc. Please note that the admission is free, seating is limited (come early for the best seats), all the movies begin at 7:00 p.m., and quality desserts and refreshments are served after the movie in the cafe.

Friday, February 4th at 7:00 p.m. Six....The Mark Unleashed.
Three men...two destinations...one choice.
A science fiction thriller....or is it?
This original movie, set in the last days before Armageddon, will keep your eyes wide open. "If they fail, humanity will be marked for death, the resistance will collapse and every last life will have been taken by the enemy." (Cristiancinema.com).
The movies listed above are for ages 13 and above, will be viewed on an 8 foot by 12 foot anamorphic screen with Dolby 5.1 Surround Sound and 520 watts of brain-shaking bass.
For further information please email:
info@elginstreetmoviecafe.com

Winter yard sale at Sacred Heart of Mary Parish
Saturday February 5, 2005 8am to 1:30 pm
at the O'Neill Parish Hall.
Treasures are sure to be found.
Refreshments will be for sale. All proceeds will go towards a fund to send 10 youth to World Youth Day in Cologne Germany this summer.

Euchre at Bethesda United Church
Bethesda United Church
Monday February 7, 2005 at 7:30pm
Ladies please bring light lunch.
Cost is $2.00 per person. Come out for an eveing of fun and prizes, Everyone welcome.

The Bells of St. Mary's coming to Madoc

continued from page 1

tickets are required and available through Wilsons or Bush Furniture.

Just as the 1945 musical film "the Bells of St. Mary's" captured the story of an institution facing building improvements , so too, does Trinity United Church in Madoc face specific challenges to restore and renew the interior plaster and paint that has been damaged over the years. Trinity hopes to repair, re-paint and renew the sanctuary and the interior, so this fund-raising concert will be partly allocated for that purpose. Most recently Trinity restoration, under the direction of Wayne Hagerman, included repairing windows, and trim, installing electric cables to prevent ice build up, capping chimneys, re-pointing bricks, reinforcing the attic, cleaning the ceiling fans. As well the Trinity Choristers and some community folks installed an entirely new sound and speaker system that is fantastic and allows one to hear from any point in the church. The next step is the plaster repair and interior painting.

So, come and support our Valentines dinner concert and silent auction on Sunday evening Feb. 13, and have a great time while contributing to our up-coming renovations. Don't forget to get those advance tickets at Wilsons of Madoc and Bush Furniture, and remember that our slogan repair, renew, also includes "repent" and "re-paint".

Bearcats bite back with silver and gold

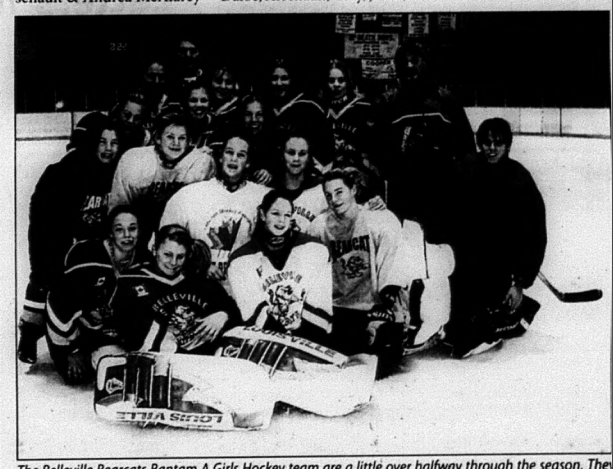
By Denise Gray

The Belleville Bearcats Bantam A team played two home games this weekend in Belleville. Game one versus Markham-Stouffville. The girls were down 3 to 1 at the end of the first period, but fought back hard and came out with a tie by the end of the third.

Goals were scored by Andrea McAlarey (2), Jessie Jones (1) with assists going to Deidre Hatton (2) and Brittany Gray (2). Game two versus Vaughn was a little different. Brittany Gray, assisted by Kelsey Arsenault & Andrea McAlarey popped one in the first shift of the game. 11 seconds later, Marlee Fisher scored, assisted by Jessie Jones & Ellen Sparling - in 31 seconds the Bearcats had a lead of 2-0 over Vaughn. The Belleville Bearcats dominated the entire game with great defensive coverage by Melissa Martin, Megan Davies, Dana Doherty, Kristina Dafoe, Cally Langridge and of course, Stephanie Auger in net; the offensive force was unstoppable with 3 more unanswered goals coming from Gray, Fisher & Jones with assists by Martin, Dafoe, Arsenault, Gray, Jones, Sparling, & Burkitt.

The final score was 5-0 in favour of Belleville.

The Belleville Bearcats Bantam A team are currently sitting in 6th place in the NMGHL in the Bantam AA division..... Way to go girls...keep up the good work. They are hosting the number one team in their loop, Durham 31, on Monday, February 14 at 7:30 p.m. at the Madoc arena. Come and see why Women's Hockey is one of the fastest growing sports..... hope to see you there.



The Belleville Bearcats Bantam A Girls Hockey team are a little over halfway through the season. They captured the Gold at the Kingston Tournament and the Silver at the Whitby Tournament, Bantam AA Division in December. The commitment these girls and their parents have brought forth this season ha been outstanding. The girls play out of the NMGHL in Teir 1 - Bantam AA Division, travelling to Aurora Whitby, Etobicoke, Vaughan, Durham, Markham and Willowdale on a regular basis. Special thanks t Foley Bus Lines of Madoc for providing transportation to all our away games.
Belleville Bearcats Team Photo: Kelsey Arsenault, Mitch Auger, Trainer; Brittany Gray, Melissa Martin; Cal ly Langridge; Randy Gray, Coach; Dana Doherty; Ellen Sparling; Andrea McAlarey; Megan Davies, Deidr Hatton, Marlee Fisher; Kristina Dafoe; Diana Boultbee; Stephanie Auger; Lacey Burkitt; Jessie Jones an special thanks to Cody Clifford for practicing with us. Missing from photo: Mike Davies, Coach.

Youth Causes Damage to New Park

continued from page 1

to ride their skateboards.

The suspect in this case was taken into police custody and driven home to his parents so they could be made aware of his behaviour. The suspect was also ordered to appear at the town municipal works garage today to assist with repairs to the damage he caused. In addition, the suspect has bee banned from the park unt further notice.

Down On The Farm

No. 1 worldwide STIHL
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School Fair honour: School (top left) Fair President Lori Burtt (L) presents the Past President's gavel to Bonnie Davidson at the Norwood Agricultural Society's annual dinner.

Homecraft honour: (top right) Suzi Stanley, Homecraft Division President, presents the Past President's gavel to Audrey Harris-Gaunt during the Norwood Agricultural Society annual awards evening. Photos/Bill Freeman

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Celebrating Seniors!

Just as the average of our own population is increasing, more of our pets are entering their senior years. Large and giant breed dogs tend to age faster than small breeds. In general, cats and small-to-medium breed dogs are considered seniors at 7 or 8 years of age. Giant breeds may be seniors as soon as 5 years of age. The number of senior pets is increasing; with better care, improved nutrition, and a closer bond with their owners, our pets are living longer and healthier lives.

There are many gradual physical changes that appear with age:

- Decreased hearing and/or vision
- Reduced function of organs (kidneys, liver or heart)
- Arthritis
- Endocrine diseases (diabetes, thyroid disease or adrenal diseases)
- Increased incidence of cancer

The important point is that our pets do not need to suffer with these problems. Often changes in environment, nutrition or medication can allow our pets to remain comfortable and happy in spite of their age. Early detection of illness is essential. Annual blood screens are recommended to determine how their internal organs are working, finding problems BEFORE they cause outward symptoms. You should also watch for subtle changes in appetite, water intake, bathroom habits, or ability to run and jump normally.

Celebrate your senior pet's life, and keep them happy and healthy for as long as possible!

HOARD'S STATION SALE BARN MARKET REPORT

February 1, 2005

		PRICE RANGE	SALES TO
Lambs All Weights		1.07 - 1.52	1.54
Calves	100-150 lbs.	.40 - 2.40	2.45
	150-400 lbs.	.55 - 1.12	1.20
Stocker	400-600 lbs.	.75 - 1.26	1.28
Steers	600-800 lbs.	.86 - 1.16	122-1/2
	800-1000 lbs.	.71 - .85	99-1/2
Stocker	400-600 lbs.	.67 - 1.15	1.16
Heifers	600-800 lbs.	.57 - 1.04	108-1/2
Cows		9 - 26-1/2	31-1/2
Bulls		20 - 33	39-1/2
Springer Cows		$270 - $785	$800
Fresh Cows		$135 - $340	$550

Pigs	25-35 lbs.	- $30
	35-45 lbs.	- $42
	Shoats	$34 - $41
	Sows	.20 - .45
	Boars	.5 - .10

TOP STOCKER STEER	400-600 lbs.	495 lbs. @ 1.28 • Jim Harrison, Trenton
	600-800 lbs.	2 av. 600 lbs. @ 122-1/2 • Ken O'Neil, Picton
TOP STOCKER HEIFER		455 lbs. @ 1.16 • Jim Harrison, Trenton
TOP CALF	100-150 lbs.	120 lbs. @ 2.45 • Lloyd Prins, Corbyville
	150-400 lbs.	205 lbs. @ 1.20 • Larry Thompson, Mountain Grove
TOP COW		1600 lbs. @ 31.50
TOP SPRINGER		$800. • Roy Mowberry, Picton
TOP FRESH COW		$550. • Hoftyzer Farms, Frankford
TOP PIGS		11 av. 45 lbs. @ $42.00 • Everette Reid, Stirling

Barn Opens Every Monday Until 9:00 p.m. Sales Every Tuesday at 12:00 noon

Service Diplomat winners

By Rolly Ethier

A highlight of the Campbellford/Seymour Agricultural Society's annual meeting was the presentation of the 2005 Agricultural Service Diploma, which represents meritorious contributions to the Fair Board.

The popular husband-and-wife team of Elvin and Joy Petherick were recognized for their many years of service. Elvin's brother Clair Petherick and sister-in-law Debbie, made the presentation of the diploma and also gave the introductions a hilarious touch.

Joy's roots in agriculture run deep as she grew up on a dairy farm located near Trent University. She belonged to no fewer than 24 4-H clubs and has earned a diploma in early childhood education. A former Queen of the Furrow and Dairy Princess, Joy became involved in the Homecraft Division as a director and took over the reins as president in 1997-98.

She is credited with creating the Red Barn's Children Activity Centre and has turned the Barn into a youth magnet at the annual Fair.

A cancer survivor, in addition to his impressive list of credits with the Fair Board, Elvin has served as principal at both Hillcrest and Kent public schools during his career.

Involved early in various 4-H organizations, Elvin has been a director of the Holstein Club and an aspiring judge. He studied at the University of Waterloo, majoring in kinesiology and later attended Teacher's College at Queen's University, which was described by Clair "as five years of holidays."

Ex-OAAS President

Elvin returned to Campbellford in the summer of 1989 and has been a strong supporter of Fair Board activities ever since. A director of the Agricultural Society, he became president in 1993-94.

Influenced by colleagues to become a Campbellford representative in the Ontario Association of Agricultural Societies (OAAS), he rose to the position of president in 2001/02. The Fair Board honoured this special achievement with a memorable recognition night in his honour, which, in Clair's words, enabled his fellow Fair Board colleagues "to have a few laughs at Elvin's expense."

"Elvin's leadership qualities and organizational skills really shone at the OAAS convention and it was a proud moment to hear him speak as he recognized the support he received from the local Fair Board," noted Clair.

Elvin encountered his toughest challenge in 2003 when he was diagnosed with cancer. He faced the battle head-on with a very positive attitude while still remaining involved with Fair Board activities.

"But his energy seems never-ending and he continues to work tirelessly on behalf of this Fair Board with his problem-solving skills," summed up Clair.

In accepting the honour, Joy said she is touched and very proud to accept such recognition.

"During my tenure on the Fair Board I have made many treasured friends in the community," she said. "On behalf of Elvin and our three children I extend my thanks for the opportunity of becoming part of the agricultural family here."

Meritorious service on behalf of the Campbellford/Seymour Fair Board has earned Joy and Elvin Petherick this year's Agricultural Service Award. Elvin's brother, Clair, and his wife Debbie made the presentation at the Agricultural Society annual dinner meeting.

In his acceptance, Elvin paid special tribute to all of

continued on page 8

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Scottish lilt: Debra Richardson-Edge of Havelock, along with Ron Scott and members of The Third Degree Burns fiddle band, sang some sweet Scottish airs for guests at the Norwood Lions and Lioness Club's first ever Burns Night. Despite a very Canadian snow storm the night dedicated to all things Scottish was a rollicking success, because the spirit of Robbie Burns is bigger than any storm Mother Nature could serve up. Photo/Bill Freeman

Community Care upcoming events

Centre Hastings - Next Diners Club - Marmora & District Community Centre, Feb.9 at noon. Roast Beef and Cherry Cheesecake - Bring your own dishes. Contact the Community Care office for reservation at 1-800-554-1564

Community Care for Central Hastings Blood Pressure Clinic, Feb 8 - 10-12 at Caressant Care- no charge

Meals on Wheels Socials - Dr Parkin Centre & 42 Matthew Place, Feb 24 at noon:

contact Community Care office at 1-800-554-1564 for more information Community Care for Central Hastings.

3rd Annual Dinner Auction, Sat. April 2, at Madoc Township Hall. Roast Beef Dinner catered by Anna and Nick Draganac. Auctioneer - Boyd Sullivan

Why you may want to consider Meals on Wheels for yourself:

- proper nutrition is very important in maintaining an active healthy lifestyle or in recovering from an illness;
- people often find it difficult to get out during bad weather;
- delicious hot or frozen meals are available to seniors, physically disabled persons or for people recovering from an illness;
- hot meals are available Tues and Thurs - delivered to your home
- frozen meals are delivered each month
- the meals are nutritionally balanced and reviewed by a qualified nutritionist.
- frozen meals are ready for microwave or oven and are great to have on hand for unexpected company or in case the cold weather keeps you inside
- meals are $5.00
- Community Care has a team of dedicated volunteers who deliver the meals throughout the Central Hastings area

For more information contact the Community Care office 613-473-9009.

We are also having a draw. The prizes include a kayak, skirt and paddle donated by Upper Canada Paddle Co, a Broil King Propane BBQ donated by Bush Furniture and a framed original oil painting by Noreen Alexander. Total value of prizes $2,100.

Tickets are available at the Community Care office, Hidden Treasures and several other Tweed outlets. The proceeds go to help support Community Care's various programs and services for seniors and adults with physical disabilities.

NOTICE OF ANNUAL MEETING

Hamilton Township Mutual Insurance Company

will hold their

ANNUAL MEETING

Saturday, February 26th, 2005

at the Cobourg Lions Community Centre
157 Elgin St. East
Cobourg, Ontario
at 1:30 p.m.

In addition to the regular order of business, we will review the Annual Report and conduct an election of Directors, according to the By-laws of the Company.

Hamilton Township Mutual Insurance Company

1176 Division Street, Cobourg, Ontario K9A 4K5
Telephone 1 905 372 0186 Fax 1 905 372 1364

Ice racing is so perfect another event planne

Brighton---As part of Brighton's Winterfest celebrations, Brighton Speedway Park slicked up the one-third mile, traditionally clay oval, and hosted the 2nd Annual Ice Races. Excellent track conditions and co-operative weather provided the more than 80 snowmobiles and four-wheelers, representing drivers from throughout the area, an afternoon of friendly competition.

Local sponsors, including Sam's Auto Repair, Maestro's Painting Contractors, Trenton Glass and Window, Workman's Auto Repair, Cornerstone Builders, Jarrell-Chalmer's Group, Riverside Automotive: NAPA Auto Parts, Dan's Suzuki, Motosports of Trenton and Centreton Farm and Sports Supplies, helped provide the more than 600 spectators and snow sport enthusiasts a spectacular show of speed and sportsmanship.

More than five rollovers resulted in zero injuries, but plenty of excitement. Official starter Steve Peak was pleased with the competitors and the level of competition. "They came out to compete, had fun and followed the rules. The spectators had a show to enjoy. We love a day that works well for everyone."

The event was suc cess that participants quested another date pete. Mark Rinaldi, Speedway manager just that.

On Saturday, Feb.1 oval will host another of racing. The green at noon. For more tion, contact Bright way at (613) 475-11 the website at www. speedway.com.

Exciting Program---Full-throttle snowmobile racing, including five spills, kept excitement at a high level Saturday at the Brighton Speedway.

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HATS OFF
TO THE BABIES OF 20
Mirror, mirror on the wall,
Who's the fairest babe of them a
They're all sweet, We know that's t
But the decision will be up to you
Look in next week's edition of this pap for your ballot to choose the winners for Babies of 2004.
Advertising deadline is Tuesday, February at 3:00 p.m.

Final countdown to Snofest 2005

By Nancy Derrer

Marmora - Everything is in readiness for the 27th annual Snofest, getting underway today (Friday, Feb. 4) at Town Hall with 14 environmental displays. The displays will be staffed from 9:30am to 4pm and again tomorrow from 9am to 5pm. As well, you're invited to take a free bus at either 11am or 2pm Saturday to significant environmental sites.

Friday evening is the opening banquet, silent auction and guest speaker upstairs in the Community Centre. The Old Timers Hockey Tournament gets underway in the arena at 7pm, getting underway again Saturday morning at 9am.

Drop in to your favourite restaurant and you'll see the whole schedule printed out on special Snofest place mats provided to the local eateries by Mary Provost.

Mushers and their dogs will be arriving overnight Friday night and organizers are looking for a huge turnout in the sprint races; registrations for other races are coming in daily by phone and mail. It's anticipated that more than a dozen will register for the grueling 120-mile race that gets underway at 2pm Saturday. After staying over in the Bancroft area, teams will be coming back to the Marmora Fairgrounds during Sunday morning.

Registration forms and purse amounts are on the Snofest website.

In addition to the environmental displays on Saturday, there are lots of family events to enjoy, starting with the Marmora & District Lions Club buffet breakfast from 7am. Community Care will do a repeat breakfast Sunday morning from 7am-noon.

The scouts will put on a winter camping demonstration and there will be a bonfire both Saturday and Sunday, pony rides and a petting zoo, and an Arts and Crafts Show will fill the Legion from 10am to 4pm Saturday. And, of course, the popular luncheon at St. Andrew's Church luncheon.

If you're looking for something to do Saturday night, the Marmora & District Lions will be hosting a euchre tournament!

Shorter races, such as 4-dog 4-mile and 6-dog 6-mile and the popular Little Tykes/Teen Challenge competitions run Sunday afternoon. There's even a free skate from 12:30-2pm in the arena.

There will be a warm-up room at the Community Centre on both days.

Starting at 4pm, awards will be given out by Chairman Richard Lowery, the draw for the Julie Maynes painting will take place and the Little Nipper sled will be awarded.

Sunday's Snofest Skate-a-thon *raised $538.25. Fifteen Earl Prentice students and two MSS students participated. Snofest Chair Richard Lowery presented medals to the three top fundraisers, all from EP. Nathan Runions, $65, received a medal and a toy sled dog, second was Brandon Youmans, $54.50, right, and third place went to Tyson Hurching, left. Photo Nancy Derrer*

Kelen scores 1st career goal

Asphodel-Norwood - Kelen McIvor notched her first career goal to help the Norwood Sr. Tyke #1 unit to a 6-1 win over Douro. Kelen's blast was too hot for Dukes goalie Billy Leahy.

Game MVP Karn Dart fired in a hat trick with Haven Boersma and Jacob Bennet getting singles. Two assists each to Jacob and Alexander Buchanan with singles to Jenna Kennedy, Connor Townshend, William Dwinnell, Jackson Sole and Nic Hughes. Matthew Barr was strong in net.

Service dipolma winners

continued from page 6

the hard-working volunteers he has been associated with over the years.

"As someone who has traveled province-wide I can say truthfully that I have always received tremendous support from our executive and the community as a whole," he added. "This Fair Board is well recognized for its work and the envy of many other organizations in our district."

With Bob Teasdale stepping down as President after a productive term, Ward Brunton accepted the top position.

"Let's keep the momentum going after our very successful 150th year anniversary celebrations," said Ward. "And let's keep coming up with good ideas to improve our Fair."

In other key executive positions, Jim Curle takes over as 1st Vice President and Pat Corby continues as Secretary Treasurer. The 2nd Vice-President's position is not yet filled.

With Pam Moran departing after two years as president of the Homecraft Division, Connie Sheppard has agreed to take over the important role. Other key committee members include Cathy Redden, 1st Vice-President; Angela Runciman, 2nd Vice-President; Diane Petherick, 3rd Vice-President; Jocelyn Knox, Secretary/Treasurer and Pam Moran, Past President.

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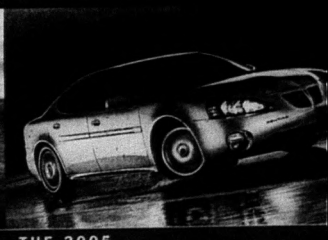

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5-Year warranty available on Wave models.

Sports Regional

Colts earn thrilling win - on to the next round

Campbellford---The Precision Wood midget Colts from Campbellford successfully hurdled their first playoff opponent and are on to the next round against Highland Storm.

The deciding game was a barn-burner as the Colts came back from a three-goal deficit in Ennismore to edge the hometown Eagles 4-3 in an overtime thriller to clinch the series.

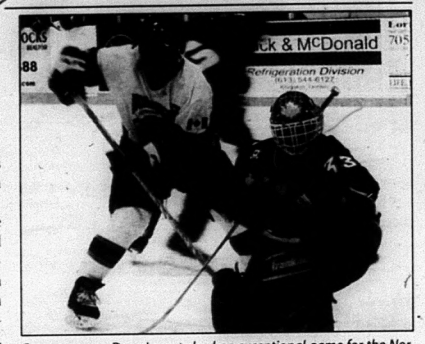
The first period was scoreless but suddenly the Colts found themselves down by three goals. To make matters worse at the 25 second mark of the second period the Colts had three players in the penalty box and another off with an injury that sidelined him for the rest of the game.

That's when the midget Colts showed their true character, mounting a great third period comeback. Mitch Gray scored at the 12:13 mark, assisted by Kirk Newton. Then Jesse Newton connected on a play with Hendy Robinson. Then with the goalie out in favour of a sixth attacker, and two seconds showing on the clock, Gray slapped in the puck with a fraction of a second left for the tie.

The goaltending of Jamie McKelvie was an integral key to victory, especially in the third period as he turned in a stellar performance.

At the 7:25 mark of overtime, Colts came through as Morgan McMillan scored on a setup from Steve Semenac.

Scheduled dates for the next series against Highland Storm are Feb. 2nd in Campbellford; Feb. 6th in Minden at 4 p.m.; Campbellford on Feb. 11th at 7:30 p.m.; Haliburton, Feb. 12th at 8 p.m. and Campbellford on Feb. 13th at 6 p.m.



Strong game: *Dave Lorentz had an exceptional game for the Norwood Vipers in their 5-1 win over Whitby. Lorentz and line mate Mike Williams picked up points and were invaluable in controlling the puck. In the photo, Lorentz works his way in front of Dunnies goalie Ken Shepard. Photo/Bill Freeman*

Vipers fly past Whitby

Norwood feels good after 5-1 win

By Bill Freeman

Asphodel-Norwood - In a battle of league leaders, the Norwood J.J. Stewart Vipers flew past Whitby 5-1 before a standing room only crowd at the A-N Community Centre.

The Vipers (45 pts) lead the Dunlops (36 pts) in the Eastern Ontario Senior League standings and were primed for Sunday's big showdown.

"We needed that challenge," Vipers captain Dave Stewart said after the game. "It is nice to have a test and tonight we came out on the good side."

With Joe Hawley, Scott Wasson and Jeff Mackie out of the line-up the club got a fired up team effort with Dave Lorentz and Mike Williams dominating the puck along the boards and Ryan Aschaber showing his all star form in net.

"The other guys really elevated their game," coach Brian Hayton said. "Williams and Lorentz really showed some grit and determination. The went very strong to the net and were very strong along the boards. That was a big factor for us.

"We easily could have been down at the end of the first and arguably should have been if

Continued on page 13

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Info for parents on preventing abuse and violence

Hastings County - It would be a better world if it did not exist but it's a fact of life. Some children live with abuse and violence.

Parents of young children will find useful information and practical tips about preventing abuse and violence in a new series of four pamphlets. The series, called Creating A Caring Community – Children Live What They Learn, is available free. The pamphlets are coming to libraries, Early Years Centres and other childcare services, Hastings & Prince Edward Counties Health Unit offices and other community agencies that provide services to families and young children.

The colourful pamphlet series includes the titles What's On TV?, Boys and Girls: Different but Equal, Promoting Healthy Sexuality and Anger Management. This new print resource for parents is a joint violence and abuse prevention initiative of the Quinte Coordinating Committee Against Violence and the Health Unit working in collaboration with and funded by the Early Years Injury Prevention Coalition.

"Parents and caregivers are the most important role models for children under school age," says Sheryl Farrar, a health promoter with the Health Unit.

"It is very exciting to be able to provide these new resources to support parents as primary educators of their children," says Joanne Belanger, chairperson for the Quinte Coordinating Committee Against Violence.

For more information about the pamphlet series, contact Rebecca Mathers at the Health Unit at (613) 966-5513 ext. 293.

Trinity Tsunami Memorial

Every country is a caridle in God's house.
The red flames forever lit.
On December 26, 2004, 11 candles went out.
The countries erased from the face of the earth.
Every person is a glass vase in God's house.
On December 26, 2004 150,000 glass vases fell off their tables.
Each vase shattered into a million pieces.
The pieces were lost to the wind.
-Malaya Taylor, Sydenham Public School

On Sunday January 30, the younger worshipers of Trinity United Church, Madoc, participated in a remembrance memorial for the Tsunami disaster by lighting a candle, offering prayers, and reading a poem written by Malaya Taylor of Sydenham Public School, and shared with permission of Malaya and the school.

Movies at the Madoc Library

Degas & the Dance coming to Madoc Library March 9 1:30 p.m.

Edgar Degas spent a lifetime indulging his artistic passion for the dance.

This fascinating documentary examines both the French impressionist's work and his art, with dramatic re-creations of his Montmartre studio and a lookat the comprehensive 2003 exhibit, Degas and the Dance. DVD extras include archival images of dancers in costume, a Degas time-line highlighting 30 of his best known works, and commentary by art curators.

Jane Austen, Her Life & Works at Madoc Library April 13 1:30 p.m.

Why did this quiet, gentle 18th-century Englishwoman become so incredibly popular in today's worlds of film, TV and literature? This fascinating series begins by recounting her life in the little village of Steventon, her move to Bath, her budding career and the scenes and events that inspired her writing. You'll explore her six published novels, thrilled by her sparkling wit and penetrating insights as Jane's talent is brought to life.

Same sex marriage and Bill C-38

Dr. Charles McVety, President, Canada Family Action Coalition says "Irwin Cotler and Paul Martin have resorted to political subterfuge in order to stifle opposition to their goal of redefining marriage.

The pre-amble to the bill, and clause protecting Clergy's religious freedom is a cynical deception."

"Despite the fact that the Prime Minister and his Justice Minister know full well that they have no jurisdiction to protect Clergy they inserted the hollow words of protection. Such tactics are beneath the dignity of a Prime Minister of this great nation".

"On December 9th the Supreme Court of Canada ruled that the Federal Government has no jurisdiction or ability to protect Clergy from being forced to marry same sex couples, explaining that regulations governing the solemnizing of marriages is the responsibility of the provincial governments.

It is disingenuous to cite court rulings as justification for this radical social agenda, but to ignore the opinion of the same courts when their opinion interferes with the plan to sell that agenda "

"We continue to call on moderate liberals to resist Paul Martin's extremist social agenda and oppose this bill."

Health Hazard Sealtest Brand 1% Chocolate milk may contain chemical sanitizer

The Canadian Food Inspection Agency and Natrel are warning the public not to consume Sealtest brand 1 % Chocolate Milk described below. This product may be contaminated with a chemical sanitizer.

The affected product, Sealtest brand 1 % Chocolate Milk, is sold in a 1 L carton bearing UPC 0 64420 00170 2. The affected code FE 07 appears on the carton near the spout. No other codes are affected.

The manufacturer, Natrel, Don Mills, Ontario, is voluntarily recalling the affected product from the marketplace. The product has been distributed in Ontario.

There have been several reported adverse reactions associated with this product. Milk contaminated with sanitizer may not look or smell spoiled. This product should not be consumed. The customers may return the affected product to the point of purchase or dispose of it immediately.

The CFIA is monitoring the effectiveness of the recall.

For more information, consumers and industry can call the following number:Natrel Consumer Services 1-888-289-7999.

Rural communities play big role in Canadian economy

The rural and remote regions of Canada impact all of this country's key economic indicators.

For those of us living in a rural community – or for those who are planning to move to a small town in the near future – it is worth noting that the economy of rural Canada in 1999 accounted for as much 15 percent of the total national Gross Domestic Product (GDP) and 17 percent of total national employment. And, according to a new study, based on the 2001 Census, nearly four out of every 10 self-employed workers (626,400) live in rural areas of the country.

The key concerns of rural Canadians differ significantly from the needs of people in urban centres however - a fact that has initiated scores of collaborative undertakings nationwide to bring together rural people, researchers, policy-analysts, the business community, and government agencies at all levels, to identify and address vital rural issues. Program objectives include preparing residents and organizations to adapt to change and also to act on opportunities for the development of sustainable rural communities and small towns.

So, what are the main concerns of rural Canadians? What portion of Canada's territory does rural Canada occupy? To what degree does the Government of Canada demonstrate its presence in rural communities? What are the trends in computer ownership and Internet connectivity in rural Canada? These are some of the most frequently asked questions on the subject, and all of them are answered – alongside innumerable links to small town services, programs and information – on the Rural and Remote Canada Online website at: rural-canada.ca.

If your interests centre on economic development, the site is an invaluable research tool, linking you to current studies on such subjects as "Building capacity in the new rural economy", and Statistics Canada bulletins providing data on such topics as self-employment activity, rural and economic diversification, and mapping the socio-economic diversity of rural Canada.

If you live in a small town or rural community, the same single-window, Government of Canada website is an invaluable resource tool. You might want to bookmark the 'How Do I...?" section, for future reference. Here's just a sampling of the service it provides:

How Do I:

- Find out information on rural child care?
- Recruit nurses in rural and remote areas?
- Locate literacy resources?
- Recruit a doctor in a rural and remote area?
- Write a successful funding proposal?
- Become a youth entrepreneur?

Rural, remote and small town information, plus other topics of interest, can also be found on the primary Government of Canada website at canada.gc.ca.

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GAGNE - Kate Brown and Marco Gagne proudly announce the birth of Daniel Wallace Gagne, 8 lbs. 2 oz., born January 25, 2005, at the Northumberland Hills Health Centre, Cobourg, Ontario. Delighted grandparents are Wallace and Mary Brown of Campbellford and great-grandparents Ethel and Malcolm Brown of Hastings, Ontario.

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HELP Me raise money for Cancer research! I'll be cutting my hair for Locks of Love, and pledges go to the Cancer Society. Please drop off pledges at: Essence Communications Group office in Belleville, Cutting Corner in Marmora, any Marmora school, Marmora TD Canada Trust Bank, Cook's Barber Shop, or the Marmora Herald office. You can mail pledges to: Cuts for Cancer, Box 155, Marmora, Ontario K0K 2M0. Please make cheques payable to the Canadian Cancer Society. ~ Jeanette Seaborn

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MEMORIAMS

DAYTON, Frank
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I shed a tear
Every year,
On this day,
For you Dad, are not here.
Miss you Dad.
Daughter Luella.

LEGAL

I, Warren W. Hastings, along with Margaret Anne Boulton, are relinquishing all responsibilities and debts pertaining to, and formerly known as Vision Quest, Educational Retreat Centre, 5042 Opinicon Rd., R.R. #1 Perth Rd., ON, K0H 2L0. Dated January 31, 2005.

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I am a community newspaper - in a great community. And I'm proud of it.

Vipers fly past Whitby

Continued from page 10

it weren't for some big saves from Ryan."

Norwood jumped out to a 1-0 lead five minutes in on one of the jazziest goals of the year by stickhandling wizard Scott Birkhof who made a remarkable deke on Dunnies stand-out goalie Ken Shepard. Ian Donaldson earned the assist.

They finished the period up 2-0 on a Nick Lees drive. Shane Dow assisted. The Vipers made it 3-0 at the 8:22 mark of the second after Adam Bernard tipped the puck out of the air and into the Whitby net.

Penalties caught up to Norwood midway through the frame and Whitby finally cashed in on a Peter McKellar wraparound.

Norwood had a huge two-man penalty kill in the third that gave them a huge boost. It was a turning point in the game.

"That was a big kill for us," Hayton said. "We got some momentum from that."

Stewart agreed. "It was a good penalty kill but you can't give them that many chances. We let up for 10 minutes and they kind of brought it to us. It is really nice to have a goalie who can make that many saves.

"We gave them a few chances but our guys up front skated hard and fore checked them hard. They don't like the body a lot."

He also singled out Lorentz and Williams for their work along the boards; Nick Lees and Jason Sands "flying down the wing."

Jamie McComb made it 4-1 halfway through the third on a powerplay set-up from Williams and Lorentz.. Sands rounded out the scoring after a turnover in front of Shepard. The goalie had no chance on the drive.

Whitby was missing some players to holidays in Cuba but they still posed a big test for Norwood.

Stewart says they feel confident heading into the final month of the regular season with playoffs looming.

"Hopefully if we can beat the rest of the teams we can lock up first place."

Vipers buzz: Justin Vandenberg won the chuck-a-puck and Tony Porter of Hastings took home the $636 50-50 draw... Pleasant Meadow Manor Nursing Home brought six of its avid hockey fans to the game to cheer for their hometown team. Four of the six goals were scored in their end...Dundas Real McCoys coach Rick Vaive took in the game. The Vipers and the Real McCoys have an affiliation deal and are able to call players up to play in the "Major League Hockey" senior loop...Shane Dow, Ryan Aschaber and Mike Pickard have all played games for Dundas this year.

Atom, Midget Grizzlies win 1st round of playoffs!

By Barb Stevens

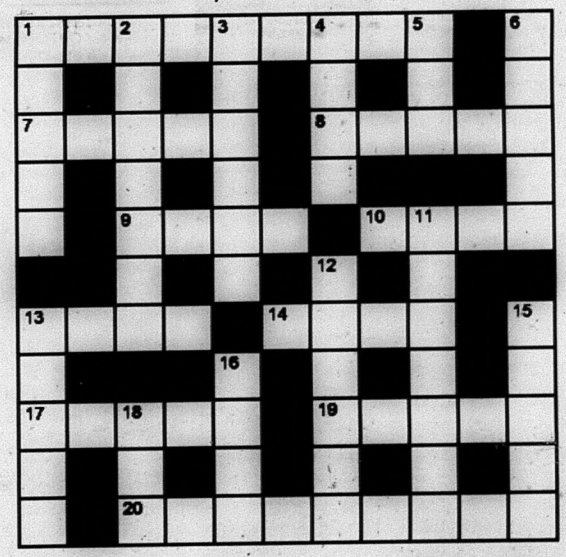
On Friday, Jan. 28, the Midget Grizzlies traveled to Douro to beat out the Dukes 4-1 in game #4, leading this series with a tie and 3 wins. Jon McConnell earned a 'hat trick' and Dave Pollock with a goal to secure the win.

The Atom Grizzlies are also big winners as they defeated the Frankford Huskies in two games straight in this 2-out-of-3 series. On Sunday, they wrapped it up in Frankford by defeating the Huskies 6-5 in overtime; it was an action-packed game. Grizzlies goals were scored by Shawn Peeling, 4 goals, 1 assist; Jordan Fluke,, 1 & 1, Jordan Graham 1/1 and the rest of the assists going to Cody Alberry, Matthew Martin, Eric Asselstine, Cameron Asselstine, Shane Bird and Brodie Devolin. Both Atoms and Midgets are waiting to see who they play in the next series.

The Bantams were beat out by Percy and now have advanced to the Hastings Cup where they met up with Bancroft this past weekend. On Saturday, the Grizzlies ventured north to Bancroft and were rewarded with a 6-2 win. Tyler Woodcock opened up the scoreboard with a goal in the first, followed by an assist and secured the game with the final goal of the 3rd. Brandon Danford followed suit with 2 goals, Pat Cole, 1/1, Nick Ferguson with a goal, John Salmon 2 assists, William Meehan 2 assists and Adam Hughes and Jarred Moore each with an assist.

On Sunday, Bancroft came to Marmora for a rematch. This close game was won by Bancroft 4-3. William Meehan earned a 'hat trick' on assists passed over from Adam Hughes, Brandon Danford, Pat Cole and Jarred Moore. On Monday night, the Grizzlies played host to the Norwood Hornets and were able to pull ahead and win 7-6. William Meehan is on the roll with another hat trick; Tyler Woodcock with 2 goals, Pat Cole and Brandon Danford with one each.

Puzzle *of the week*

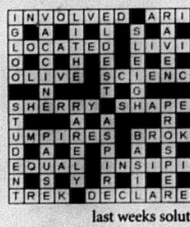


Across

1. Friend (9)
7. Stringed instrument (5)
8. Part of a jacket (5)
9. Notion (4)
10. Prejudice (4)
13. Sand hill (4)
14. Vegetable (4)
17. Weak (5)
19. Freight (5)
20. Ended (9)

Down

1. Stateroom (5)
2. Large house (7)
3. Worshipped (6)
4. Not working (4)
5. Short sleep (3)
6. Book of maps (5)
11. Disregarded(7)
12. Writing implement (6)
13. Postpone (5)
15. Stay clear from (5)
16. Tribe (4)
18. Part of a circle (3)



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Little Nippers Race at Eldorado

continued from page 1

his own, without the help of an experienced dog sledder. "I was driving my team for five years without a battery operated head lamp."

"I like to work to get to the finish line." Winning a race, is far from his goal - would be nice, he admits, but it is not the reason for the race or being out there with the team. "There is more to it than just being on the sled at the back of the team. You have to be a vet and a craftsman.... and if one of the dogs get injured, it is your companion who is hurt."

Shaw is addicted now. He is addicted to the excitement of his team as they anticipate the trails and the race; the vaulting dogs with flexing muscles; the sounds as the sled gets into motion with a powerful lurch and the feel of the steady, easy glide. He craves the soft swishing of runners in the snow; the grating of ice as he and his team rounds a curve and the frozen vapour trails of him and his team. What some may hear as howling of the dogs, he hears a song, full throat harmonizing, with heads skyward.

The Little Nippers Race, Shaw says holds a future for dog sledding. With six kids in his household, he realizes the need for children to expend their energies in a positive way, while learning about the most important things - themselves.

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Essence awarded tender for municipal advertising

Campbellford---Essence Communications Group, representing the Campbellford Courier and the Hastings Star, has won the advertising Request for Proposals competition conducted by the Municipality of Trent Hills.

Placing the lowest bid, Essence won out over proposals from the Community Press and Brighton Independent. Approval of the tender was finalized at the General Government Committee meeting of Council Monday night. One of the major items of criteria sought by Council was a need for blanket coverage of the municipality.

Essence expanded its quote to include the Marmora Herald and Havelock Citizen distribution areas to ensure full coverage.

The plan calls for Essence to make available a quarter-page in each issue for a complete 52-week term, with the option for the Municipality to expand to a half-page on any week that extra space is needed. Advertisements will be placed in the same position of the same page every week to create greater readership continuity.

A committee comprised of Mayor Hector Macmillan, Councillors Bill Thompson, Rosemary MacLennan and Dean Peters and Clerk Marg Montgomery reviewed the three quotes on Jan. 11th.

Change in Direction

The initiative represents a change in direction in newspaper advertising for the municipality. Previously the same tender ads were placed in all three papers. Last year municipal advertising costs were in the $19,000 range in comparison to the one-year Essence bid of roughly $7,200.

The motion to accept failed to receive unanimous approval and some members of Council were less enthusiastic than others.

Councillor Peters referred to the plan as something of an experiment that posed some certainties but also some unknowns. He said that circulation is one thing but readership is another. While the municipality will realize a significant saving, he noted, utilizing one newspaper instead of three may put the volume of readership at risk.

Councillor Gene Brahaney spoke out against the policy, noting that Council is receiving excellent coverage from all three reporters covering meetings.

"I believe we should continue to advertise as we have been doing normally," he commented. "I'm wondering whether the plan may backfire on us in the tendering process."

Mayor Macmillan hastened to point out that the policy is not based on the "the gentlemen who regularly cover our meetings."

"Advertising and editorial coverage have absolutely nothing to do with each other," he said in calling for approval of the motion.

Lois Hodgins of the Canadian Red Cross is seen accepting a cheque for $5000 from Wayne Blac President of the Stirling and District Lions Club. This money will go towards the Tsunami Relief Func Stirling and District Lions Club challenges other Lions Clubs in the area to match or exceed this don Photo: Bill Pollick

Stirling Lions Donate to Tsunami Relief

By LJ Jackson

Stirling - "The disaster in Asia is far from over. More than 2 million people are still homeless." Lois Hodgins of the Quinte Branch of the Canadian Red Cross Society was pleased to accept the recent donation from the Stirling and District Lions Club recently.

She added, "A donation of $70 provides a family of six with basic supplies, such as plastic sheeting for shelter, a cooking set, mosquito net, water cans and blankets."

Hodgins said the Quinte Branch had received $275,566, one month ago, but she emphasized that, "There will be ongoing need for assistance for many months, so we hope the public will keep the funds coming as they are able

"The local branch als quires assistance to keep ating here in Quinte as Hodgins relayed the me that Volunteers are need the Red Cross.

The Stirling and Di Lions Club challenges er Lions in the area to or exceed their donati $5,000.

Free throw shooters on target

By Bill Freeman

Asphodel-Norwood - The Havelock-Norwood Knights of Columbus held the opening round of its annual free throw shooting competition at St. Paul's in Norwood. Below is a list of winners who advance to round two:

10 and under boys:
1st, Kevan McDougall;
2nd, Mike Macleod

10 and under girls :
Katherine Worifold,
Jessica Mann

11 and under boys:
Chris Sobishi, Jake Deviney
11 and under girls:
Kalindi McAllister,
Anne-Liese Klein
12 and under boys:
Tanner Tracey, Steven Gerow

12 and under girls:
Jamie Reid,
Audrea Bernhardt
13 and under boys:
Taylor Page, Josh Towns
13 and under girls:
Emilie Beyls,
Samantha Williams

14 and under boys:
Jesse Wood
14 and under girls:
Mary McDougall

Sure shooter: *Chris Sobishi of Norwood District Public School was a sure shooter during the Knights of Columbus free throw shooting competition at St. Paul's in Norwood. Photo/Bill Freeman*

Pick roses carefully

St. Valentine's Day is right around the corner. Were you aware that the colour of the roses you give your beloved are significant?

To help you make the right choice, here are the rules of what the different colours means:

- Red represents love, passion, respect and courage;
- Yellow - joy, friendship and freedom;
- Pink - happiness, gratitude, appreciation and admiration;
- Cream - thoughtfulness, charm and graciousness;
- Orange - admiration, fascination, enthusiasm and desire.

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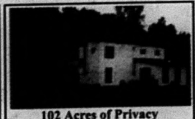

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HASTINGS MARINE

Racing for the finish line at Snowfest 2005 Photo Nancy Derrer

Concert of prayer at St. Peter's Presbyterian Church Madoc

By L.J. Jackson

Madoc - "It is a time for the community to come together in concert and voices joined in prayer." Chairperson for the Centre Hastings Youth for Christ committee, Karen Yarrow says that the upcoming ecumenical prayer service at St. Peter's Presbyterian Church will be a gathering of community for the youth.

At the service, prayers will be offered for the new project worker and youth with the focus on the needs of youth. Members of the community and all faiths are encouraged to join the Youth for Christ, supporting teens while enjoying the musical talents of John Elliot on violin; Greg Allen celloist and the songs of Jody and Victor Cooper.

Quinte Youth for Christ and Family Works Counseling is a non-profit, charitable, non-denominational Christian organization that has been operating in the area for the past 60 years. Their commonality is their goals for youth.

Centre Hastings Quinte Youth for Christ is a community based project coordinated by Quinte Youth for Christ to place a full time ministry staff to serve the students of Centre Hastings. They are looking for someone with a proven leadership track record and a passion to see students lead a balanced life, mentally, physically and spiritually. With commitments and pledges, the Youth for Christ have achieved their goal of 1/4 million dollars to support the youth worker program for five years.

"The full time youth worker will be very active working with youth within the communities," says Gary MacDonald, Executive Director of Quinte Youth for Christ, adding, "and will be working in partnership with churches."

One of the most important roles of the youth worker will be a presence at the Centre Hastings High School, (CHSS). MacDonald says that the youth worker will be available for all students on a voluntary basis and will remain sensitive to the

continued page 18

MP Kramp supports farmers' call for government action

Prince Edward-Hastings MP Daryl Kramp joined wi hundreds of protesting farmers to call on all levels of go ernment to move swiftly in order to ease the agricultur crisis in Ontario.

"Both the provincial and federal governments must ta positive action now, rather than simply paying lip servi to the issue of agriculture," Kramp explained. "If the feder Agriculture Minister still requires consultations to unde stand that there is a crisis on his hands then he needs a s rious wake up call."

The agriculture rally featured a protest drive from Pict to Napanee and will continue on Friday in Prescott.

"The Conservative Party is doing our part, holding a d bate on Thursday calling for the immediate removal of t

continued page

Youths remain calm when truck slams into a cedar and mom is knocked unconscious

By L.J. Jackson

Madoc - Fog was thick in the area and ice patches alo Ray Road made travelling dangerous last Tuesday morni Robyn Molloy was driving her 1995 Dodge Ram pick truck to drop her three children, an 8 year old son. 7 y old foster son and 11 year old daughter to their gran mother's to catch the school bus, when the truck slid an extremely slippery part of Ray Road slamming int cedar tree, just on the ridge of a ravine.

It was the youths' ability to maintain control of the s uation and not allowing panic to overcome them, th

continued page

New Events Coordinator will be focussing on the strengths of the area

By L.J. Jackson

Madoc - Jim Bakker comes to the Madoc and Dist Chamber of Commerce fully loaded with a strong p ect manager background tweaked with solid organi tional skills.

Jim has stepped into the position of Events Coordina for the Chamber filling the shoes of Brenda Rump w had been the events coordinator for three years. Bre has furthered her education and is active in her own bu ness presently.

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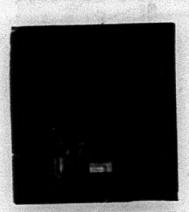

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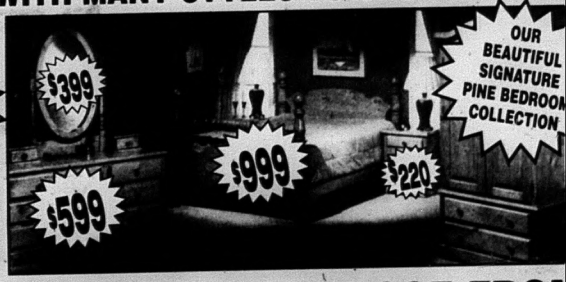

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LJ Jackson
ljackson@essencegroup.com

Fate slips her foot and some tumble on their romantic cupids, while others reach around to pull the stinging arrow out of their behinds. Romance can be tweaked with bliss or laced with arsenic. It has been pursued throughout the ages with the fever of enraptured novels and heart flipping drama.

What is your most memorable romantic moment - the one moment that quieted time; that idyllic moment that mesmerized and enchanted, freezing other parts of your brain until you stumbled into some mysterious existence close to heaven?

The celebration of love - Valentine's Day - is said to have its roots from Roman days and Saint Valentine. It was the fourteenth of February in the year of 270 AD. Bishop Valentine refused to pay homage to pagan gods. While he was waiting for the soldiers to come and drag him away, he composed a note to the prison guard's own daughter telling her that he loved her. He signed it simply, "From Your Valentine."

Your most romantic moment? The question brings secret smiles from those not mortally offended by cupid's arrow.

"There's nothing half so sweet in life, As love's young dream." quote Thomas Moore

For those who await love's first kiss and cupid's sweet arrow you could try a love charm made up of cloves, roses, juniper, musk oil, rose oil, and sandalwood - what the song calls Love Potion #9. However, I suspect that if you need to go that far perhaps long stem roses might work - or a bubble bath with wine.

It may be from the thunderstorm of love that the world becomes a better place. So whether we celebrate it with a sweetheart, or remembering past loves, unrequited loves or by witnessing a couple hand in hand, loves dream will continue.

Happy Valentines Day!

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REMEMBER WHEN...

4 generations: *Lance Jeffery, Left, accepts Bible from his father, Robert, as his great-grandfather Walter and grandfather, Francis look on. lance is the fourth generation to join Tanner LOL 509. Taken from Stirling-News Argus archives Wednesday, June 11, 1975.*

Letters *to the editor*

Firefighters earn praise from municipal neighbours

On Sunday, Jan. 16 the Asphodel-Norwood Fire Department under the direction of (Fire Chief Paul Bitten) attended a structure fire to assist the Havelock-Belmont-Methuen Fire Dept.

Because of the construction of the building and additional rooms that had been added on over the pst several years this fire became a very stubborn and unpredictable fire. Being the Incident Command Officer, I had the opportunity to observe all of the firefighters and officers from both departments.

During this long and cold evening it became very obvious that all of the personnel from both fire departments were well trained and knowledgeable fire fighters and officers with steadfast dedication to the profession of firefighting.

I would like to take this opportunity to extend my appreciation of the hard work and quick response that you and your personnel showed on this very difficult fire.

It is obvious that both you and I have an excellent group of volunteer firefighters. The two communities that we are looked on to protect can rest assured that they are receiving the very best fire protection from both groups and also as a combined group when mutual aid is called upon.

Therefore on behalf of Council of the Township of Havelock-Belmont-Methuen and myself we wish to extend our sincere thanks to you and your personnel and commend you for a job well done.

By Raymond Hubble
Manager of Fire and Emergency Measures
H-B-M

Expresses annoyance with tribunal

I would like to relate a true story.

On Nov. 1, 2004, I applied to the Ontario Rental Housing tribunal to evict a tenant so we could expand our business. We intended to use the space for uses other than rental. Two weeks previous we had informed the tenant of our intention, in writing, informally, as required by law, but he refused to move.

We then paid our $150, as required, to register the notice and to get a hearing date that was set for Jan. 21, 2005. Jan. 17th I called the number given on the hearing date notice and was told they couldn't help me and that I would have to call Toronto. I was told the hearing was scheduled as stated, "although the tenant had not disputed the notice."

The lady on the phone suggested I call on Thursday, the day before the hearing to make sure it was on. I called Jan. 20th as advised and was told the computers are down call later.

I had to leave town and didn't call until 4:30 p.m. but no answer. I live one hour from the location of the hearing, meaning I would have had to leave home at 7:45 a.m. before the tribunal office opens.

I had gone through this pro-

On the Street *Question of the week*

What is your most memorable romantic moment?

My wedding day. That was the best - getting the girl of my dreams.

Ken LaPalm
Stirling Ontario

The guy I am with, works on computers - not a job that is apt to be romantic. He sent me a beautiful collection of poems.

Tressa Kirby
Madoc, Ontario

I've been romantic about her forever, but if I have to pick one moment, it would be when she sent me a photograph of herself when I was in the airforce.

John & Eileen Mylod
Stirling Ontario

When we went for a trip on the east coast, we were on a boat, in the middle of the ocean - just me and my wife with the whales and the ocean around us.

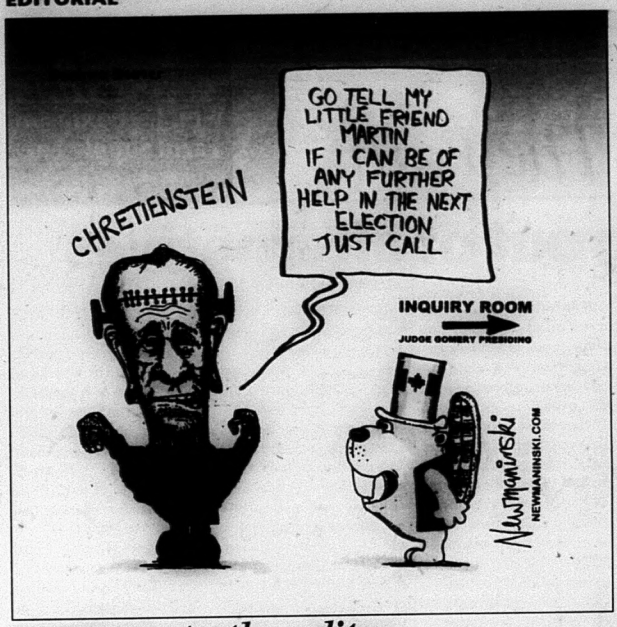
Josh Scott
Belleville Ontario

I came home from work & my husband had a bubble bath ready for me, with candles & wine. It was just out of the blue with dinner waiting.

Lin Clarke
Stirling, Ontario

My boyfriend drove 3 hours in the freezing rain, showed up in a suit and tie, with 12 long stem roses and took me to dinner at a lovely restaurant.

Tessa Lowry
Madoc Ontario



Letters *to the editor*

cont'd from page 4

cedure once before for a unit located in Northumberland County. An undisputed hearing was cancelled and an order to evict was issued. Being naïve, I decided the hearing would be cancelled.

This week I received a notice stating the application was considered abandoned, as I had not shown at the hearing. My $150 and the phone calls certainly show ongoing interest but apparently Hastings County tribunal members are short of money and hold a hearing regardless.

I write this for your information. It is only $150 but if one were to extrapolate, how much would these political appointees be ripping off the taxpayers province wide?

Oh, I can appeal. . .for another $75. I am sending this letter to your. Minister of Municipal Affairs, my MPP and local newspapers. After all, other landlords should be aware of the rip-off taking place in Hastings County.

Douglas Calver,
Campbellford, Ont.

New Events Coordinator will be focussing on the strengths of the area

continued from page 1

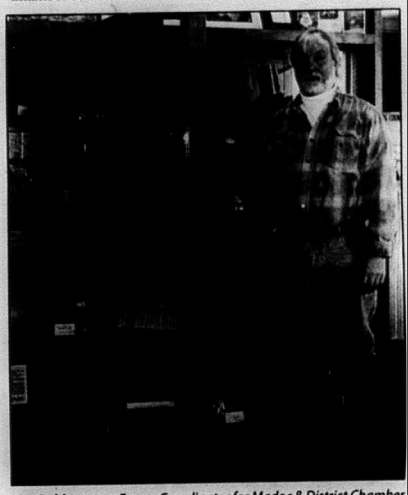
Bakker: "I will be focussing on promoting the economic and business aspects as well as social aspects attracting new people and services," Bakker has another advantage for filling the role of coordinator. He chose to come to the area with his family, retiring from life in Toronto to his parents' home on Moira Lake. He recognizes the strengths of the area, enjoys the heritage while welcoming the challenge to strengthen the community.

"My focal point will not be organizing events, but assisting in the promotion and building a network." Bakker points out the new Market Square, "It is a wonderful spot for community events. The Farmer's Market is there every Saturday, but I welcome new ideas as well for its use."

Bakker suggests the well designed Market Square could be used for a variety of things, such as antique shows, a spot for local organizations to put on an event or a Battle of the Bands charity fundraiser.... He adds, "There is no charge for the use of the Market Square. You just need to call to get it booked."

"The biggest danger is diluting energy..." Bakker recognizes that businesses, as well as communities fail when they take on too many things. He believes that focussing on a few good ideas and events will lead to the success that grows.

Being a member of the Chamber of Commerce, Bakker says has direct benefits that normally would only be offered to larger business. The Madoc & District Chamber of Commerce offers benefits such as group benefit plans, Esso discount credit cards, discount visa use and government grants and programs at their fingertips. He adds, "Being a member provides a 'body' with a focus and organization." which leads to successful communities.



***Jim Bakker** - new Events Coordinator for Madoc & District Chamber of Commerce will be coordinating the display cases at the Madoc Cultural Centre within the Library. He recognizes the many exciting talents, family treasures and heritage of the area that are displayed within the glass cases. photo: L.J. Jackson*

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Down On The Farm

Farmers are running out of alternatives

By Geri Kamenz,
OFA, vice president

Ontario farmers are running out of alternatives to keep their farms in production. They have called on their organizations to lobby government, but government ignores them. They have conducted tractor rallies and highway blockades, but government ignores them. They have staged orderly demonstrations, but government ignores them.

Ontario farmers are at a T intersection in their farming career, trying to decide what to do next with their businesses. They can't continue producing food for less than it costs, and if they stay in business, they will be buried under an avalanche of restrictive legislation and regulation based more on political agendas than solid science.

Economists tell us that agriculture and the auto industry are the two engines that drive Ontario's economy. Engines require fuel to run, and for any business, that fuel is profit. Maintenance is also vital to keep an engine running smoothly, and for agriculture that's a regulatory framework that creates opportunities. Instead, Ontario farmers increasingly find barriers and obstacles placed in their path.

Agriculture's engine is being starved of fuel and choked by ill-conceived regulations, and will soon sputter and die on the side of the economic highway – unless our governments show some understanding of the problems and decide to take action.

I could run through each of the 264 commodities produced in Ontario and for each one either pull Agriculture Canada's number that show there is no profit, or list the regulatory barriers either in place now or in the works. In any case, we are all being pushed to the edge of a very dark and deep abyss.

One of the easiest examples to understand that reinforces this is my own farm. I am a corn producer. My cost to produce a tonne of corn is 143 dollars per tonne. This is not based on inflated input values or the more expensive land west of me, but on what are real and reasonable costs.

The market price for corn, as I write this, is 94 dollars per tonne. Using my yield average, I am subsidizing the consumer, the Ontario economy at over 150 dollars per acre, or on my small farm I will subsidize the Ontario economy to the tune of 75,000 dollars on corn alone. It's both too discouraging and depressing to run through the other commodities we produce, but the outcome is the same – this is not sustainable.

We are at the T intersection and must turn. In very simple terms, one path will lead to a new reality in Ontario, which is the disappearance of the people and the industry that built this province and made it the world leader that it is. The other path, the one we need to take, will guarantee Ontarians a safe, affordable, and nutritious supply of food produced locally and an industry that, through profits, is both willing and able to pay its share of rising environmental standards that are based on solid science.

The only way for us to accomplish this is for all farmers to work together. It is time for us to set aside the petty differences that divide us and all of us, together, put our shoulder to the wheel and push. We can do it. Rural Ontario and the 30 or so rural ridings cost the federal Liberals a majority government in the last federal election. It is now up to us to insist on the legislative changes that we need in Ontario.

As I drive the roads, I read Ontario licence plates that say either 'Keep It Beautiful', or 'Yours to Discover'. If we don't pull together and work together through the winter, the next generation of licence plates may read 'First to Kill Farming.'

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Treating a milk fever cow is a rewarding part of veterinary medicine. A cow is unable to stand and near death but within minutes she can be on her feet again, feeling fine and eating.

Milk fever is caused by low blood calcium. Muscles need calcium to work; if calcium is too low, the cow can't stand. The heart is a muscle too, so milk fever can quickly lead to death. High producing dairy cows that have just given birth are most prone to milk fever. In uncomplicated cases, the response to intravenous calcium is immediate and dramatic. "Downer cow syndrome" refers to cows that don't respond. These cows stay down and often have or develop other problems such as low phosphorus levels, mastitis, or nerve/muscle damage.

A down milk fever cow requires emergency treatment with IV calcium. Delaying treatment even an hour can greatly increase the chance she will become a downer that will never get up. Subcutaneous (under the skin) calcium is only for standing milk fevers or high risk cows. Down cows require IV treatment right away. Don't give SQ calcium and hope she gets up!

Good dry cow ration formulation will prevent milk fevers. Anionic diets for the last two or three weeks of gestation work well. Recent feed trials using close-up diets for the entire dry period have been successful: these cows have a better lactation and less risk of milk fever.

Please call CVS to discuss prevention of downer cows in your herd.

Bigger than ever: That's the Quinte Farm Show Feb. 17

By Eric Lawlor

Trenton---Organizers of the 2005 Quinte Farm and Trade Show has put together what they believe to be the biggest and best program in years. Preliminary exhibitor registrations have already surpassed previous years so the farm community will be able to access all their needs in one place. All suppliers are local and will be showcasing state-of-the-art technology and innovations.

The seminar program is now finalized and is designed to bring timely information to local farmers.

Once again the Farm Show will be presented at the Knights of Columbus Hall, Trenton, with the trade fair running from 9 a.m. to 4 p.m. and again from 6 to 9 p.m. on Thursday, Feb. 17th. Admission is free and lunch will be available at the hall at a modest cost.

The seminar program starts at 10:30 a.m. with focus on crops. This year the Innovative Farmers Association of Ontario (IFAO) is looking after the crops section. Organizers have arranged for speakers with vital interests to growers. Keith Reid, Fertility Specialist with OMAF, will deal with "Soil Tests-how to read them and what they really mean." Soybean rust has not hit Canada yet but is expected shortly. James D'Aoust, Agronomist with Pioneer, will present the most recent information on this major threat. Kerry Teskey of Dupont will deal with problem weeds.

The dairy program beginning at 1:30 in the afternoon will be a presentation by Gencor Foods, the abattoir for cull cows. Gencor is leasing hooks for farmers with cull cows to come out and find out about the program. The session is also pertinent to beef producers.

The evening program begins at 6 p.m. when the exhibit hall re-opens. At 7, those with an interest in organic production can attend a session offered by the Ecological Farmers Association of Ontario. John Newman of the Ontario Cattlemen's Association will bring everyone up to date on the current cattle situation.

Another highlight will see Chris Attema, water quality specialist, and Jamie Boles, source water protection policy analyst with the Ontario cattlemen, sheep and pork producer associations, conducting a seminar and workshop. All livestock producers are affected by water quality issues and should attend. This will be an interactive session with Chris and Jamie ready to accept input from those attending.

HOARD'S STATION SALE BARN MARKET REPORT
February 8, 2005

		PRICE RANGE	SALES TO
Lambs All Weights			
Calves	100-150 lbs.	.55 - 2.80	2.85
	150-400 lbs.	.75 - 1.34	134.50
Stocker	400-600 lbs.	.79 - 1.30	1.32
Steers	600-800 lbs.	.80 - 1.21	1.24
	800-1000 lbs.	.80 - .98	99-1/2
Stocker	400-600 lbs.	.68 - 1.13	1.18
Heifers	600-800 lbs.	.74 - 1.04	1.05
Cows		8-1/2 - 32-1/2	39
Bulls		.18 - .27	.29
Springer Cows		$200 - $500	$590
Fresh Cows		$100 - $370	$480
Pigs	25-35 lbs.	$44	
	35-45 lbs.	$38	
	Sheets	$33 - $50	
	Sows	.29 - .47	
	Boars		

TOP STOCKER STEER	400-600 lbs.	490 lbs. @ 1.32
	600-800 lbs.	645 lbs. @ 1.24 • Jeff Thompson, Roslin
TOP STOCKER HEIFER		540 lbs. @ 1.16 • Dianne Fredericks, Campbellford
TOP CALF	100-150 lbs.	120 lbs. @ 2.85 • Kamink Farms, Consecon
	150-400 lbs.	2 av. 360 lbs. @ 134.50 • Lyle Ellis, Havelock
TOP COW		1980 lbs. @ 39 • Kathy Best, Maynooth
TOP SPRINGER		$590. • Hagerman Farms, Picton
TOP FRESH COW		$480. • Paul Lewis, Bloomfield
TOP PIGS		7 av. 40 lbs. @ $38.00 • Brian Robinson, Madoc

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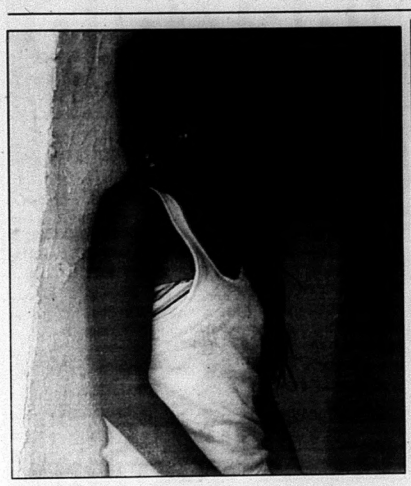

One More Memory: *Sara Westbrook will perform at Sunday's Walk for Memories at Fleming Collge.*

Walk for Memories goes Sunday

Sara Westbrook will also perform

Peterborough - Singer-songwriter Sara Westbrook will perform at Sunday's Grand Walk for Memories at Fleming College in Peterborough Sunday.

The walk is hosted by The Alzheimer Society of Peterborough and has become a major fundraiser for the organization acting as a final note, the nationwide campaign that takes place every January.

The walk runs from 1:30 pm to 4:30 pm indoors at the Brealey Drive campus and will include children's face-painting, memory displays from local organizations and performances by Sara as well as The Liftlock City Aces of Harmony Barbershop Choir.

Sara was inspired to compose and record the song "One More Memory" after being touched by Alzheimer Disease. She will be on hand to meet walkers and will perform that song at the end of the walk.

The Society expects as many as 100 walkers to be on hand to support their event. A number of local dignitaries will also be at the event to participate.

Tsunami concert

By Christine Hart

Campbellford--Get ready for an intimate and interactive live session with some huge talent ready to play a Benefit Concert at the Front St. Bar and Grill on Saturday February 19th at 7:30 p.m. Recently, Ken Tizzard, Ken Layton, Eric Meyers along with Kevin and Gayle Weaver, Suzie Austring and Sandy Thompson gathered for a preview of the Feb. 19th outing.

"All the images of children in need after the tsunami hit regions in Asia, Sri Lanka and other stricken areas need our help," says Suzie Austring," We wanted to do something for those less fortunate." Friends and local talent decided to stage a program with Kevin and Gayle Weaver providing the venue. Everyone who is involved is donating their time and talents to bring Campbellford this special night of performances. Perfect Print provided posters and tickets for the event.

The Irelands , Pat Kelleher, Eric Meyers, Ken Layton, Ken Tizzard, Belleville's own Jaded are all scheduled to perform along with other surprise guests. Getting together for some live entertainment to raise funds for the Tsunami Relief as well as collecting non-perishable food for the local Food Bank to give back to our immediate community is a great cause to highlight some amazing talent in Campbellford.

Advanced tickets are $10 and can be purchased by calling Front St. Bar & Grill (705-653-5156), Christine Hart (705-632-0986) or at the door for $15.

Auditions for Idol contes

Colborne- Registrations for the Northumberland Idol contest have been brisk for the second year in a row. Auditions are scheduled for the early part of February at various high schools throughout the county.

Also, there will be a registration kiosk on Feb. 12 at the Northumberland Mall from 10 am to 2 pm.

Auditions begin on Feb. 12 at Port Hope United Church; Feb. 19 at Cobourg Trinity Church and Feb. 26 at the Campbellford Library. Brighton Presbyterian Church will be the venue for the Mar. 5 audition. All auditions are acapella (without music) and are 10 am to 1 pm.

If unable to attend any of the above registrations one can still register at the Audition.

Competitions are in four major areas of the County: B ton, Campbellford, Cobour Port Hope. The Grande F to be held at the Keeler C in Colborne on April 23 winner will receive $1,00 there will be consolation p for the next five finalists.

The entry fee is $10 pe son. The Northumberlan Competition is open to ma female singers who are bet the ages of 16 and 26 on fore, Feb.1, 2005. From Audition a maximum of 2 advance to a Concert Con tion held in the same to which they auditioned. A of the four concerts the ence will be able to cast b to chose five contestants to pete in the Grand Finale

There will be 20 finalist each competition.

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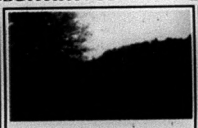

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Game club hands out hardware

Belleville **- The annual Big Fish & Game Awards were presented at the Belleville & District Fish and Game Club on Jan. 17th.**

In the junior division David McFarland took awards winning in the Fish category with a 19-inch, 4.5 pound Large Mouth Bass and a 28-inch, five pound Pike.

In the adult division Herman Baughman landed a 28-inch, 9.22 pound Rainbow Trout. Dave Lucas won the the Small Mouth Bass category entering a 23.25-inch, 5.3 pound Lunker. Jack Caddick took two - winning with a 32.5-inch, 9.8 pound Pike and a 17.75-inch, 3.8 pound Large Mouth Bass. A 43-inch, 28 pound Chinock Salmon, (caught with a fly rod), was won by Glenn Hales.

As well as winning in the game category taking a 211 pound Black Bear, Percy Lindsay bagged a 252 pound buck, and Dale Caddick won in the Wild Turkey category entering a 23.7 pound bird.

Fish entries were judged by length and girth, encouraging catch and release. The competition is open to members and families only.

The club's general meetings are every third Monday of the month and open to the public. The meetings consist of special speakers and displays.

Some upcoming events include a giant fishing equipment sale March 20th, Gun Show April 3rd, Turkey seminar April 20th and Rocky Mountain Elk Foundation banquet April 29th. For more information on club events or functions call 613-966-6731 or 613-966-3744.

Taking top honours in their divisions from (left), Glen Hales, Jack Caddick, Herman Baughman, David McFarland and Percy Lindsay. Missing are Dave Lucas and Dale Caddick. - photo by Roger Hales. Big Fish and Game winners

Assault and threats in domestic incident

Cramahe Township*-Already on a recognizance of bail, a 23-year-old man found himself in more trouble recently after OPP officers responded to a complaint of an assault at a residence in Colborne. Police learned that the accused had visited his ex-girlfriend's home to pick up his young daughter for visitation. While there the accused took exception to his ex-girlfriend's new boyfriend and became verbally abusive to the 18-year-old. Later outside, the accused attacked the 18-year-old and threatened to kill him. The victim sustained bruising to his head and jaw.*

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Spirit Borne

By L.J. Jackson

"It is a joy to work with positive kids." Gary MacDonald Executive Director / Quinte Youth for Christ speaks of the diversity of youth, of Spirit Borne who make up the musical production "Reality Bytes".

Spirit Borne is the performing arts expression of Youth for Christ.They are a musical theatre team that thrives to promote excellence in the performing arts by providing top quality training and performance experiences. Team members learn how to work together both on stage and off. They challenge team members and audiences to explore the deeper issues about life that impact personal integrity and our moral decisions.

The musical team comes from 13 different denominations and 12 different high schools in the area. Six hundred people enjoyed the recent musical at Trenton and many more are expected to enjoy the upcoming rendition at Belleville on Sunday, February 27th at the Calvary Temple.

"We are very proud of these kids who are all local. They are the largest in North America for Youth for Christ and they are very professional." MacDonald says the impact of the drama and choreography is long lasting for the audience which involves teen issues. "The musical production is professionally choregraphed. A professional choreographer is brought in from Nashville.... The kids started working towards this last August. It is an excellent show."

Quinte Youth for Christ and Family Works Counselling is a non-profit, charitable, non-denominational Christian organization that are celebrating their 60th anniversary this year.

BELLEVILLE HYUNDAI

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*Leasing program available from Hyundai Financial Services based on new 2005 Accent GS/Elantra GL/Santa Fe GL/Sonata GL MSRP from $12,995/$14,995/$25,995/$22,995, annual interest rate of 1.50%/4.91%/4.61%/4.38%, $139/$159/$199/$229 per month for a 60 month walk-away lease. Total lease obligation of $8,635/$12,435/$14,205/$17,335 and optional purchase price of $4,434/$6,675/$9,208/$8,610. Down payment of $1,595/$2,295/$2,995/$3,595 plus first monthly payment required. $0 security deposit on all models. Freight and P.D.I. for Accent and Elantra included, excluded on Santa Fe and Sonata. All applicable taxes, dealer administration fee, license and $350 lease acquisition fee extra. 20,000 km allowance per year applies. Additional charge of $0.10/km. **2005 Tucson GL 1.4 FWD/Accent GS/Elantra GL/Santa Fe GL/Sonata GL MSRP from $19,995/$12,995/$14,995/$25,995/$22,995. All MSRP prices exclude freight, dealer administration fee, license and P.D.I. and all applicable taxes. Dealer may sell for less. Dealer order may be required on Tucson GL 1.4 FWD. 10% purchase financing available on all 2005 Accent and Elantra models for up to 48 month terms. 0% purchase financing available on all 2005 Sonata models for up to 36 month terms. Financing example: $10,000 at 0% per annum equals $277.80/$208.33 per month for 36/48 months. C.O.B. is $0.0 for a total obligation of $10,000.00. All purchase and lease offers are for a limited time. OAC and may not be combined with any other offer. Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions effective for vehicles sold on or after March 22, 2005. See dealer for details.

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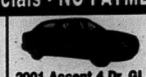
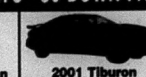
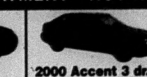


2001 Accent 4 Dr. GL
Auto, Loaded! Stk. #P2473
$8,995 or $104 bi-weekly/60mths

2001 XG 300 Sedan
Auto, Loaded! Stk. #P2469
$15,500 or $173 bi-weekly/60mths



2001 Tiburon
Loaded, 5 Spd., air, sunroof. Stk. #075096A
$9,600 or $109 bi-weekly/60mths



2000 Accent 3 dr. GL
Auto, PS, PB, Tilt. Stk. #P2472
$6,800 or $79 bi-weekly/60mths

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email: bellevillehyundai@hotmail.com

HATS OFF TO THE BABIES OF 2004!

#1 ELLA (girl) #2 KARINA (girl) #3 PEREGRIN (girl)
#4 WARREN (boy) #5 REBECCA (girl) #6 NATHAN (boy)
#7 GRACE (girl) #8 CAELUM (boy) #9 AIDAN (boy)
#10 DELANEY (girl) #11 ANTHONY (boy) #12 LOCHE (boy)
#13 LEXUS (girl) #14 MICHAEL (boy) #15 LANDEN (boy)
#16 HEIDEN (boy) #17 JESSICA (girl) #18 CIARAN (boy)
#19 JORDYN (girl) #20 DAKOTA (boy) #21 JOESPH (boy)

HATS OFF

TO THE BABIES OF 2004!

Mirror, mirror on the wall,
Who's the fairest babe of them all?
They're all sweet, We know that's true,
But the decision will be up to you!

Fill in the Official Ballot located at the bottom of this page and send it in.

- No reproductions of this ballot will be accepted.
- Ballots must be in by Thursday, February 24th, 2005 at 5:00 p.m.
- The winning babies will be published in our Midweek section on March 4, 2005.
- All pictures can be picked up after March 4, 2005.

Good luck and thank you for entering.

OFFICIAL BALLOT

Cutest Boy	Cutest Girl	Baby Most Likely To Become Prime Minister	Most Serious	Most Humorous
#	#	#	#	#

Send or bring in your ballot to: Shield Newspaper Group, 3 McGill Street, P.O. Box 239, Marmora Ontario K0K 2M0.

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600 Edge Touring	$10,699.00	
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#22 MASON (boy)

#23 ASHTYN (boy)

#24 ANISSA (girl)

#25 KATELYN (girl)

#26 ABYGAIL (girl)

#27 NORAH (girl)

#28 PAXTON (boy)

#29 ALEXANDER (boy)

#30 HAYDEN (boy)

#31 MITCHELL (boy)

#32 ANDREW (boy)

#33 CATERINA (girl)

#34 AMELIA (girl)

#35 KAYDEN (boy)

#36 CANYON (boy)

#37 MIA (girl)

#38 BRIAR (boy)

#39 BRADY (boy)

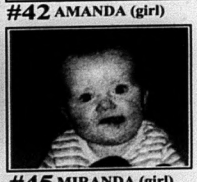
#40 MARTINA (girl)

#41 THOMAS (boy)

#42 AMANDA (girl)

#43 BRIANNA (girl)

#44 DUNCAN (boy)

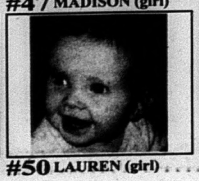

#45 MIRANDA (girl)

#46 LEIGHA (girl)

#47 MADISON (girl)

#48 EMMA (girl)

#49 ISAAK (boy)


#50 LAUREN (girl)

#51 DAVID (boy)

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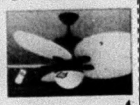
10% - 50% off Selected Items



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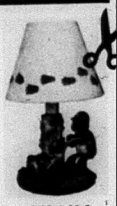

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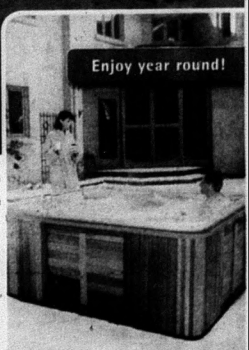

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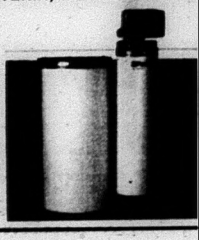

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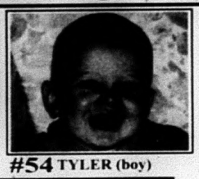
HATS OFF TO THE BABIES OF 2004!

#52 KAYLA (girl)

#53 AAHRON (boy)


#54 TYLER (boy)

#55 ELI (boy)

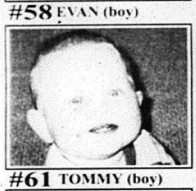
#56 NATALIE (girl)

#57 KADENCE (girl)

#58 EVAN (boy)

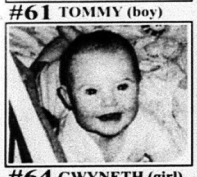
#59 DALTON (boy)

#60 KEAGAN (boy)


#61 TOMMY (boy)

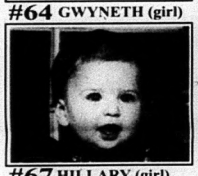
#62 RUBY (girl)

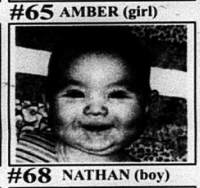
#63 DARIAN (boy)


#64 GWYNETH (girl)

#65 AMBER (girl)

#66 ELLA (girl)


#67 HILLARY (girl)

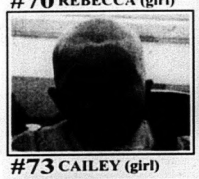

#68 NATHAN (boy)

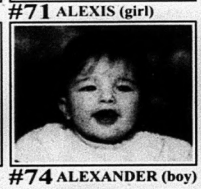
#69 JULIAN (boy)

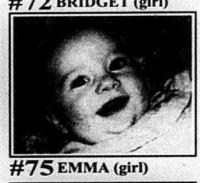
#70 REBECCA (girl)

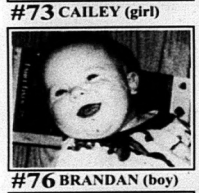
#71 ALEXIS (girl)

#72 BRIDGET (girl)

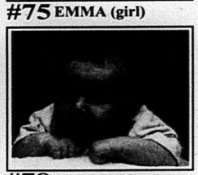

#73 CAILEY (girl)


#74 ALEXANDER (boy)


#75 EMMA (girl)


#76 BRANDAN (boy)

#77 CONNER (girl)


#78 KELLEN (boy)

#79 CAMERON (boy)

#80 JULIA (girl)

#81 MEGAN (girl)

#82 KAITLYN (girl)

#83 SARAH (girl)

#84 HAYLIE (girl)

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HATS OFF TO THE BABIES OF 2004!

#85 JOCELYN (girl)

#86 MICHAEL (boy)

#87 COLTON (boy)

#88 PAIGE (girl)

#89 AVERY (girl)

#90 LIAM (boy)

#91 COURTNEY (girl)

#92 CURTIS (boy)

#93 ESMERALDA (girl)

#94 LAILA (girl)

#95 JACOB (boy)

#96 MITCHELL (boy)

#97 VICTORIA (girl)

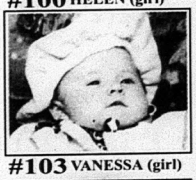
#98 AIDAN (boy)

#99 BROOKLYN (girl)

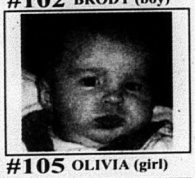
#100 HELEN (girl)

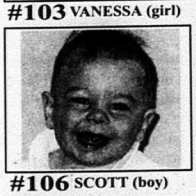
#101 BRADEN (boy)

#102 BRODY (boy)


#103 VANESSA (girl)

#104 MACKENNA (girl)


#105 OLIVIA (girl)


#106 SCOTT (boy)

#107 QUINTEN (boy)

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COUNTY OF PETERBOROUGH
NOTICE OF PUBLIC INFORMATION CENTRE

Class Environmental Assessment

Reconstruction of County Road 40 - from Highway 7 Northerly 1.3 km

The County of Peterborough in cooperation with the Township of Asphodel-Norwood and the Ministry of Transportation has initiated a Class Environmental Assessment and Design Study to examine improvements to County Road 40 from the intersection of County Road 40 and Highway 7, northerly, approximately 1.5 km, in the Village of Norwood.

Various improvements are being considered to improve pavement condition, drainage and operation of County Road 40, consistent with County and Ministry of Transportation standards for 2-lane urban collector roads.

This project is being planned as a **Schedule B** project under **the Municipal Class Environmental Assessment.** A public information centre is planned to provide further information to the public on the proposal and to receive input and comment from interested persons. Subject to comments received and the receipt of necessary approvals, the County of Peterborough intends to proceed with the design and construction of this project.

You are cordially invited to attend the Public Information Centre scheduled for:

Date: Wednesday, February 16, 2005
Time: 4:00 - 7:00 p.m.
Location: Asphodel-Norwood Community Centre
88 Alma Street
Norwood, Ontario

The information centre will be an informal drop-in centre where representatives of the County of Peterborough, Township of Asphodel-Norwood and their consultants, The Greer Galloway Group Inc., will be available to discuss the Study and receive comments. If you have any questions or are unable to attend the Public Information Centre and wish to provide comments, please contact Mr. Brad Kalus, L.L. Eng. at (705) 743-5780 and/or forward comments by March 11, 2005 to:

Mr. Brad Kalus, L.L. Eng.
The Greer Galloway Group Inc.
973 Crawford Drive
Peterborough, ON K9J 3X1
Tel: 705-743-5780 ext. 252
Fax: 705-743-9592
email:
bkalus@greergalloway.com

OR Mr. Dave Carswell, C.E.T.
County of Peterborough
County Court House, 470 Water Street
Peterborough, ON K9H 3M3
Tel: 705-742-4862 ext. 222
Fax: 705-876-1730
email:
dcarswell@county.peterborough.on.ca

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Sports Regional

Rebels clip Cobras to square playoff

Campbellford ---If the Campbellford Rebels are to capture their third consecutive Empire League junior C crown this season, they'll have to do it by succeeding in a different playoff format.

The 10-game double round-robin tournament got underway Friday night (Feb.4th) and for the first time in recent memory the Rebels suffered a shutout home loss, 3-0, at the hands of the visiting Amherstview Jets.

This year the league governors opted for the new format to generate some extra revenue for all teams. Followers of the league know the teams play interlocking games against the Central Junior C and Ottawa District, with the unbalanced schedule motivating the decision. As an example, the Rebels would have finished third instead of fourth if based solely on league play.

Amherstview goalie Brad Weese was the difference in game one against Campbellford with a 29-save shutout performance.

The turning point came early in period one when the Rebels failed to connect on two different occasions when they had a two-man advantage of over a minute each.

Meanwhile, the Jets connected twice on the power play.

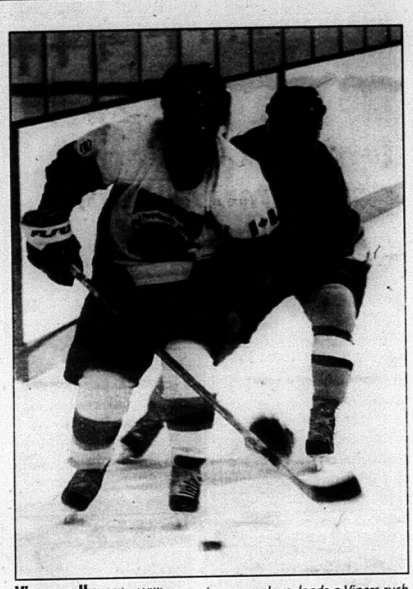
First Alex Guindon, alone in front of the net, cashed a rebound past Rebel goalie Jeff King and then on a pretty foray Sean Gilbert tipped Ryan Zufelt's cross-ice pass with a neat deflection. That was it until Zufelt hit the empty net much to the dismay of another big crowd.

Summing up the effort, in which the Rebels missed more than enough chances to win easily, coach Mike Heffernan said "sometimes it's just not your night no matter how hard you play."

Rebels were back in action Saturday when they travelled through the fog to blitz the Cobras 6-2 in Colborne.

Held scoreless again in the first period, Rebels suddenly

continued on page 17



Vipers rally: *Mike Williams, minus one glove, leads a Vipers rush into the Tamworth Braves zone during the team's 11-4 win. Photo/ Bill Freeman*

Explosive third saves Vipers

By Bill Freeman

Asphodel-Norwood - A seven goal explosion in the third period rocketed the Norwood J.J. Stewart Vipers past the pesky Tamworth Braves 11-4. The league leading Vipers were tied with the Braves 4-4 going into the third but turned on the jets to pull away giving the large crowd some cheering relief.

"There are certain types of wins and this certainly wasn't the prettiest," coach Brian Hayton said after the game, admitting that his team was "ragged" at the start.

"We were just out of sync. Really, for the first two periods we weren't on our game. It happens at almost every level and you have those games (now and again) for whatever reason."

Hayton gave the short-staffed Braves (they had 10 skaters) credit for playing a deliberately passive game.

"They didn't pressure us and sometimes that can be difficult to play against," he said. "Guys try to do a little too much with the puck and get ahead of the play. It was a smart game from their stand point -- you conserve energy and look for your chances."

Hayton says the Vipers have "struggled a little" when facing teams with short lineups. Belleville took Norwood into overtime with just 12 skaters.

"We'll try to take a couple of things out of it. You've got to set the pace high, finish your checks and make the ice as big as possible by using the corners. We didn't do that in the first two periods. We did in the third."

Chad Birkhof, playing against his brother Scott who started in goal for the Braves, opened the scoring and finished with a hat trick along with Jason Sands. Adam Bernard fired in two third period goals -- a fine short handed effort on a turnover and a jazzy penalty shot deke.

Scoring singles for Norwood were Dave Stewart, on a blistering screen shot late in the first; Jamie McComb and Andy Johnson on a scorcher that started the third period rally.

Adding two assists each were Wes Nield, Mike Williams, Bernard and Steve Thomas. Single helpers went to Shane Dow, Stewart, Sands, Dave Lorentz, Nick Lees and Ian Donaldson.

Chad Parslow paced the

continued on page 17

Paramedics Stop Impaired Driver

Paramedics operating an Ambulance probably stopped an accident before it happened Monday evening.

The Paramedics were traveling north on Highway 37 near Plainfield around 7:30 p.m. when they saw the car in front of them swerving all over the road and into the path of an oncoming vehicle, forcing it off onto the shoulder. They managed to get the northbound vehicle stopped and found that the driver was obviously drunk. They blocked the car in and called for police.

When the officer arrived he found the driver still seated at the wheel of his car. When asked how much alcohol he had had to drink he claimed that he had had nothing.

The driver, William Little, age 59, of Belleville was arrested and taken to the police station for a breath test but he became uncooperative and refused to blow into the machine. He is charged with Impaired Driving, Failing to Provide a Breath Sample and Dangerous Driving. He is scheduled to appear in Bellville Court on February 17th, 2005.

Bomb Threat Hoax Investigat

Hastings County - Criminal Investigation Unit officers from the O.P.P. have concluded an investigation into a bomb threat and determined it was a hoax.

Police were alerted by a person in the Smith's Falls, Ontario area that he had been talking to someone on the MSN messaging service and that the person had threatened to take a pipe bomb into a high school in Smith's Falls. Investigators from the Provincial Police E-Crimes section traced the source of the message through an Internet service provider to a residence in the Marmora area.

Investigation found that two 14-year-olds and one 15-year-old boy had been hacking in to other people's MSN accounts and taking over their identities to send messages. In one of the messages they had made the threat to bomb A search warrant pect's home was ob a computer was se lice. No explosives Through interview termined that the a hoax.

The investigatio turned over the Smith's Falls area up.

MP Kramp supports farmers call for government action

continued from page 1

deposit requirement on the Canadian Agricultural Income Stabilitization program and other programs," Kramp stated. "Too often, assistance programs have been too slow and inadequate to deal with these real problems.

The complete motion reads as follows:

"That, in light of the numerous recent disasters affecting agricultural communities across Canada and the government's failure to deliver timely financial relief to struggling farmers, whether by the Canadian Agriculture Income Stabilization (CAIS) program or other programs, the House call on the government to immediately drop the CAIS deposit requirement and honour the commitments it has already made to Canadian producers…"

Youths remain calm during accident

continued from page 1

led to immediate response for help, said Constable Burke of the Stirling Rawdon Police who arrived at the scene shortly after the Stirling Rawdon Fire Department, Rawdon Hall.

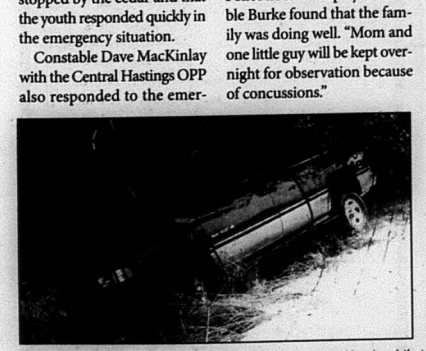
"The children woke their mom up. She was knocked unconscious and suffered a concussion," Constable Burke stated that the youths were able to get the cell phone from their mother and place a call to their father, who was just up the road from the accident. He added that the family was together at the Grandmother's home on Cooke Road when he arrived.

Surveying the scene of the accident, Constable Burke reported that the family was very lucky that the truck had been stopped by the cedar and that the youth responded quickly in the emergency situation.

Constable Dave MacKinlay with the Central Hastings OPP also responded to the emergency call that was just a few car lengths into the OPPs jurisdiction. "The accident occurred around 8:45 a.m. on Ray Road. The driver was westbound and slid off the icy road into a tree....There will be no charges, the accident was caused by icy roads in one particular location that was just over the crest of a hill."

"The driver of the car, along with her 8 year old son and 7 year old foster son were taken to hospital by ambulance." Constable MacKinlay added that the driver's 11 year old daughter was taken to the hospital in a private car.

"The driver of the pickup was disoriented" said Constable Burke of the Stirling Rawdon Police .A follow up by Constable Burke found that the family was doing well. "Mom and one little guy will be kept overnight for observation because of concussions."



It was the quick response and ability to maintain control by the children in an accident that led to quick emergency service. The driver of the vehicle was travelling westbound on Ray Road when she lost control on an extremely icy patch of ice just over the crest of a hill. The 1995 Dodge Ram slammed into a cedar tree that stopped the vehicle from careening down a ravine. photo: L.J. Jackson

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DEATH NOTICE

DEATH NOTICE
PYEAR, DOUGLAS FRANKLIN "DOUG"

Formerly of RR#3 Frankford entered into rest at the Stirling Manor on Friday February 4th, 2005 in his 82nd year. Dear son of the late Arthur & Vera Pyear. Dear Father of: Barry Pyear & his wife Betty of Belleville, Les Pyear & his wife Janet of Toronto, and Duane Pyear & his wife Ann of Edmonton. Will be missed by his grandchildren: Kyle, Tobin, Ryan, Lindsay, Brianne and Ellen. Also remembered by Shirley. Predeceased by his brother, Russell. Visitation was held at the Stirling Funeral Chapel, 87 James Street, Stirling on Sunday February 6th, 2005 from 1-4 p.m. Private Funeral Service followed. Pastoral Care Worker Linda MacRae officiated. Cremation with interment in Stirling Cemetery. As expressions of sympathy, donations to the Heart & Stroke Foundation would be appreciated by the family. *Stirling Funeral Chapel (613-395-2424)*

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PERSONALS

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Resume address

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Email: gary@qyfc.com
Mail: P.O. Box 233, Belleville, Ontario K8N 5A2
Fax: 613.969.0473

Please NO PHONE CALLS.
(Only applicants who are selected for an interview will be contacted.)
Final Date for resumes - Feb. 28, 2005.

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COMING EVENTS

R.C.L. 237 will be hosting a demo and information session with Medichair, Wednesday, February 16 at 1 p.m. (wheelchairs, etc.). Call Ruth, 613-472-1788.

BETHEL Pentecostal Church, Hwy. 7 E., Kaladar, welcomes "ReNNew", a gospel music concert, February 27th, 6:30 p.m. All welcome. Lunch & fellowship to follow.

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R.C.L. Branch 228, Stirling, Valentine Dance. Saturday, February 12th at 8:00 p.m. Admission $5.00 pp. Branch 228 Early Birds free. Music by the Rhythm-Aires. Spot dance prizes, door prize, lunch. Everyone welcome.

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***Lucky RRSP Winner**---The draw was conducted last Saturday for the $1,000 RRSP donated by Mutual Fund representative Lorne Curry (left) of Investia Financial Services as a fundraiser for the Campbellford Rebels junior C team. The lucky winner was Chris King of Havelock, mother of Rebels' Jeff and Evan King. Ted Nicholas, a member of the Rebels' executive, conducted the draw. Lorne is the father of Rebels' leading scorer Joe Curry and works out of his office on County Road 38 in Indian River. photo/Rolly Ethier.*

Curlers come from nine clubs for bonspiel

Mary Jane Goodchild is shown with the Queen Bee trophy presented annually at the Marmora & Area Ladies Invitational Bonspiel held at the Marmora Cutling Club. Teams from Lakefield, Stirling, Tweed, Campbellford, Marmora, Madoc, Peterborough, Picton and Norwood participated. photo Nancy Derrer

Marmora - Teams from nine communities took part in the Marmora & Area Ladies Invitational Bonspiel, Wednesday, January 26 at the Marmora Curling Club. The Lakefield team of Helen O'Donnell, skip, Jayne Gilherly, vice, Jan Butcher, second and Marlene White, lead won the Terrion's Esso trophy sponsored by Greg Terrion.

In second place was the Jolene Billingsley team from Campbellford; Shirley Challice's team from Peterborough came third.

The Tweed team of Mary Jane Gunning, skip, Angela Roulston, vice, Mary Rundle, Second, and Mary Tyner, lead, took the Queen Bee trophy, sponsored by Mary Jane Goodchild. The history of the trophy goes back 12 years when Mary Jane and her mother, Margaret Parkin, first sponsored the trophy. The family had, at one time, 300 bee hives in their colony, which led to the trophy's name. Since Mrs. Parkin's death in 1993, Mary Jane has continued the tradition of the Queen Bee trophy. Second place team was skipped by Sharon Yale of Lakefield; third place went to Sandra Sherlock of Stirling.

Marion Devolin and a crew of workers prepared the sumptuous dinner. Bonspiel organizers were Judi Gray and Cathy Granger.

Mental health services expanded for children

NORTHUMBERLAND - The provincial government is strengthening mental health services for children and youth in Northumberland, says Northumberland MPP Lou Rinaldi.

"These new and expanded programs will mean increased intensive treatment services for high risk youth aged 13 - 18, in their own community," said Mr. Rinaldi. "It's part of our plan to help our children and youth succeed in school and go on to become healthy, productive adults."

The government is providing $88,300 to Kinark Child and Family Services of Northumberland, as part of an investment of $13 million for community-based mental health programs across the province. That money was announced by Dr. Marie Bountrogianni, Minister of Children and Youth Services, on January 18, 2005, and will create 113 new programs and expand a further 96 local programs across Ontario.

Province-wide, these programs will help children and youth from birth through to young adulthood, targeting young people with social and behavioural problems, mental health and psychiatric disorders, and those already involved with or at risk of becoming involved with the youth justice and child protection systems.

Local programs receiving funding were selected by a community panel of service providers, including children's mental health professionals, police, school boards and hospitals. Over the next few weeks, the Ministry of Children and Youth Services will be finalizing contracts with each of the service providers.

"Mental health problems are an invisible barrier too many children face," said Mr. Rinaldi. "That's why our government is providing the biggest boost in a decade to make these vital services are available to children, youth and families who need them."

Rebels look sharp

continued from page 14

came to life in the second when Joe Curry blew past the blocker of ex-Rebel netminder Erik See later rearguard Chris Buxton hit Craig Fleming in the Cobras' blueline and Fleming undressed See w glove side shot.

Rebels just kept flying after that. Geordie Nelso verted before the end of the period. In the third, to a 6-up lead on markers by Dan Petherick, Phil and Brennan Tucket. Then just when a shutout a minent for goalie Jeff King the Cobras tallied twic 97 seconds

Back home again Tuesday night, Rebels crush 7-1 with Geordie Nelson leading the attack with four assists.

Ice Chips: Rebels management would like to t cal Tim Horton owners Doug and Josephine R another successful Tim Horton's Night in the las son home game against the Picton Pirates. . Earl another large turnout took part in the annual S Rebels' session on home ice. Once again Sue Loc job in organizing the event. . .On Saturday night game five of the round-robin, Rebels square off ag place Napanee Raiders.

Rally saves day

continued from page 14

Braves with two with singles to Jason Sutton and Jeff Dickson.

Parslow got the visitors on the board early with a power-play marker. They would get the lead 4-3 at the 8:15 mark of the third but McComb scored 37 seconds later to tie the game setting up the Vipers big rally.

Vipers buzz: shot Tamworth starting goalie ard and Scott B hook during the Rogers of Keene 50-50 draw...N the Braves Feb. the Evinrude C borough.

Cobourg-area teen appointed to pane

Northumberland---Kicking butt is nothing new for Kathryn Leadbeater. But now the Cobourg-area teenager has the ear of Premier Dalton McGuinty to help her do it.

Leadbeater-a grade nine student at Cobourg District Collegiate Institute West-has earned a prestigious appointment to a youth panel that advises the Ontario government on ways to reduce smoking among teens. She admits being surprised at her selection for 2005 to the Lung Association's 10-person Youth Tobacco Team, in which she beat out applicants from across Ontario.

The Youth Tobacco Team is made up of youths between the ages of 14 to 18 years. It helps developing anti-smoking campaigns aimed at students and gives direct input to Ontario's Ministry of Health and Long-Term Care on strategies to reduce teen smoking. The Youth Tobacco Team caps its work with the release of annual report that offers recommendations to the government on reducing youth tobacco use.

"I'm really looking forward to working with the team," said Lea I also want to the message t and commun dangerous ar teenagers to

Kathryn's n as Public Heal the Haliburto Pine Ridge D Unit, so the Leadbeater r on the healt smoking. Tha ier for Kathr when she wa first cigarett

That experi be a catalyst f to become act use preventi tending Dale School in gr helped start tion team th assemblies a to promote t tobacco and use by stude

According dian Tobacc toring Surve among youth an all-time l at 14 per ce the Lung Ass there are st 110,000 you who endang through tob

QYFC celebrating its 60th year

continued from page 1

school guidelines.

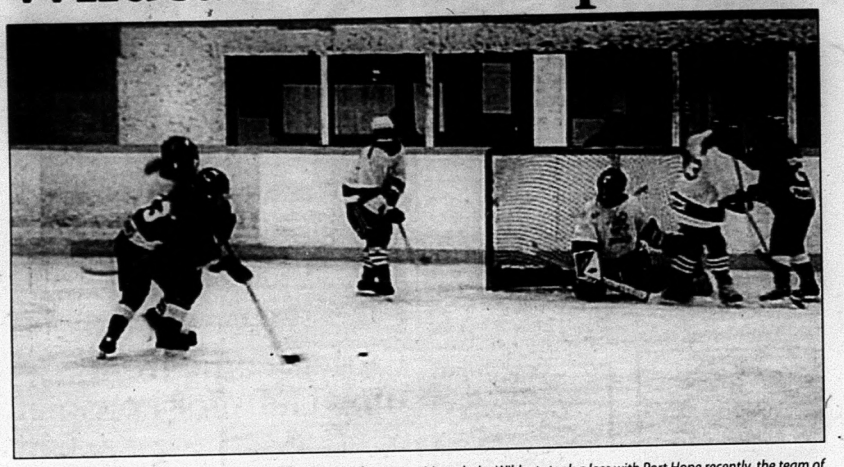
"A student may just want someone to talk to... maybe there is a marriage break-up or self image issue." MacDonald states that the youth worker, supervised by Youth for Christ committee will have a network of people and resources to draw from. This person will also be resourceful for those with spiritual needs and guidance. He adds, "There is no question that the the worker comes from a Christian perspective."

Quinte Youth for Christ comes with the experience of 60 years of networking support systems. Positive peer groups are encouraged. MacDonald says the effort of Carman Donato and the Madoc SkatePark shows an example of what can be done and demonstrates "excellent vision and leadership. It will be a great place for the youth worker to connect with kids."

It is strong networking and resources and the experience of more than half a century that the Youth for Christ envision a healthy lifestyle, mentally, physically and spiritually for the youth.

You are invited to support the efforts for youth at the upcoming Concert of Prayer at St. Peter's Presbyterian Church this Sunday at 7pm - 9pm.

Wildcats remain spirited



The Madoc Wildcats have been playing strong and enjoying hockey. Although the Wildcats took a loss with Port Hope recently, the team of girls from all over Centre Hastings won with attitude and team spirit. They remain ready for the next challenge. Go Wildcats. photo: Tessa Jordan

Dr. Jan Valchar D.C.,N.D. Naturopathic Doctor partnered with Changes Fitness Center of Madoc on Tuesday January 25th. Dr. Valchar tested twenty members of the fitness center for their blood glucose and their total cholesterol levels. With a few exceptions the findings were very good. It seems that an exercise program accompanied with the promptings of the diet conscious director Cindy McMurray can really help. photo: Tessa Lowry

Blood Sugar and High Cholesterol Clinic

Diabetics and Heart Attack seems to be on our minds these days not to mention weight. To help focus attention on these issues, Dr. Jan Valchar D.C.,N.D.

Naturopathic Doctor partnered with Changes Fitness Center of Madoc on Tuesday January 25th.

Dr. Valchar tested twenty members of the fitness center for theirblood glucose and their total cholesterol levels. With a few exceptions the findings were very good. It seems that an exercise program accompanied with the promptings of the diet conscious director Cindy McMurray can really help!

Doctors of Naturopathy can assist with the chronic cases where there is a lack of responsiveness and concerns over medication. Experience has shown that the body will respond to effective care including nutrition, homeopathic and herbal therapies. This approach has always been in our culture and seems now to be an area of interest for most of us.

Dr. Valchar has been in practice in Belleville since 1981 after moving from Toronto. His practice includes all aspects of naturopathic medicine. Changes Fitness Center is located on St. Lawrence Street in Madoc. It is a well equipped facility for ladies only, with fitness equipment, massage, ear candling, weight loss sessions and a very enthusiastic staff.

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Please Join Us

Central Hastings OPP report

Snowmobile and ATV Patrols encouraged to ride safe

Hastings County - Off Road vehicle operators are being encouraged to ride in a safe manner this winter. In order to make sure this happens the Central Hastings detachment of the Ontario Provincial Police and the Hastings and Prince Edward Counties Health Unit have brought back the popular "Trail Pak" incentive program from last year.

Riders checked by police will be given a "Trail Pak" that includes information on safety, impaired driving and ice conditions. The pack also includes lip balm and a ballot for a free draw for one of two KBC VRX Dual Use Snowmobile/ATV Helmets, courtesy of the Central Hastings Community Police Action Committee.

"We hope all snowmobile and ATV riders enjoy their time on the trails in Hastings County. We want people to be safe and secure in doing so and we feel that encouraging people with this trail pak incentive is the best way to get our point across", said Staff Sergeant Peter Valiquette. In launching the program, officers were on patrol throughout the past weekend in the Marmora, Madoc and Tweed areas. Over 125 off road vehicles were checked with three riders on Moira Lake being warned for failing to wear a helmet. One rider on the trail system in the Tweed area was clocked on radar at 109 km/h in the 50 km/h zone and given a ticket.

At this time, the trails are being used but there are some bare spots making snowmobiles difficult to handle. Please take care and ride responsibly.

Man Arrested for Assault

Centre Hastings - The Central Hastings Ontario Provincial Police have arrested a man following an incident that occurred Sunday night around 6:00 p.m.

Officers were called to a Durham St. business by a store owner who reported that a 14-year-old boy had come in complaining that he had been attacked by an older man. Investigation revealed that the youth had been at an area residence when an argument had taken place. As the argument became heated, another occupant in the home grabbed the youth and threw him against the wall and struck him. Charged with assault is Robert Tokley, age 30, of Marmora.

Enjoying the great outdoors with smiles

Seven days without exercise makes one weak

"Today, two thirds of Canadian children are not physically active enough for proper growth and development," Jennifer Ronan, public health nurse with Hastings & Prince Edward Counties Health Unit said it is very important to get youth moving on a daily basis. Centre Hastings is one step ahead with the new SkatePark. The kids don't know it's good for them. To them it is just fun...photo: L.J. Jackson

Friendship teaparty with enjoyment and song

During the week of February 14th the play groups will be having a special "Friendship Teaparty". Come out to playgroup and enjoy a special craft, friendship, songs and games, lots of fun and enjoyment with friends and use special dress-up clothes appropriate for a friendship tea party.

Socialization is a large part of the learning children must accomplish before starting school. Attending play groups is an excellent way to help accomplish this. Bianca Sclippa Barett, our Early Childhood Development Worker is available for one on one chats with any parent or caregiver who comes out to the playgroups.

You can come to Tweed Monday February 14th at Gateway Community Health Centre, Marmora February 15th at the William Shannon Room or Madoc at St. Peter's Presbyterian church from 9:30 - 11:30. All parents, caregivers, grandparents are invited to attend this special celebration. As always there will be snacks for the children and plenty of activities to participate in with your children.

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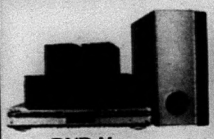

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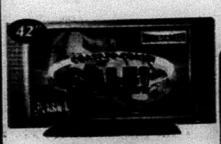

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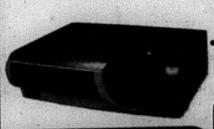

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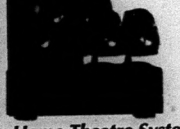

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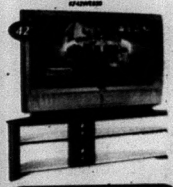

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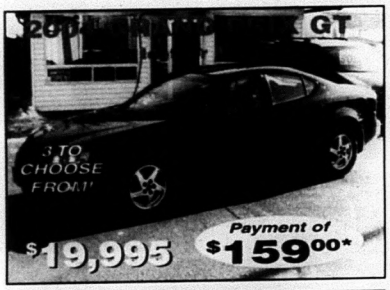

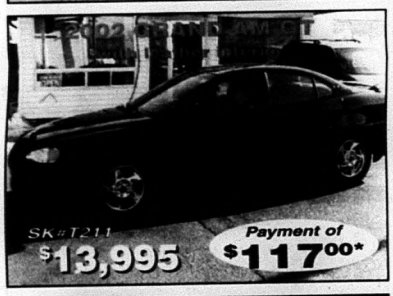

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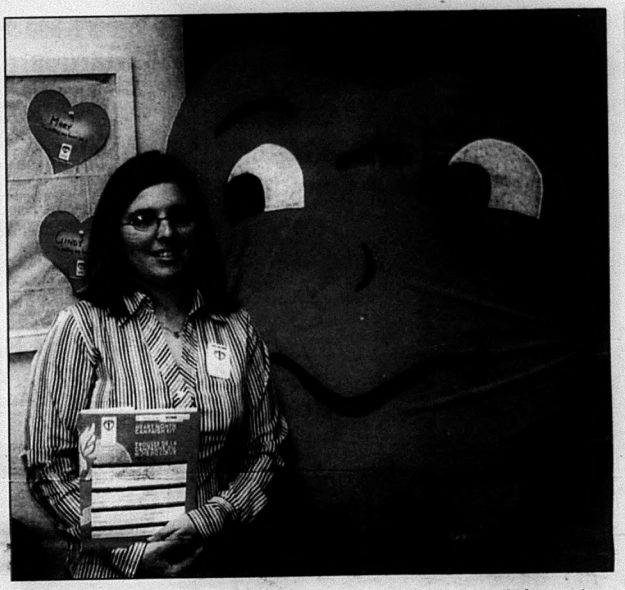

They're all heart: *February is Heart Month and 700 volunteers are canvassing across the four counties region overseen by the Peterborough area office. Working hard to help reach their fundraising target are Area Co-ordinator Michelle Spry and Area Manager (donning the appropriate costume) Hannah Routly. See inside for more. Photo/Bill Freeman*

Streetscapes redefined with pilot project

"Working together" is the key.
"Don't forget the youth."
"Signage"..."Bring back vegetation..."

Groups from Madoc, Marmora, Tweed and Stirling areas banded together at the Stirling Theatre recently to listen to and determine the merit of the "Rues Principales Foundation". Francois Varin, Director General of the foundation with Bonnie O'Neil with the Ministry of Municipal Affairs & Housing and Rural Development presented the pilot project plans for the Centre Hastings area.

The Rues Principales Foundation is a non-profit agency that develops service agreements with municipalities wanting to take charge of the socio-economic development and revitalization of their area.

Bonnie O'Neil explained that the foundation would provide the municipalities with professional know-how and expertise, as well as a proven method and process enabling the municipalities to preserve and develop their heritage, and to revive the economy of its core and traditional districts through revitalization and planned development. She furthered, that because Centre Hastings would be in on the ground level, additional help could be expected.

"The process is based on people." Francois Varin said that Centre Hastings area which includes all four municipalities, has a strong background and that his architectural eye would aid in providing smart growth with small actions. "Build on your small actions. It is a global approach that is based on your heritage, your resources, your buildings, geography...and it's working."

To attain goals set by the communities, Francois Varin advocated discussions, collaboration and joint action among residents, elected officials, the business community and the various interest groups brought together within a Joint Action Committee. He also encourages

continued page 18

Quinte Waste Solutions awarded recycling gran worth $46,650 from Stewardship Ontario

Quinte Waste Solutions (QWS) has been awarded tw grants for funding totaling $46,650 under Stewardshi tario's Effectiveness & Efficiency (E&E) Fund to stud practices for public space recycling and to review an test best practices for its depot cart program, Damia sett, CEO of Stewardship Ontario announced today

"The amount of recyclable material collected in space containers is typically low," Bassett said, "but municipalities and the industries supporting the bl program believe depot carts and recycling bins loca public places can be more effectively used to divert r

continued p

Woman shot in face with pellet gun

Centre Hastings - A 55-year-old woman shoppin downtown Madoc business was shot in the face Tu afternoon around 1:00 p.m.

Two groups of people were walking away from other when a suspect in one of the groups fired a pe BB gun, striking the victim, as she walked between t groups. The gun is described as a handgun style, bl colour. It is believed that a second person may have struck as well, but that person has not yet come fo to police.

The victim was not injured and did not require cal treatment.

The suspect is described as a male approximat years of age with dark hair. He was reportedly w a dark coloured jacket with vertical red stripes o sides of the zipper.

Anyone with information is asked to call the Centr ings O.P.P. detachment at 473-4234 or Crimestopp

Property lost from rea of truck

Madoc Township- A hockey player will be witho equipment unless the finder turns it in soon.

The owner, a 16-year-old member of the Centr ings Secondary School girl's hockey team, was som between the arena and the Village of Madoc when was lost from the rear of her pick up truck on Sund ning. So far no one has turned the equipment in.

The bag is a red and black wheeled Team Cana bag containing a full set of girl's hockey equipme inside are three jerseys from the Centre Hastings S ary School team.

Anyone with information is asked to call police Contact: P/C Dave MacKinlay at 613) 473-4234

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MP Kramp appalled at Liberals vote against farm aid proposal

Daryl Kramp, MP for Prince Edward-Hastings, is appalled that the Liberal government voted against a motion this evening to assist farmers in need.

In a clear demonstration of unity, the New Democratic Party, the Bloc Quebecois and one Liberal member supported the Conservative motion to eliminate the onerous deposit mechanism of the Canadian Agriculture Income Stabilization (CAIS) program. The vote passed 158 in favour of the motion and 114 against.

"After numerous discussions and meetings with local farmers, I felt this motion would be most helpful is assisting our agricultural community," said Kramp. "To see the Liberals vote against a motion offering assistance to farmers, when many family farms are facing ruin, is incomprehensible..

"The House of Commons has clearly spoken on this issue," stated Kramp. "If the Minister of Agriculture does not act on this motion, he will be ignoring the will of the House. The Minister and his cabinet will be thumbing their noses at Canada's Parliament, the democratic process, and at farmers across the country."

New project aims to give youth a voice

Local teens are being given a voice to discuss sexual health issues through a new program launched this month.

The Teenage Pregnancy Prevention Coalition of Hastings and Prince Edward Counties has received funding from Human Resources Development Canada. The money will fund eight positions. Tim Gauthier and Patrick Maloney have been hired as Health Coordinator and Creative Consultant respectively. In addition, six youth will also be hired to form a Youth Action Team.

The youth focused communication/media campaign will provide a forum to discuss sexual health issues with other teens, parents, and the community in order to reduce teenage pregnancies. Using focus groups, interviews and current research, the team will identify, develop and present messages and scenarios to the community in a variety of ways. This will involve choosing media that teens will access. For example, the team may choose to use web sites, radio ads, bar coasters, drama productions, magazine articles and posters.

"We are confident that this project will increase self-esteem among young people," says Judy O'Brien from Quinte Destinations For Youth. "Young People deserve to feel valued in their community."

The project has other goals, as well. "We want young people to know about supports and services available to them in their community," says Michele de Jonge, chair of the Teenage Pregnancy Prevention Coalition.

"We will also address some of the myths and norms in our society. Teens will be given the information they need to make informed choices about their health. A better understanding of youth issues can improve a teen's connection to other adults and to the community."

For more information about this project please call Tim Gauthier at 961-1616.

MP Kramp says no to sponsorship scandals

Prince Edward-Hastings MP Daryl Kramp expressed concern over Auditor General Sheila Fraser's latest report criticizing the federal government for a lack of accountability over government foundations today.

"This is the fourth time the Auditor General has called into question the government's handling of foundations," Kramp stated. "There is still no provision for performance audits and these arms-length foundations are still not answerable to Parliament."

More than $9 billion has been transferred to a variety of foundations such as the Millennium Scholarship Fund and the Pierre Elliott Trudeau Foundation. Yet $7 billion has not been spent. The previous Auditor General, Denis Desautels, claimed Mr. Martin's practice of parking surplus cash in these foundations violated accounting rules. The Auditor General wants access to audits for these foundations, however the government disagrees vehemently.

"Ms. Fraser continues to shine light into the darkest corners of this government," Kramp said. "My involvement in the Public Accounts committee necessitates that I ensure the Auditor General has access to all documents which detail the spending of this government so that another Sponsorship scandal does not occur."

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Volunteers for birds, frogs and marshes

People enjoy volunteering for good causes, and an increasing number of people today enjoy watching wildlife. Combine the two, and you have the makings of an ambitious project that has spread throughout the Quinte watershed since 2001.

The Community Wildlife Monitoring Program is a project of The Bay of Quinte Remedial Action Plan. Four popular wildlife monitoring programs have merged into a cooperative effort that, hopefully, will provide a handle on the status of birds and frogs in the area. Animals are good indicators of environmental health and can tell us a lot about the current condition of the watershed.

The four programs are user-friendly, and even inexperienced volunteers will feel comfortable getting involved. Volunteers in the Quinte area have a choice of taking part in the Marsh Monitoring Program, Forest Bird Monitoring Program, Amphibian Call Counts, or FrogWatch. Volunteers can take part in all four, or pick the one that sounds most appealing. The purpose of the exercise is to keep these indicator wildlife statistics current. Collectively, these programs provide an overview on population fluctuations within certain species, and a snapshot on the health of local wetlands and forests. Close to 100 volunteers contribute valuable data every year by listening for frogs, toads and birds.

Twenty years ago the Bay of Quinte was declared a Great Lakes pollution hotspot. Among the side effects was a dramatic loss of fish and wildlife populations and their habitats. The Bay of Quinte Remedial Action Plan's Restoration Council carries out actions with local partners in its efforts to restore the Bay and its drainage area. Wildlife monitoring is part of the process because both the variety of species and their numbers tell us a lot about our progress.

Three training workshops are planned for this spring; all take place at Quinte Conservation in Belleville and start at 7:00 in the evening. The March 24th workshop will focus on identifying frogs and toads. March 31st is the Marsh Monitoring Program, and the series will conclude on April 7th with the do's and don'ts of Forest Bird Monitoring. Contact Terry Sprague, Project Coordinator, at 613-476-5072 or tsprague@kos.net.

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The Summer Career Placements initiative, a key element of the Government of Canada's Youth Employment Strategy, provides wage subsidies to help employers hire students for 6 to 16 weeks during the summer. Private, public and not-for-profit employers are invited to submit their application by:

Friday, April 1, 2005

This initiative aims to provide students with work experience related to their field of study. Applications will be assessed based on the eligibility criteria, regional and local priorities, the quality of the work experience offered, as well as budget availability.

To apply or to find out more about this initiative, please contact the nearest Human Resource Centre of Canada or call 1 800 935-5555.

Or visit www.youth.gc.ca and click on *Employers*.

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Flashback time in Norwood

Reilly Either
r.either@essencegroup.com

I finally experienced my first Vipers' senior game recently. It was gratifying for a number of reasons, including getting caught up in a kind of unexpected hockey time warp.

Watching from a comfortable seat at the handsome , new Asphodel/Norwood Community Centre, the game coincidentally flashbacked two of the magic milestones of a lifetime of hockey coverage.

The recent senior hockey renaissance brought together the Vipers against the storied Whitby Dunlops, a team that cost me, as a young, wide-eyed reporter at the time, a trip to Oslo, Norway as part of the press corps covering the world championship in 1958.

The Dunnies, with stars like Bobby Attersley and Harry Sinden, eventually beat the Russians and brought back the world title after knocking off a very formidable North Bay Trapper team in the Allan Cup semi-finals. As sports editor of the Nugget, it would have been my job to follow the fortunes of the Trappers in their quest for fame in Europe.

But the Dunnies prevailed, coming from behind a 5-3 deficit after two periods in the seventh and deciding game before some 14,000 fans at Maple Leaf Gardens. So when the Dunnies skated out on the ice against Norwood in those very familiar uniforms a floodgate of memories returned. Still I couldn't help but secretly enjoy the Vipers' 5-1 victory.

The second flashback came through long-time Peterborough Petes' executive Herb Warr, who coincidentally was seated next to me at the game. I advised him that I was sports editor of the Peterborough Examiner when the Petes won their only Memorial Cup in history-1978-79 against the Brandon Wheat Kings.

I covered that final game and Warr recalled joyfully jumping on the ice after the Petes won the overtime thriller in Verdun, Que. Certainly a couple of magic hockey milestones imbedded deep in my memory.

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REMEMBER WHEN...

Six boys were invested into the Madoc Boy Scouts last Wednesday evening. Receiving their Scout Badge, Ontario, Moira Valley District (1st Madoc) Patrol Badge, Scarf, Slide and Scout Beret were, from left, back row, Kim Matchett, Ronnie Adams, Roy Motschenkie, Danny Adams; ront row, Cameron Clark and Lorry Kirkwood. Patrol Leaders Greg Austin and Mark Austin introduced the new boys to Verne Pegg, Scout Leader. Paul Downey assisted Leader Verne with the ceremony. Mothers were on hand to present their sons with their berets.

This week's Remember When taken from the Madoc Review Archives - October 17, 1973

Letters *to the editor*

Referendum needed for marriage issue

It's apparent there's a wide difference of opinion in Canada regarding the issue of same-sex marriage. Although the pretense of a civil marriage only would apply for same sex couples (and this clearly is the general argument in Liberal-quarters I believe the sanctity of marriage is being interfered with, and the respect that it deserves.However, I wonder why we have this marriage issue before us at all. It's function has worked well over the years, religious or not, and now that its come to the forefront, I feel surely there's more important issues for our government to address. Nevertheless if this Liberal legacy is ever legislated nationwide, the dignity of marriage to propagate, family values, etc. will never be the same, and it follows that minority rights have usurped majority rights. This would be wrong and no doubt it would leave a blemish on conventional marriage that has always been socially acceptable and respected.

Although an expense to the taxpayer I think a referendum on this issue is a must, and as in any general election, majority rights would prevail.

Edwin R. Wood,
Brighton, Ont.

Think snow, think friends, think fun, and think auto-wrecking yard.

It was with some chagrin that I viewed a copy of The Shield - Marmora Herald Edition of February 04, 2005. First I would like to say that I fully support Sno – Fest and all other events undertaken by the good people of Marmora. I was aghast however with the place chosen for the promotional shot for Sno – Fest. Of all the entrances to the village they chose the one with the auto wrecker backdrop. A fine tourist attraction if ever I saw one. I believe there are several entrances to the village of Marmora, why this one was selected is anybody's guess and don't tell me it was because the sign overhead was convenient. It wasn't required as the one they were holding said it all.

Having a wrecking yard on the lead into one of the primary entrances to Marmora is an eyesore. It seems every day or two a new wreck arrives on-site. If the level of growth continues at the current rate by this time next year this site should not only be quite the backdrop but an environmental hazard as well.

You can bet gas and oil are leaking from these rusty wrecks and given the makeup of the earth below, it won't be too long before these potent liquids find their way down through the rock stratum into the water table and into your well. I urge the members of our elected council not to allow this eyesore to grow any larger. I don't know about the other citizens of Marmora but I would like to see it cleaned up as soon as possible. I realize that the owner is running a gas station and garage but they should be limited to the number of vehicles that they can store on site at any one time and that number should be small.

Brad MacIntyre
Marmora

On the Street *Question of the week*

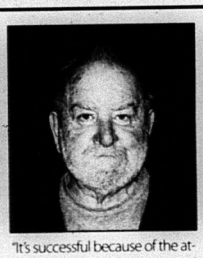
Why is the Warkworth Maple Syrup Festival such a major attraction?

"Having George & Alice Potter allowing their beautiful sugar bush to be the venue."

Kim MacNeil-Gundersen

"The commitment of the community. Of course the facility is major but the dedication of a special group of volunteers has been a key ingredient."

Carol Hamilton



"It's successful because of the attention to detail by the organizing committee. And the variety of events, both in the downtown and at the Sandy Flat site.

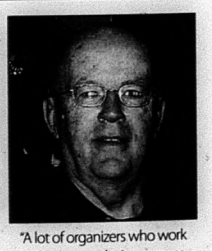
Ken Robertson

"It has been incredibly successful over the years because of the amount of friendship, comradere and excitement it generates locally and for visitors."

Dorothy Pegg

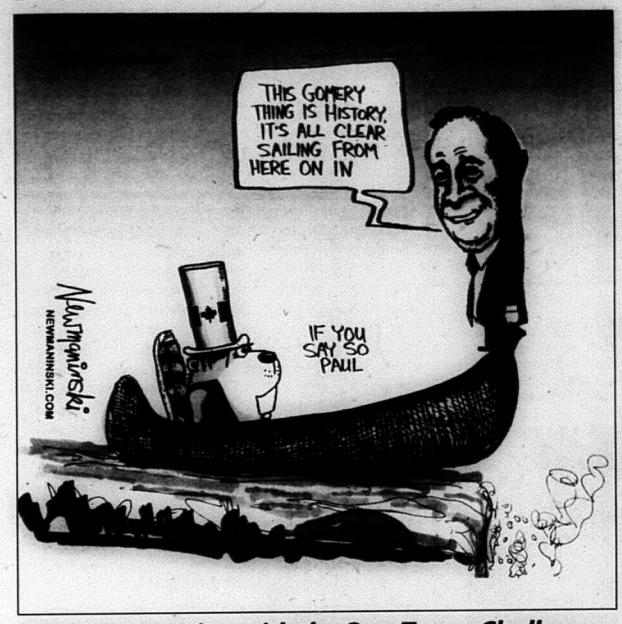
"Very professionally orchestrated. It's a "sweet" event at a time when we're looking for a sign of spring. Having the Juried Art Show is also a big plus."

Mary Lou Dumka



"A lot of organizers who work tirelessly to make it a success. That's the strength behind the festival just as it is with other successful endeavors."

Dean Peters



Spring into action with the One-Tonne Challenge: Care for your yard and conserve energy

(NC)—Spring's coming, and from beneath a winter's worth of snow and ice, our lawns and gardens are emerging, demanding our attention and our free time from now until – well, next winter!

There are lots of easy ways to care for your yard that conserve energy and save money. Using less energy reduces your greenhouse gas emissions that contribute to climate change.

That's the idea behind the Government of Canada's One-Tonne Challenge, which asks Canadians to reduce their personal greenhouse gas emissions by one tonne, or 20%.

Here are some tips to help meet the challenge while working in your yard:

• Limit your use of gas-powered lawn mowers and leaf blowers. Gas-powered mowers produce about 48 kilograms of greenhouse gas emissions in a season and as much air pollution as a car driven 550 kilometres.

• Leave grass clippings on the lawn, where they break down and add needed nutrients, reducing the need for chemical fertilizers.

• Capture rainwater for your garden. A cistern or rain barrel reduces your need for tap water. Ensure your barrel is covered with a tight-fitting lid or screen to keep mosquitoes from breeding.

• Water early in the morning, after the dew has dried, to reduce evaporation. More than half the water applied to lawns and gardens can be lost due to evaporation or run-off when you over-water. Most lawns and gardens need about 2-3 cm, or 1 inch, of water per week.

For more information about the One-Tonne Challenge and how you can save money and energy, visit www.onetonnechallenge.gc.ca and ask for a free tips guide, or call 1 800 0-Canada (1 800 622-6232) TTY 1 800 465-7735.

- News Canada

Alzheimer information and support meeting

"The Alzheimer Society of Belleville-Hastings will be holding an information and support meeting for family, friends and neighbours of persons living with Alzheimer Disease or a related dementia on Wednesday February 23rd from 2pm-4pm at the Marmora Library Complex in the William Shannon Room. Refreshments will be provided. Learn about the 10 Most Common Early Warning Signs of Alzheimer Disease and ways you can help families and persons affected."

Five Authors add tang, grit and charm to a journey of literary delight

By L.J. Jackson

After a number of unsuccessful casts, Bernard was becoming frustrated. The wind began to pick up, sending a chill down to the tips of his toes. The swaying trees cast eerie shadows on the motionless water. "One more cast and I'm going home," he spoke aloud to comfort himself." Excerpt from the "Quinte Quill".

There is tang, grit and charm within the pages of the book of short stories and poems of the "Quinte Quill".

The already successful book, published by Essence Publishing, is in its second printing. Author and Poet, Sue Demczyna says the group of authors are readying for Volume II of the Quinte Quill. "... we are trying to start up our own creative writing group that focuses on self-publishing as a viable way for new authors to showcase their work. We would use their writings, along with our own to publish Volume II of Quinte Quill this summer."

"Quinte Quill is a collection of short stories and poems that contain the hopes and dreams of five local aspiring authors. Five women with very diverse backgrounds have come together to share their love for the art of writing. This small book is bursting with variety – from comedy to mystery and from sentiment to drama." Sue Demczyna (Co-author of Quinte Quill) says the book is a showcase for young and old to enjoy.

"I have always dreamed of becoming a writer, but never had the courage to pursue that dream. My husband has been a great influence in my life and has always encouraged me to stretch my wings and fly high and proud." Demczyna adds, "If I touch but one person's heart with my writing, then I have realized my dream."

"In early 2004, saddled with only pen, paper and a desire to learn to write, I set out for the cottage-like cabin down by the Bay of Quinte. The Bayshore Community Center was the location of the new creative writing course taught by writer Steve Salmaniw." Author Marilyn Frise Martin explains in her forward of the Quinte Quill. "There, a few gals and a couple of students began an eight-week evening class of learning to write. Soon tips were gained as each person had their own style of writing and interest already. I learned something from everyone in that class that I hope will help me as I write in the future. There was talent in that little cabin that should be expanded upon and hopefully it will go onward. As we neared the end of the course, somehow the idea to do a wee book to showcase each student's style of writing was born..."

"I have always hated writing letters or doing anything that required the use of pen and paper, other than for painting or drawing, so when my stepson provided me with a computer, with time on my hands and no need to pick up the dreaded tool, I decided, quite out of the blue, to try writing a novel." Author Anne Louisa Eeg was born and educated in England, lived in India and Singapore before moving to Canada. Home for Anne is now Rednersville.

"I am now a stay at home mom and live in Codrington with Patrick, my husband of thirteen years and our four beautiful children Taylor, Sarah and A yes, I must not forg dogs Coco and Sad cat Tiger." Author kinson is enjoying h "Through it all I hav of being a writer of books, but with fam life itself, I pushed t aside. Then one day onto an ad for a wr and here I am."

"Writing short f ries is a new endea that I find both chall enjoyable. Throug ing, I hope evoke and touch the hea of my readers." Au Verhagen immigrat Netherlands in the and for the past tw has resided in Prin County.

The authors of Quill have stepped territory of writin their passions and in travelled further in ening journey that i spire as well as ente

"The crimson f tered free and flit fr to branch." - excer book "Quinte Quill the "Quinte Quill" a by calling 398-047

The group of Autl offering creative wr es for beginner writ who would like to in writing. Upon comp course, the student will be published new works from t authors, in the sec of Quinte Quill, summer.

The course begi Telephone: 398-04

window seat of the train where he had been placed by Mrs. Elliot. He had been told he woul the other end by an auntie and uncle, but his mind refused to go any further. He shook his he understand what had happened to him, but the noise in it wouldn't go away. He could still cussion of the bomb as it dropped on their house in London, and the ensuing clouds of dust excerpt from "Quinte Quill". Authors of the passionate book are readying for Volume II and for more writers. In the photo Authors: Anne Eeg, Ineke Verhagen, Marilyn Frise Martin, Nol and Sue Demczyna.

Rebalancing life with Mitzvah

By L.J. Jackson

"Mitzvah Technique is bodywork and movement that teaches you how to improve your posture, regain flexibility and use your body more effectively throughout the day. Mitzvah is gentle, deep work that releases tension and stress." Danella Hesler is a certified Mitzvah Technique Teacher who lived in pain for years before finding Mitzvah.

With an analysis of the body in motion, postural misalignment can be identified. Danella Hesler intimates that with Mitzvah, she can help the student, "discover some of the faulty postural habits" that cause pain and distress and "find ways to change them".

The Mitzvah Exercise is a series of sitting, standing and walking, which allow for the realignment of the skeletal system and rebalancing of the neuromuscular system. It is also an education of the dynamics of the entire body.

According to students and clients of the Mitzvah Technique There are many reasons why people pursue the Mitzvah Technique: postural problems, problems with neck, back and spine, auto accidents and other similar injuries, headaches and tension or stress.

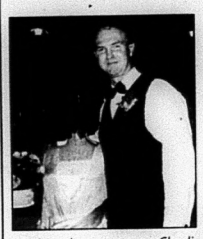
It is appropriate for all ages and has also shown to benefit body performance, circulation, co-ordination, concentration, breathing quality, voice and general health.

The Mitzvah teacher reveals that the body has an innate ability to realign the skeletal system with the Miztvah excercises activating a natural mechanism of the body which allows the rebalancing of the neuromuscular system with a gentle non-invasive method.

The upcoming Total Life Expo at the Madoc Kiwanis Centre, this spring will offer individual table sessions of the technique of Mitzvah and information on the technique, along with a unique and interesting line up of alternative practioners. "Many interesting people are coming."

"Improve your posture with the Mitzvah Technique"
Mitzvah Technique is bodywork and movement that teaches you how to improve your posture, regain flexibility and use your body more effectively throughout the day. Mitzvah is gentle, deep work that releases tension and stress. Danella Hesler is a certified Mitzvah Technique Teacher who lived in pain for years before finding Mitzvah. She can help you discover some of the faulty postural habits you may have that cause you pain and distress, and find some ways to change them. In the photo Danella Hesler applies the Mitzvah Technique developed by two internationally renowned dancers and bodywork teachers Nehemia Cohen and Amelia Itcush. Danella Hesler will be one of many attending the upcoming Total Life Expo at Madoc this spring. photo: L.J. Jackson

Trinity United Madoc and St. John's Anglican hosted a Valentines Dinner Concert- and in this photo we see Karen Bailey- as a flower seller- singing "All I want is a Room Somewhere" with Norma Sedgwick-Taylor.



In this photo, we see Charlie Wannamaker of St. John's Anglican Church, and part of the Madoc Men's Chorus, in his new tuxedo- at the Valentines Dinner Concert jointly sponsored by Trinity United Church and St. John's Anglican Church

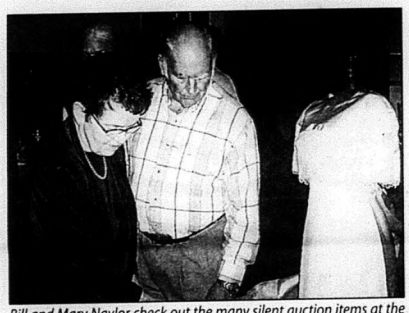
Valentines Dinner & Concert hosted by two Madoc Churches

By Rev. E. Jean Brown

Folks came from far and near to attend the annual Valentines Dinner Concert hosted by Trinity United and St. John's Anglican Church, featuring the Madoc Men's Chorus- in their new tuxedos, a combined singing group from both churches, duets, trios, jokes, silent auction and even a mystery musician- our own Elvis Presley (Mike Calamusa) from Foxboro.

Karen Bailey and Norma Sedgwick-Taylor sang "All I want is a Room Somewhere", and handing out flowers. Dennis Thompson, sang "The Bells of St. Mary's" and Charlie Wannamaker delighted everyone with a proposed trip around the world. Robert Taylor sang "A White Sports Coat and a pink carnation" The delightful meal of beef, pork, vegetables, and scrumptious desserts was catered to by both churches, and was it ever tasty. The silent auction items featured a rocking chair, foot care, a large cake, pies once a month for a year, and so many wonderful items donated by such generous people.

Organizing musicians Ron Moffatt and Norma Sedgwick-Taylor are to be congratulated for their team work in organizing, practicing, performing, and leading such a willing cast of approximately 30 singers who performed for an audience of over 200 people. God-willing, we hope to offer a similar concert for Valentines 2006, and extend our thanks to all who contributed, attended, sand, performed, sewed, created, and made the entire evening a fun filled and memorable occasion.



Bill and Mary Naylor check out the many silent auction items at the shared Valentine Dinner Concert hosted by Trinity United and St. John's Anglican Church.

Takira Francis and her Mom Debbie Francis model wedding gowns at the Trinity United and St. John's Anglican Valentines Dinner Concert.

Trinity United and St. John's Anglican Church host the Valentines Dinner Concert- and in this photo we see clown Tricia Wannamaker of St. John's Anglican, clowining it up with Ron Moffatt- Trinity Musician.

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Down On The Farm

Farmers caught in middle of provincial balancing act

By Geri Kamenz

Agriculture is no different than most businesses in Ontario-investment must result in a positive return on that investment. Farmers are willing to make investment in their operations but they want some assurances of measurable benefits from the investments.

When they invest in production efficiencies on their farms, there is usually some sole evidence of what benefits they can expect to see. Science tells them that proper soil fertility will assure them optimum yields. It also tells them that investing in improved genetics will result ion more milk production from their dairy herd, better carcasses from their beef, pork or sheep, and improved eggs and meat from their chicken flocks.

Successful Stewards

For decades, farmers have been successful stewards of a large portion of the lands that make up Ontario. It has been to their advantage to operate their farms in an environmentally sound fashion-healthy soil, water and air have given them the basis for healthy families and healthy animals on their farms-some proven investments that have paid dividends.

Now farmers find their governments coming at them with a multitude of laws and regulations and little or no evidence the capital investments required to incorporate them can be justified.

For more than a decade, farmers, on a voluntary basis, have taken part in the Environmental Farm Plan program. They were able to see benefits to their farming operations from the plan, and there was financial help available to make the improvements. For many, a considerable amount of their own money ended up being spent on the improvements.

Now our government wants farming operations with more than 300 animal unit equivalents to get involved in nutrient management planning. This requires farmers to hire consultants to produce plans that will ensure that the acres of land available for spreading animal nutrients can be balanced with the nutrient requirements of crops to be grown. Achieving this balance will help protect the land and adjacent water systems from nutrient overload.

For farmers, the benefits to this approach are obvious but farmers aren't the only beneficiaries from the work and the investment. All of society stands to benefit and farmers want to see an appropriate level of funding from society.

Society's Share

The government's source water protection initiative also has a high investment requirement but there's no scientific evidence available to guide the apportioning of this investment. Farmers need to know society will be paying an appropriate amount for the relative benefit derived from the implementation of source water protection regulations.

Protecting green spaces from land developmental practices has now been targeted as a worthy cause by our provincial government. They want to get urban sprawl under control. There's an abundant visible evidence that this objective is worthwhile especially in Ontario's major urban community-the Greater Toronto Area.

Urban sprawl in the GTA has put tremendous pressure on farmland throughout the area and the government's stated objective of preserving farmland has placed an enormous cost factor on the owners of that farmland. Without having figures from scientifically conducted reviews of the impact of imposing a development freeze on the farmlands in the GTA, farmers are being asked to accept the government's assertion that there will be no loss of land value because of the greenbelt designation.

Farmers are professionals with huge investments in land and equipment. They deserve to be treated with the same respect that other professionals receive from their governments.

Editor's Note: Geri Kamenz is Vice-President of the Ontario Federation of Agriculture.

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HOARD'S STATION SALE BARN MARKET REPORT

February 15, 2005

		PRICE RANGE	SALES TO
Lambs All Weights		1.44 - 1.56	1.60
Calves	100-150 lbs.	.55 - 2.50	3.25
	150-400 lbs.	.83 - 1.32	1.35
Stocker	400-600 lbs.	.70 - 1.34	1.35
Steers	600-800 lbs.	.77 - 1.24	1.25
	800-1000 lbs.	.75 - 1.05	105-1/2
Stocker	400-600 lbs.	.66 - 1.16	1.22
Heifers	600-800 lbs.	.75 - 1.05	1.13
Cows		.8-1/2 - .33	.37.50
Bulls		.23 - .28	.32-1/2
Springer Cows		$190 - $550	$575
Fresh Cows		$240 - $475	$850
Pigs	25-35 lbs.	$26 - $40	
	35-45 lbs.	- $27	
	Shoats	$36 - $48	
	Sows	.33 - .38	
	Boars		

TOP STOCKER STEER	400-600 lbs.	500 lbs. @ 1.34 • John Gaffney, Erinsville
	600-800 lbs.	625 lbs. @ 1.25 • G. Gaffney, Erinsville
TOP STOCKER HEIFER		3 av. 497 lbs. @ 1.22 • Ralph Fry, Marmora
TOP CALF	100-150 lbs.	105 lbs. @ 3.25 • Sam McCullough, Marysville
	150-400 lbs.	2 av. 372 lbs. @ 1.35 • Paul Way, Tamworth
TOP COW		1700 lbs. @ 37.50 • Jim Harrison, Trenton
TOP SPRINGER		$575. • Chadwick Farms, Deseronto
TOP FRESH COW		$850. • Hoftyzer Farms, Frankford
TOP PIGS		8 av. 35 lbs. @ $40.00 • Brian Robinson, Madoc

Barn Opens Every Monday Until 9:00 p.m. Sales Every Tuesday at 12:00 noon

Local riding to receive infrastructure advances

Northumberland - Lou Rinaldi, MPP for Northumberland, has announced that residents of Brighton, Port Hope, Quinte West and Hamilton Township will benefit from renewed clean water infrastructure, sewage treatment facilities, and municipal roads thanks to a low-cost, long-term loan from the Ontario Strategic Infrastructure Financing Authority (OSIFA).

"The announcement is good news for Northumberland and Quinte West," said Lou Rinaldi. "Investment in the renewal of clean water infrastructure, sewage treatment facilities and municipal roads will go along way to improving our community now and for future generations."

"Many Ontario municipalities need help with their infrastructure renewal investments because of the high cost of long-term financing," said Finance Minister Greg Sorbara. "We have established OSIFA to provide low-cost, longer term loans that will help to grow strong Ontario communities."

The $3 million requested by Brighton would be used to renew clean water infrastructure, sewage treatment facilities and municipal roads. The $14 million requested by Port Hope would go to renew sewage treatment facilities while the $3 million sought by Quinte West would be used to renew clean water infrastructure. and the $3,500,000 requested by Hamilton Township plans to use the $3.5 million allocation to renew clean water infrastructure. OSIFA will enter into a financing agreement with Brighton, Port Hope, Quinte West and Hamilton Township, subject to technical and credit reviews, for a loan up to the maximum amount of the loan request. These loans have been approved in principal, but required municipal by-law has not yet been passed.

The government established OSIFA in the 2004 Ontario Budget to assist municipalities in financing their investments in critical public infrastructure. OSIFA loans offer affordable interest rates and low transaction costs, allowing municipalities to repair critical infrastructure at a reasonable rate.

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Strangles in Horses

Strangles is an upper airway infection caused by the bacteria *Streptococcus equi*. This highly transmittable bug infects the lymph nodes of the nose, pharynx and guttural pouches. Horses run fevers, feel terrible, and develop lymph node abscesses in their throats, which may interfere with breathing, causing "strangles".

Young horses are most susceptible to this disease, but any horse that has never been exposed can become sick. It is not uncommon to have a Strangles outbreak that affects most of the horses in a barn. In most cases, it is not life threatening. In severe cases, it can travel to lymph nodes throughout the body. Some horses develop severe, immune-mediated disease after recovering from the initial illness that can be lethal.

We have always thought that once a horse recovered from Strangles, they would be immune for life. New studies show that horses immunity to the bacteria does not last forever; infected horses may harbor the bug in their guttural pouches for years, shedding it into the environment. The organism is extremely resistant and can be transmitted via common stable objects, such as tack, feed buckets, and even your boots.

Prevention of strangles is paramount. Newer vaccines are much more effective at limiting disease from strangles, but they do not prevent infection and spread. The best policy is isolation of new horses before entry into your herd. Call Campbellford Veterinary Services to discuss Strangles prevention for your horses.

Missing 911 numbers create problem

(Hastings County) - - One of the most important innovations in the emergency response field over the past few years has been the implementation of the 911 system that gives every house a unique number. Unfortunately, this system only works when the number is clearly and correctly displayed on the house.

Recently, members of the Central Hastings detachment of the O.P.P. have encountered several instances where residents, particularly in the urban areas of the former Villages of Tweed, Madoc and Marmora, have requested emergency assistance but the help has been delayed because the police, fire or ambulance crews cannot locate the caller. Calls placed through the 911 system tell emergency workers what the house address is, but missing, damaged or obscure numbers on the side of the building make it difficult or impossible to identify. As well, there are some older homes that still have old numbers that were valid before the 911 system started that should be changed to reflect the newly assigned number only.

Please, make sure that your home is easily identified. Ensure that large, contrasting coloured numbers can be seen from vehicles on the road in front of your house. If there are old, invalid numbers on your house, remove them to avoid confusion. That's the only way that emergency workers can find you when you really need help the most. If you need assistance with numbering your home, call your municipality to find out what the correct number is and call the O.P.P. to find the best location to place the numbers.

Froggy Courting Fundraisers and Enrichin Environment one leap at a time

By L.J. Jackson

And the way shall be led by a Froggy....

When the ice melts, heartbeats and breathing return to the amphibians, the creeks and springs come alive with croaking and mutterings; frogs offering powerful secrets of the world. They are the spirits of lakes. During the past number of decades, scientists have become concerned about the alarming number of reports of amphibian populations declining or vanishing entirely. This was often a result of the direct impact of human activities in that particular area.

Frogs have a reputation for leaping and Froggy Fundraising is helping communities, are leaping from one soft lily pad to another,"one leap at a time"

"Froggy Fundraising is a Canadian company committed to helping communities raise money in an economically and environmentally conscious way." Kim Egan, Vice President of the company is excited about the opportunity offered to non profit organizations, churches and schools, as well as small businesses. "The products offered to non-profit organizations such as schools are products that are used everyday by all households. Currently the products offered include bath tissue, kitchen towels and lunch napkins - all from recycled paper - pocket pack facial tissues and a stain removing soap for textiles. We also offer note cards featuring artwork from local students sold in a professional packing. On all products, profits are returned to the non-profit organization."

Also a mother of three with each of her children in different schools, Kim Egan says she was being inundated with requests for donations with friends and neighbours being saturated with chocolates. She recognized the opportunity to provide every day environmentally friendly items that divert paper from the landfills as well as helping schools and organizations within communities.

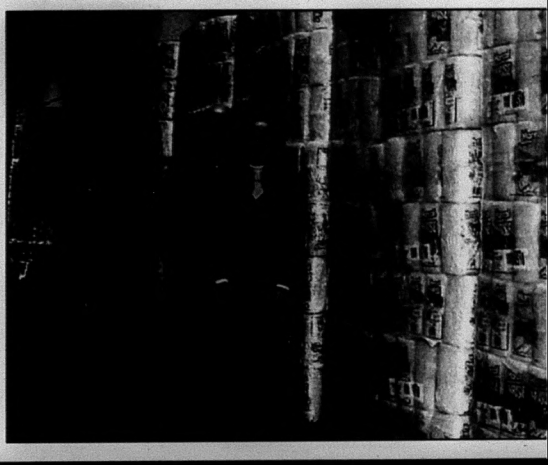
"We provide a solution to schools that is leading edge. Software is provided to make the order processing easy and fun - even students can participate. We provide the tools to ensure continued success for future campaigns." Egan says it gets even better. "High school students are even able to participate and earn volunteer hours to their credit."

Like Grandpa said when comparing facial tissues to the old hankies, "You can blow your nose in it, not through it." The products are of exceptional quality, sold in convenient club pack formats and competitively priced, says Egan. "They are all made from clean recycled paper and are high quality...The process of removing ink is environmentally friendly with no bleach..The bath tissue, kitchen towels and pocket pack facial tissues are individually wrapped for hygienic storage. The bath tissue is also septic safe....the stain removal soap is made from an old Swiss recipe..It is biodegradable and all natural."

The stain removing soap for textiles claims to remove blood, grass, ink, lipstick and oil... Kim Egan says she is impressed with the old Swiss recipe - that takes the dirt out of clothes and nasties from the environment.

Each product has a soft impact on the earth and inhabitants. Egan takes pride in the circle that is developed from the company. "I feel good about it. Finally there is something that schools and organizations that teach about environmental awareness can offer it and fundraiser at the same time."

To learn more about Froggy Fundraising, visit their website: www.froggyfundraising.com or email: egan@froggyfundraising.com - or telephone: (613) 961-7957.



Froggy Fundraising Inc. is waking up schools and organizations to environmentally friendly, every day products - one leap at a time. Kim Egan, Vice President and President Gunther Huettlin are excited about the opportunity offered to non profit organizations, churches and schools, as well as small businesses. In the photo President Gunther Huettlin and Vice President Kim Egan stand by their high quality products. photo: L.J. Jackson

Youth concert supports emergency shelter

Peterborough - Over 160 students from St. Peter's Secondary School, Peterborough Collegiate and Holy Cross Catholic Secondary School will strut their stuff at the fourth annual 'Youth for Youth' Concert on Feb.18 (7 pm) at Market Hall.

"As educators, we encourage students to become actively involved in the community," says St. Peter's arts teacher Patricia Young.

Ms. Young says the Youth Emergency Shelter Concert provides a "local focus for youth where they can become active participants and showcase their vibrant and positive energy to support such a worthy cause."

Music, song, skits, monologues, dance, magic and poetry will be featured throughout the evening. Proceeds from the concert will assist the Youth Emergency Shelter in providing food, shelter and guidance in a safe environment for youth in crisis.

Tickets are available at PCVS, St. Peter's and Holy Cross Catholic. They are $8 for one evening and $14 for two. Only tickets for both nights will be sold in advance.

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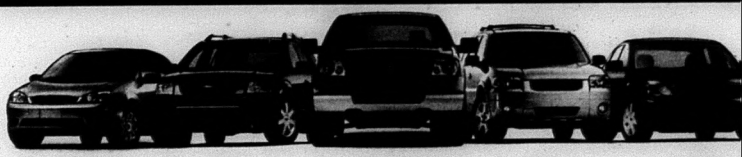

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February is Heart & Stroke Month

To help reduce your risk of heart disease, broke and cancer, eat a wide variety of brightly coloured vegetables and fruit each day. Dark green, orange and red vegetables and fruit - like spinach, oranges, carrots, tomatoes, strawberries and red peppers - give you a bigger bang for your nutritional buck.

February is Heart Month. Please give generously.
Heart and Stroke Foundation of Ontario

Eating five to ten servings of vegetables and fruit per day as part of a healthy diet can help reduce your risk of heart disease, stroke and cancer.

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Vegetables and fruit help reduce the risk of heart disease by protecting artery walls from damage. What's more, when you fill up on vegetables and fruit, you may not be as hungry for less healthy foods.

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Kids aged 9 to 12 lead lifestyles that could put them in the fast lane for heart disease and stroke - as early as in their 30's. Children know what a healthy lifestyle means, but need help from their families in making heart-healthy choices.

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Are you looking for ways to keep your heart healthy, and reduce the risk of heart attacks or strokes?

Read these messages for valuable tips on staying healthy!

The Heart and Stroke Foundation supported the discovery of Aspirin's ability to inhibit blood clots - initiating its worldwide use in reducing the risk of heart attack and stroke. Help us continue finding answers - for life.

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Signs of a stroke include the sudden onset of any combination of:
- weakness
- trouble speaking
- vision problems
- headache, or
- dizziness

Call 9-1-1 for help right away.

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Heart and Stroke Foundation of Ontario

Each year, 50,000 Canadians have a stroke. In 2002 alone, there were 15,453 stroke-related deaths. One Canadian who survived a stroke is Walter Gretzky, father of Wayne Gretzky and volunteer spokesperson for the Heart and Stroke Foundation.

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Heart and Stroke Foundation of Ontario

Heart and Stroke Foundation researchers developed ECG telemetry, allowing physicians to observe the activity of a patient's heart from long distances away.

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Blood cholesterol comes from cholesterol made by your own body, plus dietary cholesterol. Dietary cholesterol comes from animal foods such as eggs, regular milk products, meat and poultry. High fat foods, especially those high in saturated or trans fat, can raise blood cholesterol.

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Obesity is one of the risk factors leading to heart disease and stroke. Research indicates that people who eat more vegetables are less likely to gain weight.

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Vegetables and fruit appear to reduce the risk of heart disease, stroke and cancer by providing protective substances such as vitamins, minerals, and fibre, as well as plant compounds called phytochemicals.

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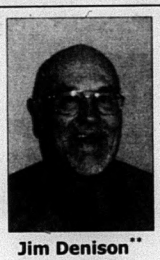

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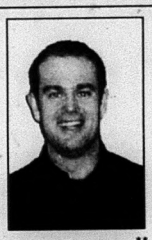

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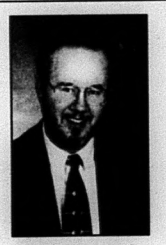

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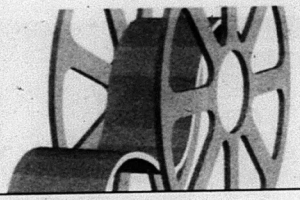

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Auditions for Idol contest get competiton under way

Colborne- Registrations for the Northumberland Idol contest have been brisk for the second year in a row.

Auditions began on Feb. 12 at Port Hope United Church; and continue Feb. 19 at Cobourg Trinity Church and Feb. 26 at the Campbellford Library. Brighton Presbyterian Church will be the venue for the Mar. 5 audition. All auditions are acapella (without music) and are 10 am to 1 pm.

If unable to attend any of the above registrations one can still register at the Audition.

Competitions are in four major areas of the County: Brighton, Campbellford, Cobourg and Port Hope. The Grande Finale to be held at the Keeler Centre in Colborne on April 23. The winner will receive $1,000 and there will be consolation prizes for the next five finalists.

The entry fee is $10 per person. The Northumberland Idol Competition is open to male and female singers who are between the ages of 16 and 26 on or before, Feb.1, 2005. Anyone who is under 18, which is the Age of Majority in Ontario, must have the signed permission of a parent or legal guardian. All entrants must be a permanent resident or attend school, or work in Northumberland County, Ontario.

From each Audition a maximum of 20 will advance to a Concert Competition held in the same town in which they auditioned. At each of the four concerts the audience will be able to cast ballots to chose five contestants to compete in the Grand Finale.

There will be a maximum total of 20 finalists from across Northumberland County competing for the top prize.

This project of the Colborne Rotary Club generated a great deal of excitement last year and the Club hopes that there will be an even better response this year. All money raised will go towards community projects that range from breakfast programmes, youth support, seniors programmes, Christmas Hampers, the Northumberland Hills Hospital and the Keeler Centre.

Man in Black a tribute to Johnny Cash legend

Peterborough---Performances are planned for Peterborough, Lindsay and Port Hope for Wanted Man: A Tribute to the Man in Black tour of Ontario, designed to recapture the creative energy that was Johnny Cash.

With a superb back-up band, Manitoba singer/songwriter Marcel Soulodre uses his deep, resonant baritone to immerse audiences in the music, rhythm and appearance of the Man in Black.

Soulodre will revisit most of the Cash classics such as Folsom Prison Blues, A Boy Named Sue, Big River and many more.

The show plays Peterborough's Showplace Centre April 7th, the Capitol Theatre in Port Hope April 8th and the Academy Theatre in Lindsay April 9th.

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ZOOM video fest looks for student entries Video deadline is May 2

Peterborough- The local public school board is looking for budding film makers for this year's ZOOM Video Festival . This year's theme is "Equity and Diversity."

Classes in communications technology, media studies, dramatic arts and groups of students interested in video production or equity and diversity issues are welcome to submit videos to the Festival.

There is no limit to the number of entries per school.

Students, working with the support of a teacher in their school, can enter their videos in one of six categories: animation, short dramatization, long dramatization, short documentary, long documentary or original music video.

Entry forms must be submitted before March Break. The video submission deadline is May 2.

Groups that submit a completed entry form on time will have access to community experts on camera use, lighting, sound and editing. For video teams that apply, there will also be two-hour digital video editing sessions at PowerHouse Digital Video.

The videos will be screened at an awards night on May 19 at Cobourg District Collegiate Institute West at 7:30 p.m. The winning videos will also be shown on COGECO TV.

Adjudicators will judge the films and make the award selections. Their professional advice and feedback will be shared with students who enter the Festival. As well, a guest film maker will speak at the gala.

Category winners will receive $150 with a grand prize of $200 to the best overall selection. A digital video camera will be awarded to the school from which the winning entry originates.

Submissions must be in VHS, digital tape or DVD format. All submissions must be accompanied by at least one written paragraph outlining how the video relates to Equity and Diversity. The written piece will then be read aloud at the screening.

The ZOOM Video Festival is the result of a community partnership between the KPR District School Board, L.R. Brown, PowerHouse Digital Video, COGECO and Cinema 379.

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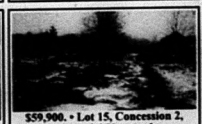
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Valdy goes back to school

Peterborough - Legendary Canadian folk singer Valdy will help the Class Connection Centre celebrate its move to their new home at the former St. Peter's Elementary School with a special performance on Feb. 22.

It will also give them a chance to dedicate the auditorium in memory of Alan Nunn, one of The Class Connection Centre's most outstanding teachers.

The proceeds from the "Give Us A Lift" concert will help the organization make this historic school building more accessible so they can provide learning opportunities for everyone in the community.

The concert begins at 7 pm and also features a performance by bluegrass group McCormick. The Class Connection Centre is at 443 Reid St. in Peterborough. For ticket information , or information on The Class Connection, you can call 705-743-2228.

Katimavik members now working in Tw

Front Row L to R: *Shareen Chin, Vancouver, BC, Amanda Gordon, Prince Albert Sask., Marie-Eve Cantin-Aubert, Quebec City, Christina Laboucane, Eckville, AB, Hilltop Pastures; Melanie Leblond, Thetford Mines, QC, (Second Row L to R): Tim Bell, Moncton, N.B., Project Leader; Kimberly Henley, Burlington ON, Tameika Dickson, Scarborough ON, Emie Gendron, Richelieu, QC, Ian Gibson, Thunder Bay ON, Andrew Brayley, Bloomfield N.B. - BD Photo*

By Brian Dunning

Tweed - The latest group of Katimavik participants have arrived and are doing volunteer work at a number of locales in the area. This marks the fourth year in a row Tweed has been chosen to host members of this federally-funded program. Normally a community plays host for three years, but Katimavik was so impressed with the reception given the groups and the variety of work placements offered they opted to ask Tweed to participant for another year.

The group of 10 young men and women arrived earlier this month and were officially welcomed to the community at a pot-luck supper at St. Carthagh's Catholic School. Their first few days here were spent settling in at Katimavik House on Metcalf Street. They then were interviewed for their work places, where they will volunteer their time for the 10 weeks they are here.

The participants come from across Canada. This group consists of: Shareen Chin of Vancouver, B.C. who will be working with Community Futures Development Corp. along with Tameika Dickson of Scarborough ON.

Amanda Gordon of Prince Albert, Saskatchewan will be at Gateway Community Health Centre as will Kimberly Henley of Burlington, ON.

Marie-Eve Cantin-Aubert from Quebec City and Christina Laboucane of Eckville, Alberta both will be at Hilltop Pastures;

Melanie Leblond, Thetford Mines, QC, and Emie Gendron, Richelieu, QC will both volunteer at St. Carthagh's School.

Ian Gibson from Thunder Bay ON, will be at the Salvation Army; while Andrew Brayley, Bloomfield N.B. will be at the Tweed Heritage Society and Tweed Public Library.

Project leader for this group is Tim Bell from Moncton, N.B.

Close to 100 Katimavik members have come to Tweed over the past three years and the majority spoke highly of the friendliness of the people. Many said they planned on coming back for a visit and to re-new friendships they developed here.

Katimavik means "meeting place" in Inuktitut, the language of the Inuit people. Inuit live in the Nunavut Territory, as well as Nunavik, a reg northern part open to young the ages of 17

When this g others fill fol spring and th the first of sur

Mental health services expanded for children

NORTHUMBERLAND - The provincial strengthening mental health services for childr Northumberland, says Northumberland MPP

"These new and expanded programs will me tensive treatment services for high risk youth their own community," said Mr. Rinaldi. "It's to help our children and youth succeed in sch become healthy, productive adults."

The government is providing $88,300 to Ki Family Services of Northumberland, as part o of $13 million for community-based mental h across the province. That money was announc Bountrogianni, Minister of Children and You January 18, 2005, and will create 113 new pr pand a further 96 local programs across Onta

Local programs receiving funding were sel munity panel of service providers, including c health professionals, police, school boards and the next few weeks, the Ministry of Children an will be finalizing contracts with each of the se

"Mental health problems are an invisible b children face," said Mr. Rinaldi. "That's why is providing the biggest boost in a decade to tal services are available to children, youth a need them."

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Rebels suffer frustrating loss to Napanee Raiders

Campbellford---The Empire League's new round-robin playoff format has produced a few surprises so far but the defending champion Campbellford Rebels are still struggling with inconsistency. Meanwhile, the Napanee Raiders, a team that ruled the roost during regular scheduled play, has suddenly fallen on hard times, sitting at a mediocre 2-3 after five games.

Amherstview Goal---Sean Gilbert (21) skates past the net after giving the Amhertstview Jets a 2-0 lead against the Rebels. Rebel goalie Jeff King looks on in vain on the scoring play. Jets went on to post a 3-zip victory. photo/Rolly Ethier.

Rebels came through with a 3-2 road victory over the Amherstyiew Jets, but then lost to the Raiders 6-4 on home ice last Saturday night before some 300 fans.

"The coaches as well as the players just were not ready to go to war against Napanee," said coach Jim Peeling. "From the goalie (Jeff King) out it was one of our poorest pregame efforts but hopefully we will learn from it and be more accountable. After all this is the real season."

Former Raider captain Ryan Sharpe opened the scoring when left unchecked at 6:35, converting Mike Walker's back of the net pass. This was the first of a series of chances the Rebels' defence gave up as King was left unprotected.

With 1:45 left to play in stanza one leftwinger Mike Banks scored off a backhanded deke to send the teams to the dressing room deadlocked at a goal each. Early in the second King gave up a pair we would admit he would like to have back.

Chase Tallies Twice

Chase Celestine tallied his first of two by finding the short side on a powerplay before beating King from 57 feet with a long slapper. Again the Rebels rallied to tie it as winger Phil Darrington was the recipient of a good bounce as his shorthanded shot rebounded off a Raider defender past goalie Matt Moreau.

Just 44 seconds later Dan Petherick cashed a close-in chance off a great pass from Joe Curry for the Rebels. The turning point came in the final minute of the second period as only 42 seconds remained when Chris Lewis stuffed the puck past King with at least two other raiders in the crease. Only referee Myers would know the reason why he allowed the goal to stand.

In the third session, the Raiders scored on a wraparound by Ben Hagerman on another Rebel miscue. Even a late shorthanded marker by centre Brennan Tuckett of the Rebels on a breakaway proved too little too late. The icing on the cake was an empty net power play goal by Napanee's Corey Hollands.

In round-robin play as of Feb. 11th, Picton Pirates were unbeaten with four straight victories while Amherstview had a 5-2 mark and the Rebels held down third place with three victories and two defeats. The Colborne Cobras were 2-4, Napanee 2-3 and Frontenac Flyers had only one win and six losses.

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Go Tim-Bits Go!

By Barb Stevens

Centre Hastings TimBit Tykes (sponsored by Tim Hortons in Madoc) are hitting the ice in upcoming weeks. On Feb. 3, they entertained a large crowd when they played host to Havelock. It was a scoreless 1st period with Centre Hastings scoring the first goal in the 2nd from Logan Booth unassisted. Havelock tied the game midway through the 3rd and then found the net again with 1 second left, ending the game 2-1. The TimBit played again Sunday in Marmora.

The Atom Grizzlies are in a best of 3-out-of-5 series against Percy. This past weekend, the Atoms were defeated 6-5. Grizzlie goals were scored by Shawn Peeling (1-1), Shamel Walsh (hat trick) and Kyle Gardiner, 1. The assists went to Justin Chapman, Kyle Thompson and Matthew Martin.

The PeeWees pulled off a big 7-1 victory when they entertained Brighton AE team. Excellent goal tending from Trevor Kemp. Goal-getters were Mack Smith (2-1), Nick Ferguson (1-3), Colin McBeath (1-1), James Denny (1-3), Dylan Turtle (1-1) and Brandon Danford, 1 goal. Assists from Skyler Baldwin (2) and Max Turtle.

The Bantams are also having some excellent, close games. They played host to Norwood Hornets, defeating them 7-6. William Meehan earned the hat trick along with an assist with Tyler Woodcock (2-1), Pat Cole and Brandon Danford (1-2 ea.). Assists from Erin Hennessy (3), Adam Hughes, John Salmon and Mack Smith. Next Bantams took on Stirling Blues AE; Stirling took the win 6-5. William Meehan earned 4 goals, Brandon Danford, 1, assists Tyler Woodcock (2), Danford and Jarred Moore (1).

Centre Hastings Juveniles lost the playoffs to Tweed.

Colts continue down provincial peewee trail

Campbellford---It's on to the all-Ontario quarter-finals for the surging Campbellford Chrysler peewee A Colts.

After ousting the Ennismore Eagles in round one, the Colts finished off the Highland Storm from Minden in similar fashion last weekend. The Chrysler crew now awaits the winner of a round-robin series between Schomberg, Oro and Oak Ridges.

After winning game one on home ice, the Colts travelled to Minden Feb. 6th and pulled off a 2-0 victory. The first two periods were scoreless and finally at 12:05 of the third session, Doug Little scored an unusual goal that tipped just up and over the Highland goalie.

Then with 2:54 left, Lucas Brown stickhandled out of his own end, passed to Zack Martin, who tipped to Little. The latter added his second goal for the insurance margin. Thanks to the great defensive play of Jordan McEvoy, Elijah Crothers, Brad Beaudrie, Lucas Peters and Ben McKeown, goalie Jake Locke locked uop his 13th shutout of the season.

Series Clincher

Back in Campbellford for game three, the Chrysler kids turned in another solid performance and turned back the Storm 6-3, outshooting their opponents 55-33. Colts erupted for three first-period goals and never looked back. Lucas Brown, Tyler Dunkley and Doug Little were the snipers, with Zach Patfield, Dylan Ingram and Little picking up assists.

Kyle Newton added a second period goal while Joe McKeown, with a shorthanded goal, and Brown rounded out the scoring with help from Little.

The latest results left the Colts' overall record at 32 wins, six losses and a tie for the season. Their coaching staff of Jeff Petherick, Todd Kerr, Ian Pettey and Ryan Bennett is extremely proud of the team's strong performance as they await the next round of provincial peewee play.

Madoc Violinist Sebastian Sallans is exhilarated

The Kawartha Youth Orchestra: On-Stage at Showplace

On February 5th the Kawartha Youth Orchestra joined forces with the Peterborough Symphony Orchestra to perform in Peterborough's Showplace Theatre. Sebastian Sallans, Madoc's fiddler and KYO violinist, says "It was exhilarating and I'd really love to do it again. The sound of the orchestra was big and full, and there was a huge crowd that gave us a standing ovation!"

The KYO is composed entirely of young players between the age of 12 and 21, They come from Trent University, Peterborough and smaller communities within driving distance. For Sebastian getting to rehearsal at Trent University every Sunday afternoon means about an hour in the car each way. But Sebastian says, "Playing in the orchestra is awesome. It's definitely worth it, though it would be better if my mother didn't make me do school work in the car on the way."

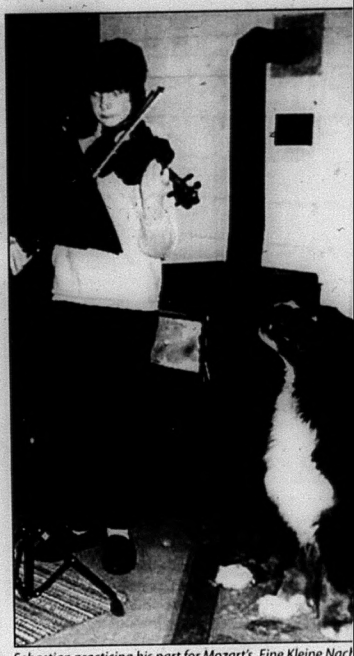
The excitement all the players brought to the stage of the KYO/PSO concert reflects another reason KYO players love their orchestra. The KYO/PSO collaboration put over 100 musicians on stage, allowing KYO players the chance to perform the big orchestral repertoire. Just before the performance, Ben Bell, KYO manager and experienced orchestral player talked about what this experience would be like for the players of the youth orchestra: "When the combined orchestra plays Stravinsky's Firebird the music will grab our young players by the heart and make them musicians for life. They will be shocked by the sheer mass of sound, and the drama of it, and they will know why they make music." Bell also observed that "as the guest artists of the PSO, the KYO players are being asked to step up to plate, taking featured positions in the combined ensemble."

According to Timothy McGee, music critic for the Peterborough Examiner, the KYO not only stepped up to the plate they hit a home run. McGee describes the effect of the addition of the KYO strings into the PSO as "glorious," commenting on "the excellent intonation, clean crisp articulation and infectious enthusiasm" of the entire performance. KYO players weren't the only winners at Saturday's concert. Bell says, "When the orchestras came together the result was a huge, lush and silky sound the like of which has not been heard in Showplace since it was opened. As a PSO player myself I truly hope for a return engagement with all of these players."

The Kawartha Youth Orchestra is an organization born of the desire of young musicians to perform together in an orchestra ensemble less than three years ago. In this short time, under the professional and demanding direction of conductor Michael Newnham, the orchestra has developed ensemble skills that allowed them to merge with the PSO after just two rehearsals. These talented young musicians are now preparing a new program of chamber music for performance on February 27. Bell says: "The musical demands in chamber music are even greater than those of the full-orchestra repertoire. It's all about listening. In chamber music, each player must do all the things required in the full orchestra entirely on his or her own often without direction from a conductor." Bell expects KYO musicians will do more than rise to the challenge!

The KYO presents Chamber Music on February 27 at 3 p.m. in St. John's Anglican Church, Peterborough. Tickets can be purchased at Titles Bookstore in Peterborough Happenstance Books and Yarns in Lakefield or by calling (705) 740-9018. For season details or information on how to further support the KYO or to audition for the orchestra please contact the orchestra manager, Ben Bell at (705) 652-0088.

Kawartha Youth Orchestra performs with the Peterborough Symphony Orchestra: Over 100 musicians took to the stage in Peterborough's Showplace Theatre on Feb. 5 to perform the big orchestral repertoire, including Stravinsky's Firebird. Youth Orchestra players called the experience "Totally Awesome."

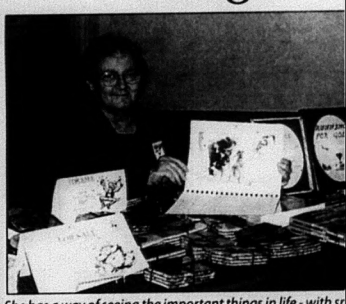


Sebastian practicing his part for Mozart's Eine Kleine Nach is his favourite piece from the KYO's Feb.27th Chamber M cert program. It is also the favourite of his dog, Teddy, wh sing along!

Church Services at Cardinal Manor Madoc

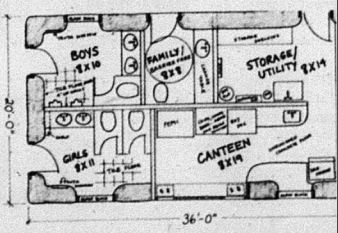
April and Carol Spatola, owners of Cardinal Manor in Madoc- the 10,000 square foot private retirement residence, and the Madoc ministerial, have arranged for weekly Church services in their spacious and well kept home. Each week, a different denomination provides the message, music, visits, and has the privilege of getting to know the residents. In the photo provided we see April Spatola and nurse Bonnie Toms and the residents taken after Sunday's worship service that was provided by Trinity United Church. April, a registered Health Care Aid, personal support worker, social service worker has a history of being involved in the community and has advocated for people with health challenges for 20 years. April and Carl are to be congratulated for providing this wonderful facility and for all their efforts.

A way of seein the important things



She has a way of seeing the important things in life - with sr munities of big importance and dog sledders at the local races are what legends are made of. Local author, Isabel S played her books, "Tribute to Agriculture" and "Eldorado Go with Dog Sledders calendars and "Running for Gold" durin sled races at Eldorado. photo: L.J. Jackson

Strawbale cante coming to Mad



A new canteen is a go for the Madoc Park. The Municipal tre Hastings has approved the construction of a new canteen and washroom in the ball diamond and skatepa More details and story in next week's Madoc Review

The Campbellford Courier · The Lake O'Lakes Sun · The Norwood Register · The Stirling News-Argus · The Marmora Herald · The Havelock Citizen · The Hastings Star · The Madoc Review

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I Would like to thank everyone who showed up for the funeral of Larry Schmidt. A very special thank you to Joe's Odd Cup Cafe for the donation of sandwiches. Susan Cricth.

PERSONALS

HELP Me raise money for Cancer research! I'll be cutting my hair for Locks of Love, and pledges go to the Cancer Society. Please drop off pledges at: Essence Communications Group office in Belleville, Cutting Corner in Marmora, any Marmora school, Marmora TD Canada Trust Bank, Cook's Barber Shop, or the Marmora Herald office. You can mail pledges to: Cuts for Cancer, Box 155, Marmora, Ontario K0K 2M0. Please make cheques payable to the Canadian Cancer Society. ~ Jeanette Seaborn

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We would like to thank all of those who apply. Only those chosen for an interview will be contacted.

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MISSING DOG - YELLOW LAB
Please help find our **"Harley"**. Last seen on Hwy. 30 in front of Dunford's (near Havelock). **Thurs., Feb. 10 around 6:00 p.m.** She has been with the family for 13 years and we miss her very much!
Please call Robin at 705-778-7014 or 705-778-3851.

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Heart month supports key research

Promoting blood pressure checks big part of campaign

By Bill Freeman

Peterborough - Raising funds and health promotion are the twin pillars of Heart Month.

A team of volunteers (400 in Peterborough County-City alone) are canvassing door-to-door right now in an effort to help support vital research heart and stroke research projects -- in the county and city the target is $72,000; last year they raised $65,000.

Peterborough Heart and Stroke Foundation of Ontario (HSOF) area manager Hannah Routly says the "main mission" in 2005, and the next five years, is promoting blood pressure checks for everyone over 20 and emphasizing the importance of treatment.

"There is this misconception that high blood pressure is something that only happens to you when you're older," she said in an interview. "Everyone over 20 should have it checked on a regular basis."

Unless checked, Ms. Routly says it is something people simply won't know they have.

"It essentially has no symptoms and can be a condition that is untreated for years before it hits you."

Ms. Routly says public education on blood pressure can have a real "effect in this area.

"It is one of the easiest ways to reduce incidents of heart attacks and strokes."

Every day this year, 10 area residents will be hospitalized because of heart disease, she notes. One in six people (17 per cent of the population) have high blood pressure.

Death from obesity have doubled in the last 15 years.

Ms. Routly says one-third of strokes occur in people under 65 and there is an alarming incidence of pediatric stroke.

One of the exciting local developments stemming directly from Hearth Month fundraising, Ms. Routly says, is the creation of a the District Stroke Centre at Peterborough Regional Health Centre. In the committee stage right now, it is part of the "Co-ordinated Stroke Strategy" between PRHC, the provincial Ministry of Health and the HSOF that aims on improving stroke care in the four counties region.

It means that people will get access to good health care at PRHC rather than travelling to Kingston or Ottawa, she says.

There is a "key six hour window" for stroke victims to get to a hospital, be diagnosed and given drug treatment if possible.

The Centre should be up and running in eight to 12 months.

Ms. Routly says people are "very well-informed overall" about things like healthier lifestyles, nutrition and exercise but still have trouble translating them into personal action.

"People understand these concepts but there are some barriers to applying them in their own lives."

Too many people have been "caught up in fad diets," she says, when in fact the Canada Food Guide "is still the way that everyone should go."

"Conflicting information in the mass media can definitely throw you for a loop."

They do presentations to "break through some of these myths" targeting pre-te and women -- women are equally at risk of heart dis as men .

"It is definitely still perce as a man's disease but it is nitely contrary to that."

Nursing students give "H Healthy Kids" presentati in schools.

Far too many kids are ing diagnosed with childh diabetes and high blood sure.

Ms. Routly says they promote the no-smoking sage but zero in on hea weight and physical acti Since the 1970's smoking declined by 50 per cent the number of people are overweight has jun 50 per cent.

"There's definitely been progress in getting people ing about healthier eati

Fast facts:

- In 2003 alone over $47 lion was spent on hear stroke research
- Over 250 research team on Foundation funding
- Heart disease and st caused nearly 75,000 C dian deaths in 2001
- There are over 20,000 st a year in Ontario and 11 people living with th fects of stroke
- 3,000 donations of $20 help fund in-depth res on omega-3 fatty acid antioxidants
- 530 donations of $100 research into the b adaptability in resp to stroke

Smoking spiral type light bulbs unscrewed by firefigh

Warning - different date than previous warning

By L.J. Jackson

How many firefighters does it take to unscrew a spiral type light bulb?

Just one - who watched one smoldering and smoking.

A Quinte West fire fighter who experienced a smoking spiral type bulb, quickly removed all of this type of bulb from his home, reported Fire Prevention Officer T.J. (Tim) Olohan.

This was a light bulb manufactured after the dates that previously warnings had identified, the fire prevention officer clearly stated to the Stirling News Argus and Madoc Review.

The Quinte West Fire Prevention Office and the Fire Marshal's Office have clearly responded to the threat and asked that the information be distributed as widely as possible to. "to avert potential fires and loss of life."

Although the light bulbs were identified speciifically with

dates in December, this offending spiral ight bulb was manufactured after the dates provided. This incident in Quinte West, has sparked the fire prevention office to warn the public of the potential danger.

The spiral bulbs are being sold throughout Canada and the USA and readily available to consumers in our municipalities reports the prevention officer.

"These bulbs may pose both fire and electrical shock hazards and consumers are ac to immediately stop usir products." Health Canada viously warned Canadi examine Globe Mini-spi watt lighbulbs and furth "Compact florescent bul purchased by many cons as an energy-efficient re ment for traditional hom bulbs...The bulbs have a shape. Some of the GI Mini-Spiral, 13 Watt contain a non-Underw Laboratories (UL) com part, but nonetheless car UL certification stamp. B taining these non-com parts, the UL certificati the entire bulb has bee validated."

But, where there is sm the firefighter from the Q West Fire Department, there is danger and the light bulbs are now no comed in his home.

From passionate people to vital growth

continued from page 1

the coordinated pooling of efforts toward an economic revival and an improved quality of life in the municipalities, with particular emphasis in the main streets. He made it clear that a Coordinator should be hired to coordinate the group's actions, whether finances suggest one or more coordinators.

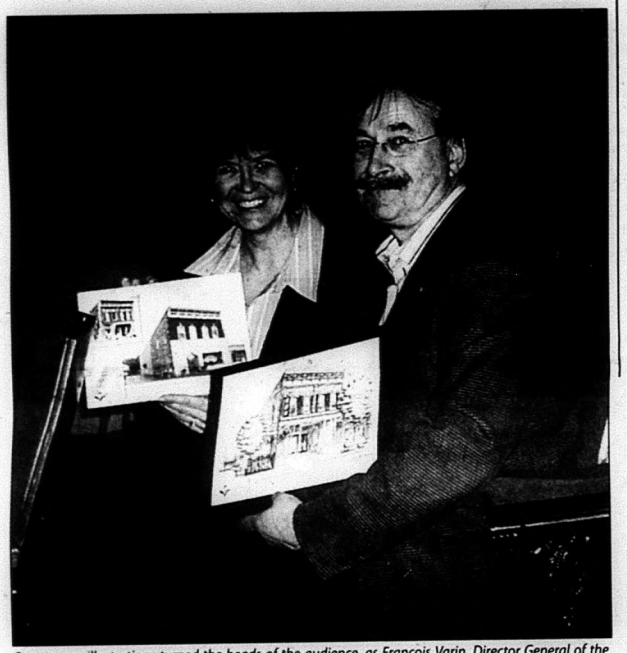
The partnership strategy, which encourages joint action and consists of a step-by-step process has been proven to address the issues and challenges of the municipalities, Francois Varin claims.

Illustrations of before and after photos drew vocal "ohs" from the audience, with the illustrations clearly showing that what is appealing to the eye, draws attention.

"Overlapping is not possible," Francois answered questions from the floor. He was not merely optimistic, but adamant, that overlapping of plans and ideas could not be made, as the municipalities, together develop and adopt a comprehensive vision of the future development. The plan, founded on joint action with all partners represented and working together, can develop the strategies necessary for growth for each individual community.

Network meetings would be planned every six months in one of the municipalities providing the opportunities for discussions, concerns and gaining from each other's experiences, strengthening the ties and synergy within the network.

Both Bonnie O'Neil and Francois Varin said the impression of the groups appeared favourable and they expect that after groups discussions, plans will be made in the near future for the revitalization of the four municipalities.



Streetscape illustrations turned the heads of the audience, as Francois Varin, Director General of the foundation with Bonnie O'Neil with the Ministry of Municipal Affairs & Housing and Rural Development presented the pilot project plans for the Centre Hastings area. photo: L.J. Jackson

Without question, the speaker for the "Main Street" plan captured the attention of groups from the four municipalities of Madoc, Marmora, Tweed and Stirling. Sharing the enthusiasm of revitalizing the communities, was evident and the evening ended on hopeful notes. photo: L.J. Jackson

Quinte Waste Solutions awarded recycling grants worth $46,650 from Stewardship Ontario

continued from page 1

bles from landfill. That is why Stewardship Ontario has approved these two projects for funding."

The first project will test several different types of public space recycling containers (found in arenas and other public venues) in the cities of Quinte West and Belleville. QWS staff will measure the amount of material that each type of bin collects. In addition, they will survey users concerning their opinions of the containers and the program, and use the information to produce recommendations on how to strengthen the diversion performance of public space containers. The information will be shared with municipalities throughout Ontario.

The second project focuses on increasing recycling through the rural recycling depots that are used widely in the region (and the province) and which generally take in less material than do curbside recycling collection programs. This project will focus on what practices result in higher diversion rates at depots throughout the province, and then test the conclusions on depots in the region.

"It's been difficult to increase our recovery at special events and depots in a cost-effective way but we know that there's an impressive quantity of high quality materials out there. We'd like to find out what really makes these systems work, then go out and apply these techniques to increase our program's overall effectiveness and diversion rate," said Rick Clow, General Manager of Quinte Waste Solutions.

Quinte Waste Solutions is the organization responsible for all waste reduction programs for a group of municipalities that includes Belleville, Quinte West, Centre Hastings, Madoc Twp, Marmora and Lake, Stirling-Rawdon, Tweed, Tyendinga, and Prince Edward County. Quinte will provide about $22,000 in funds or in-kind contributions toward these projects.

These grants add to the funding that the region regularly receives to support its recycling program, which to date amounts to $246,445," Bassett said. "Quinte's proposals were selected by a panel of industry and municipal experts because they will provide new information that will be valuable for municipal recycling programs that depend on public space and depot recycling programs to achieve diversion targets."

Under the Waste Diversion Act, 2002 and the Blue Box Program Plan, brand owners and first importers who use packaging or printed papers that are handled through Ontario municipal residential waste management programs contribute to a fund equal to 50% of the net cost of municipal residential Blue Box recycling systems. Stewardship Ontario is the industry funding organization for the Blue Box Program Plan and is authorized under the Act to collect the funds from industry and distribute them to municipalities. The E&E Fund represents 10% of stewards' contributions.

The Effectiveness and Efficiency (E&E) Fund, launched on July 1, 2004 makes $3.3 million available in 2004 for approved projects and up to $9 million through 2005. To date, the E&E Fund has received more than 40 applications from Ontario municipal recycling programs.

Central Hastings OPP report

Arrests Made for Cottage Break Ins

Two people have been arrested and a third is being sought following an investigation into break ins to several cottages in the Lingham Lake area north of Tweed.

On January 28th, 2005 three residences were entered and some damage was done to the porches and interiors of the buildings. On February 5th, 2005 two of the same residences were entered again and a quantity of household appliances, pots and pans and motor oil was taken. An investigation was started that then lead to the arrests.

Charged with two counts each of break and enter, one count each of mischief and one count each of possession of burglary tools are Jonathan Kehoe, age 22, of Tweed and Scott Gould, age 22, of Stirling. They have both been released on their own recognizance and are scheduled to appear in Belleville court on March 31st, 2005. The investigation is continuing into the location of the third suspect.

Weather Causes Numerous Collisions

The wet weather and icy conditions that occurred throughout the day Monday were the cause of numerous traffic collisions.

The Central Hastings O.P.P. detachment responded to eight reported collisions between noon and 9:00 p.m. Every case involved a single vehicle that ran off the road and hit the ditch or a rock cut. The only collision involving injury occurred around 12:45 p.m. on Quin-mo-lac Rd. west of Tweed when a Chevrolet Blazer S.U.V. rolled over into the ditch. The driver received minor injuries to his hand and was not sent to hospital.

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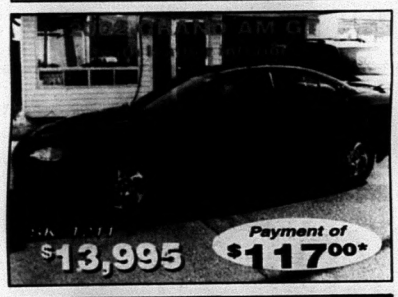

'04 & '05 models are former daily rental vehicles, '03 & '02 models are lease return. Bi-Weekly payments shown 26x7 years. For example $10,000 @ 7.1% at 60 months = $1,908.00 cost of Borrowing. Rates may vary from 5.9% to 29.9% O.A.C. depending on credit history. Prices do not include licence, taxes or admin. fees or registration fees. For details see dealer.

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Grant Moorecroft of Cooper grows what comes naturally on his land - hemp. He has turned 30 acres of what was once a dairy farm into hemp fields. The upcoming canteen to be built this summer at the Madoc SkatePark and Ball Diamond will be filled with the fibrous hemp product from the Moorcroft farm. In the photo: Grant with his daughter, Michelle beside bales of hemp. photo: L.J. Jackson. Story page 12.

They have been "Hamming it up" for 10 years

By L.J. Jackson

These guys are a lot of fun on a normal day. At community events, they are the ones behind the scenes who make it all flow. When a disaster strikes, although they are called amateurs, it is their professionalism and mastery that you will depend on.

They are the Tri County Amateur Radio Club serving Eastern Peterborough and Northern Northumberland, as well as Central Hastings. The Tri-County ARC was formed in 1995 to support Amateur Radio which includes the towns and villages of Campbellford, Havelock, Norwood, Apsley, Coe Hill, Gilmour, Marmora, Stirling, Madoc, & Tweed.

This year marks their 10th Anniversary.

When the ice storm hit, support from this group was there on the front lines, helping at the support shelters and providing equipment and generators. Peter Blakely with the club says, "It operated like a relay race with material and generators taken from one place to another, from Peterborough to Havelock, to Madoc, to Perth."

During a disaster, telephone systems may become overloaded or phone lines are down. Overloaded cell phones can cause the cell systems to fail. Commercial radios such as those used by municipal public works, fire departments or even the police may also be down or unusable. The internet could also run amok.

Communications normally relied on in normal times have proven time and again to be incapable of providing for the needs of emergency service workers. That's when Amatuer Radio Operators take action. "We can talk locally, regionally, provincially, nationally or even world wide when other systems are unavailable."

Besides the safety net for disasters, Amateur Radio Clubs provide communications at local events, such as Santa Claus Parade and Sled Dog Races.

continued page 18

Local Youth fundraise for World Youth Day with Pope John Paul I in Germany

By L.J. Jackson

Madoc - Youth from Madoc, Marmora, Trenton, V er and Toronto have banded together to make a t Germany this August come true. His Holiness Pope Paul II has called a meeting with the youth from all the world, to be held in Koln, Germany, in August More than one million youth are expected to atten youth gathering

The Pope is inviting young people of the world to to Germany and attend the 20th World Youth Day fro to 21 August 2005, according to their website. The mo this World Youth Day is taken from the Gospel acco to Matthew: "We have come to worship Him." After sp ing several Days of Encounter in dioceses all over Ger (11 to 15 August 2005), our international guests will g with their hosts for the central events in the Archdioc Cologne. The Pope will appear in person at this festi faith and encounter. With him will be an expected 80 young people aged between 16 and 30, 600 bishop 4,000 journalists from all over the world. The local or zation and implementation of World Youth Day is th

continued p

St. Patricks Stew Supper and Concert at Spring Bro United Church, and the history of St. Patrick

To celebrate St. Patrick's Day, Spring Brook United Cl are hosting an Irish stew supper on Wed. March 16 a followed by a concert at 7:00 PM that will feature the M Men's Chorus in their new tuxedos, the Spring Brook ers, and the Trinity United Church choristers all u the direction of Ron Moffatt and Norma Sedgwick lor. The two United Churches have been able to mu their music ministry by sharing together in cantata concerts for special occasions while meeting the Bel Presbytery mandate for the area United Churches to God together in a spirit of Christian co-operation, having fun. We certainly plan to have a fun time tog at Spring Brook and rumour has it that some of the cians ("yours truly") plan to dye their hair green so b to come and check us out. If the dye doesn't wash c Sunday we may feature a "green clergyperson"!

The colour green, is of course the Irish colour fea on St. Patrick's Day, which in Ireland is both a holy da a national holiday honouring St. Patrick the patron

continued p

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St. Patricks Stew Supper and Concert at Spring Brook United Church, and the history of St. Patrick

continued from page 1

of Ireland and the person who brought the Christian faith to the Irish. According to legend, Saint Patrick used a green shamrock to explain about God since the shamrock, which looks like clover, has three leaves on each stem. Saint Patrick told the people that the shamrock was like the idea of the Trinity – that in the one God there are three divine beings: the Father, the Son and the Holy Spirit.

Another tale about Patrick is that he drove the snakes from Ireland. Different versions of the story, tell of him standing upon a hill, using a wooden staff to drive the serpents into the sea, banishing them forever from Ireland.

Patrick's early years featured some hardships that drew him closer to God. In his teen age years, he was captured by Niall of the Nine Hostages who was to become a King of all Ireland. He was sold into slavery in Ireland and put to work as a shepherd. He worked in terrible conditions for six years drawing comfort in the Christian faith that so many of his people had abandoned under Roman rule.

Patrick had a dream that encouraged him to flee his captivity and to head South where a ship was to be waiting for him. He travelled over 200 miles from his Northern captivity to Wexford town where, sure enough, a ship was waiting to enable his escape. Upon arrival in England he was captured by brigands and returned to slavery. He escaped after two months and spent the next seven years travelling Europe seeking his destiny.

During this time he furthered his education and studied Christianity in the Lerin Monastery in France. He returned to England as a priest, but became convinced that God was calling him to return to Ireland to share the Christian faith in his homeland.

Patrick was made a Bishop by Pope Celestine in the year 432 and, together with a small band of followers, travelled to Ireland to commence the conversion. Patrick and his followers were free to spread their faith throughout Ireland and did so to great effect. He drove paganism (symbolised by the snake) and shared the Christian faith in Ireland until his death at the age of 76. His influence is still felt to this day as Nations the world over commemorate him on March 17th of every year.

So, do come and be part of the St. Patrick's Day festivities at Spring Brook United Church on Wed. March 16- see you there.

Spagetti supper Sunday March 27th

continued from page 1

sponsibility of Weltjugendtag gGmbH in Cologne.

Eighteen members of the group, who gathered last week at the Centre Hastings Secondary School, (CHSS), say they have lots of fundraisers planned to meet their goal of raising $1,800. per person.

The group says that support has been generous so far, with many donated items made into gift basket raffles and the new Yarn Shop at Madoc have recently committed their support.

World Youth Day is actually a pilgrimage of young people and a festival of encounter and solidarity. The invitation is directed at the young people from all over the world. The purpose of World Youth Day is to take up the main concern of Pope John Paul II – a renewal of evangelization that is also to reach young people. World Youth Day gives young people the opportunity to discover the "young and modern mystery of the church" (John Paul II) through the common experience of pilgrimage, prayer and worship.

Local youth are excited and energetically planning their trip. They have booked flights to include August 9 to August 22. Gudrun Wegner of the group commented, "It will be a wonderful experience and opportunity to meet youth from all over the world."

Different forms of encounter have developed over the history of World Youth Day, enabling a deeper experience of spirituality and community. Besides the large-scale celebrations of Mass, with up to 800,000 participants, there are many smaller, decentralized programmes. The variety of the world church is illustrated in the catecheses celebrated by bishops and young people from all over the world in their own national languages. The Youth Festival combines joy and encounter with music, theatre, dance and more.

World Youth Day is designed to benefit both hosts and guests. "The Church has much to say to young people, and they have much to say to the Church. This mutual dialogue must be open-hearted, clear and courageous. It fosters encounter and exchange between the generations and becomes a source of wealth and youth for the Church and society" (Pope John Paul II).

Supporting the group from the Sacred Heart of Mary Parish's endeavours, Marie Rosnuk disclosed the next fundraiser to be held at O'Neil Parish Hall, behind the Catholic Church at Madoc - a delicious Spaghetti Supper, complete full course meal - on Sunday March 27th from 5 p.m. - 7 p.m.

The local youth are counting down the days and hope you will support their efforts.

Youth from Madoc, Marmora, Trenton, Wooler and Toronto have banded together to make a trip to Germany this August come true. His Holiness Pope John Paul II has called a meeting with the youth from all over the world, to be held in Koln, Germany, in August 2005. The Youth Festival combines joy and encounter with music, theatre, dance and more. photo: L.J. Jackson

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Children
we have them because

LJ Jackson
l.jackson@essencegroup.com

Children - we have them because - well most of the time - it just seems to happen. They arrive the most beautiful things we ever saw with no instructions and they become the centre of our lives.

The youth involved at the Madoc SkatePark have taken an amazing role in their community, a path of discovery that has developed a confidence as they followed their dream of a skate park. The community have watched changes take place, not only in the landscape and building of a skate park, but the efforts of these young people. They have grown before our eyes, in ways, that are encouraging and amazing to many adults. These are Youth to be proud of. I watched a young teenager at the SkatePark doing loop de loops, my breath catching with the art and his dexterity. A younger boy was watching, obviously with a tinge of envy and attempted the same feat. It wasn't working for him, but he kept trying. Moments later, the teen walked over. He took the young boy under his wing and began showing the younger, step by step, with a patience that seemed unlikely for a teenager.

The scene warmed my heart. But that's what skate boarders do, someone said. They learn from each other and they help each other. It is the one place where the Youth do not have an adult instructing them. They are the experts. They are the teachers and if you happen to catch a glimpse, you know they have the agility and nimbleness.

With three schools in the Village, one a high school with youth from the communities of Stirling, Marmora, Madoc and Tweed, the SkatePark seems to be in the right place to offer a great spot for meeting friends and spending energy.

It is the working towards their dreams and goals at such a young age that has given them the opportunity to know themselves and realize their strengths and it is a joy to see. They remain dedicated and are having a lot of fun. Watching their dexterity and talents is as interesting to adults as it is to the youngsters. There is a sense of freedom at the skatepark, smiles, laughter and friendly air. It is like a cool refreshing breeze on a hot summer day.

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REMEMBER WHEN...

From the Tuesday May 16, 1995 Madoc Review Midweek section, we see 15 Madoc youngsters from Madoc Wesleyan & Free Methodist Church, and Madoc Pentecostal Church participate in the Youth for Christ Walkathon "Walk for Hunger" to collect 412 lbs. of food for the Helping Hands Food bank of Madoc. Walks were co-ordinated in Stirling, Belleville and Picton as well, with a total of 124 students participating.

Letters *to the editor*

Contradictions in health principles

I can't help but ponder why our omnipotent, 'precautionary-principled' protectors that feed from the Public Health trough of tax revenues aren't vehemently and publicly opposing the supporters of the principles of SmartGrowth and the implementation of such. Where's the media exposure of the painfully obvious contradictory visions of health utopia held by these social engineering geniuses?

I was under the impression that sibling SmartGrowth and Sustainable. Communities movements were, along with their parent Public Health branded activists, jointly networked with the Healthy Communities operatives - all sanctioned and supported under the UN's "global umbrella" World Health Organization.

As the WHO's busybodies promote public paranoia of a pending, global "pandemic" of communicable illness, through its network of "Public Health" mouthpieces, how can activists within the same global protection racket possibly promote the principles of SmartGrowth, simultaneously and with a straight face, on their way to the bank?

What really gives here? Is the SmartGrowth sector of this global network of social engineers primarily ensuring future, ongoing make-work-programs and raison d'etre for the Public Health sector and others of their socialist mindset?

Now that public fear and gullibility has foolishly opened the Pandora's Box supporting their unaccountable empowerment, there appears to be no means to restrict allowances for these tyrants to endanger human life, liberty and happiness, at taxpayer cost and enslavement.

I find little solace in knowing that our native flora and fauna, to be protected within spacious greenbelts in which they can flourish freely and unfettered by "unhealthy" human occupation or enterprise, may be spared the pending devastation resulting from the densification of increasingly urbanized human populations, should we ever realize this theoretical "pandemic".

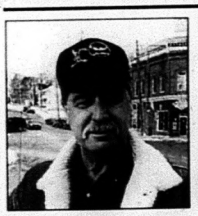
It sure seems like dominance over the earth and all in it, as formerly exercised by the traditionally-defined "superior" human species, has effectively been sacrificed to the deified Public Health species, doesn't it?

Kathy Hamilton - Marmora

p.s. The day the Heart & Stroke Foundation starts funding services for actual heart and stroke patients with the money they now waste on television infomercials in support of their SmartGrowth-supporting colleagues, is the day we rural-dwelling suckers and walking wallets could feel guilty if we don't donate to their volunteer canvassers?

On the Street *Question of the week*

Do you think that the SkatePark has already made a difference for our youth?



It's a great idea. It keeps the kids and skateboards out of the parking lots. But I was saddened at the recent events at the skatepark.

William Gordon

Definitely. I strongly support the concept of the SkatePark. It gives the kids a good place for having fun and meeting friends.

Jim Berry

It's great. I am impressed at how hard they have worked. It teaches them responsibility and if you work hard for something, then you can make it happen.

Kathie Armstrong

Absolutely.
The SkatePark gives youth a focus and something to work towards, as well as a sense of community.

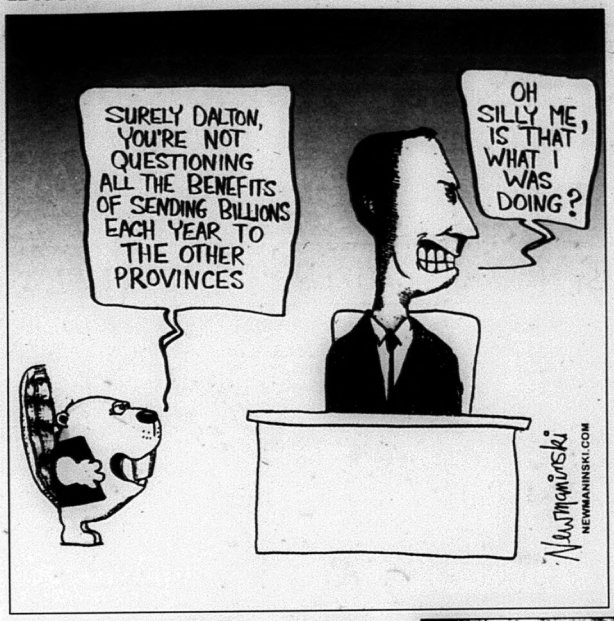
Cheryl Freeman

The kids here have done an exemplary job. Already they are using it even with the snow. If they bring the bylaw in so kids can't skateboard on the streets and enforce it, it will make it safer as well.

Mohamedali Mohamed

As a teacher here, I see that it has given them focuss and direction. It gives them something to look forward to and motivation. They believe in themselves... Madoc is awesome.

Kirsten Stephens



What's happening at Madoc

20th Annual Pancake Breakfast - all you can eat

Huntingdon Fire Department

March 20th - 7 a.m. - 1 p.m.

at the Ivanhoe Hall, (downtown Ivanhoe)

serving pancakes, bacon, sausage, eggs, hashbrowns, toast, coffee, tea, orange juice and all the fixin's.

All proceeds go towards the purchase of new fire and rescue equipment.

Get quacking with 1,500 lucky duckies

Last years Rubber Duck Derby was a timeless event that brought memorable moments to Kiwanis members as well as hopeful Rubber Ducky ticket holders.

From the moment the ducks were dropped from the bridge, cheers for the yellow ducks were heard throughout the Village.

This year, the Madoc Kiwanis will be dropping 1,500 ducks into the water and the 2nd Annual Madoc Duck Derby will begin on April 30th.

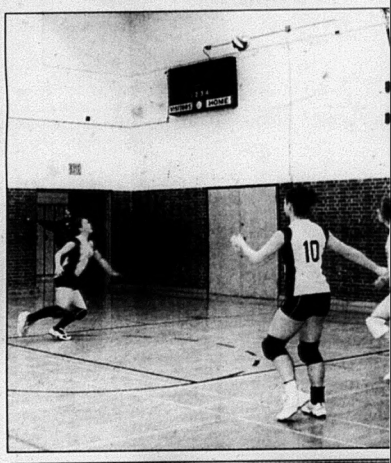
A five dollar ticket gives purchasers a chance to win one of four prizes. First prize - $1,000. Second - $500. Third - $300. and an early bird draw for $300.

Tickets are available at many downtown businesses at Madoc.

Kiwanis members suggest you, "Get quaking" as only 1,500 will be available.

Last year's 1st Annual Madoc Rubber Duck Derby was a success as a fundraiser and fun. This year's race will held in April. There are limited tickets available at Madoc businesses. photo: L.J. Jackson

Volleyball at CHSS



Junior and Senior Girls are bouncing into their tournaments and d ing a great job. Next Tuesday, the Senior Girls will be heading to Theresa's at Belleville. On Wednesday, the Junior Girls will be ch lenging Marc -Garneau in Trenton. Keep up the good game girls a good luck. Photos by L.J. Jackson.

A flash of the tail warning did not include radar or did it?

***Madoc** - Along Highway #7, vehicles stopped to watch two young deer close to the road. After most of the vehicles had left, the deer traded sides leaping raising their signal of alarm with a flash of white fur. As some motorists, they were unaware of the radar set up just a little further east... or perhaps some motorists did not pay attention to their tails of warning. photo: L.J. Jackson*

Your Healthy Mind

Coping With Fear

Fear is natural and necessary for survival - as long as it's in proportion. And the more stress we are under, the easier it is to become fearful without cause. Fear works itself into your whole body as well as into your anxious mind.

In a dangerous situation, changes in the body increase energy, stamina and strength; our reaction time speeds up. This is good! But when we become fearful in what is, in fact, a safe situation, it is not good. Imagination triggers the same reactions that occur when the threat is real. The adrenalin rush and bodily changes put an enormous strain on our bodily resources - all for nothing and with unhealthy results.

Knowledge and action are the best antidotes to fear. Learn everything you can about what frightens you. This helps you get it into proportion and tackle it realistically. Accurate information gives you power over the problem. Instead of agonizing over a possibility, talk about your fears with a doctor, social worker, lawyer or other health care professional. (Fear is not a sign of personal weakness; nothing to be embarrassed about.)

You can also bolster up your courage by getting exercise and joining in social activities. Above all, refuse to hurt yourself with destructive behaviours such as substance abuse and overeating. Share your concerns and you'll likely find support and relief.

The Canadian Mental Health Association offers free advice and practical help: Call 613-969-8874

How to recognize replacement windows

By Joyce Dwyer

(NC)—When you plan to replace one of more of your home's windows, doing your own research can become confusing. There's so much technical information to absorb.

David Mitten, executive director of the Siding and Window Dealers Association of Canada (SAWDAC), confirms there have been many technological advancements in today's replacement windows.

A certain type of homeowner likes to do some fact finding. Other consumers would prefer not to get into the technical terminology. That's where Window Wise, a national quality assurance program administered by SAWDAC, comes in. By hiring a Window Wise certified contractor, a homeowner can be confident of getting a good quality, energy efficient window and top-notch installation – without becoming an expert.

Here are some features of energy efficient windows for the curious:

High Energy Rating – The smaller the minus number, the better the energy efficiency. Most average windows have an Energy Rating (ER) of -40. Windows approved for Window Wise installation have an ER of -10 or better for windows that open, and 0 for fixed ones, making them vastly superior to others on the market.

Low-E (Low-Emissivity) Coating – Low-E coating is a microscopically thin, metallic film on the window's glass that reflects radiant hear back to its source. Windows with Low-E glazing keep warm air in the house during the winter months and cool air inside in the summer, reducing both heating and air-conditioning costs.

Argon Gas – Typically used in tandem with Low-E coating, Argon is an inert, non-flammable, non-toxic gas that constitutes about one per cent of the air we breathe. When the space between the two panes of glass in a double-glazed window is filled with heavier Argon gas instead of air, it acts as a thermal blanket that stops the heat from escaping. An added benefit: because it filters out ultraviolet rays, Argon gas can prevent your draperies from fading.

R-value – The R-value measures the resistance of thermal transfer, or heat flow, through the window. The higher the R-value, the better. A typical R-value for the centre of a double-glazed window is R2. When Low-E and Argon gas are added, the R-value doubles to about 4, reducing the rate of heat loss by about 50 per cent.

"It really boils down to just two things that the consumer should be looking for: a good quality, tight-fitting window and a good A (air filtration) rating of two or three," says Mitten.

Health tips for travelling on March Break

(NC)—There is nothing like a white-sand beach, hot tropical sunshine, and a southern destination filled with fun and adventure to help you forget the wintry blasts of the Great White North. Your well-deserved March Break is almost here – and of course, you plan to be out of here!

Before you go, log-on to the most reliable source for Youth information at youth.gc.ca, a website commissioned by the federal government. When travelling for example, you are reminded to do a few necessary things to stay healthy before, during, and after your trip. Just as you wouldn't leave Canada without a valid passport, adequate funds, and a money belt, you should never take off without the proper measures regarding your health.

Have you arranged for travel health insurance for example, to pay for costs not covered by your provincial health care plan? The fee is usually small, but it could save you thousands. Are your vaccinations up to date? Will you need any new inoculations to prevent disease in your chosen locale?

The Canada Health Portal at healthportal.gc.ca provides invaluable information for international travellers and by clicking on the Travel section at youth.gc.ca, the same information is also accessed. Here is a sampling of most common illnesses confronted by travellers:

• Diarrhea: Caused by a variety of conditions from poor local sanitation to overindulgence in tropical foods and beverages, this problem usually clears up on its own, but see a doctor if it persists. Get information before you go about prevention and relief.

• Malaria: This is a common disease in many tropical countries, and one that requires special precautions. Talk to your doctor or visit a travel clinic for advice.

• Heat related illnesses: Drink lots of water and natural juices even if you don't feel thirsty. Avoid alcoholic beverages, coffee and cola. If you must go outside in blazing heat, stay in the shade and wear a hat.

• High altitude sickness: Don't forget sunscreen and sunglasses in the sunshine, especially if you are in a mountainous region.

• Sexually transmitted infections (STIs): People tend to shed their normal social and sexual inhibitions when they travel. Remember your behaviour can determine your risk of exposure to HIV/AIDS and other STIs. Be informed and make sure you take the necessary precautions.

• Drugs and travel: Using drugs and dirty needles are not only a risk to health (including AIDS and hepatitis B), but practices such as buying, selling and transporting drugs, even prescription drugs, may also land you in serious trouble with local police authorities. Make sure you get the appropriate information before you leave home.

Simple adjustments in diet and lifestyle

Simple adjustments in diet and lifestyle may be all you need to keep your digestive system in peak condition. Here are some golden rules for good digestion:

Drink water – Water is vital to the digestion and absorption of food. Drink at least 1.5 litres each day or 6 - 8 big glasses. Drink more if you exercise.

Supplement your diet with a yogurt containing probiotic cultures – It's important to maintain a good balance of probiotic bacteria in your digestive system in order for it to function properly. One serving of a yogurt like Activia from Danone each day delivers more than one billion active probiotic BL bacteria which are scientifically proven to prevent and relieve digestive problems such as bloating and constipation.

Say goodnight! – Your digestive system needs R & R - just like the rest of you! A regular regimen of 6 to 8 hours per night will do the trick. To give your digestion proper rest, don't eat a full meal just before bedtime.

Maintain meal times – Do you skip breakfast, grab a bite at lunch, then "make up for it" by bingeing at supper? A "feast or famine" approach to eating puts a strain on your system. Eat regular meals at regular intervals.

Keep moving – Physical exercise accelerates digestion. Thirty minutes of brisk activity a day will help keep your system in tune.

Stress less – Stress can interfere with digestion. Avoid sitting down to a meal when you are anxious or upset. Take 5 minutes to relax before you eat… and remember to enjoy your food.

For more great tips visit www.activia.ca

SENIORS
Do You Need Help With Your Taxes?
Community Care for Central Hastings volunteers are available to complete annual income tax returns for seniors on a basic pension. Contact **Community Care** at **473-9009** or **1-800-554-1564** for more information.

World Day of Prayer March 4

Christians around the world will be focusing on Poland during the annual world Day of Prayer service.

This year's World Day of Prayer service, written by the women of Poland, reflects on the theme "Let Our Light Shine". The women of Poland greet all those participating in this service by saying "Szczesc Boze", which means May God Bless You!

Poland, with a population of 83 million, tries to balance the influences of the West and the East. Since 1989, when Poland overthrew the communist regime and became a democracy, the country has been transformed from one that is centrally run to a free-market economy. Most economic advantages benefit the cities, while many people who live and work on small farms in rural areas remain poor. Women are especially affected by the high unemployment rate and are increasingly at risk from traffickers.

Participants attending the World Day of Prayer will not only be learning more about this country and its unique culture and heritage, but will also be joining Christians in more than 170 countries around the world and 2,000 communities across Canada, who will gather together to pray and take action in solidarity with the people of Poland.

The World Day of Prayer has its roots in an ecumenical day of prayer organized by women in Canada and the United States since 1920. This event became the International World Day of Prayer in 1922, and Christians around the world began celebrating this event on the first Friday in March.

In Canada, the world Day of Prayer is coordinated by the women's Inter-Church Council of Canada. In this community, the coordinating group has representation from St. Andrew's United Church, the Free Methodist Church, St. Paul's Anglican Church, Sacred Heart Roman Catholic Church and the Pentecostal Church.

To learn more about the women's Inter-Church Council of Canada, you can visit the website at www.wicc.org or send a letter to 47 Queen's Park Crescent East, Toronto, ON M5S 2C3.

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Ministers of Music: Ron Moffatt, Norma Sedgwick-Taylor

Provincial action plan fights domestic violence

Cobourg - As part of its first steps in a long-term action plan to fight domestic violence, the provincial government is investing $12,831 in Northumberland Services for Women. The money will be utilized for a transitional and housing support program that helps women and their children fleeing domestic violence.

"We are reaching out to better serve more women who are victims of domestic violence," said Northumberland MPP Lou Rinaldi. "We are helping women connect with a network of community supports so they can find and maintain the housing they need to build a stable life for themselves and their children."

Under the Transitional and Housing Support Program, the government is investing an additional $3.5 million annually to help more than 70 women's shelters, second stage houses and community agencies that provide refuge and counselling for abused women and their children. This brings the government's total annual investment in these critical support services to $9.1 million.

The additional funding builds on the success of existing outreach services but is more flexible and accessible. The additional funding goes beyond serving women in shelters, providing supports to women with a diversity of needs - including those living in their own homes.

> *"Violence against women is unacceptable," said MPP Rinaldi. "When we help women and their children find lives free of violence, the whole community benefits."*

The new funding enhances existing supports that help women live their lives free from domestic violence by helping to find safe, secure housing, and by providing counselling and advocacy services, job training and income supports.

The government's long-term action plan to fight domestic violence, introduced by Premier McGuinty in April, also sets aside an additional $4.9 million for a four-year public education and awareness campaign.

It is designed to help communities break the cycle of violence and improve training for police officers, Crown attorneys and others working in the criminal justice system.

"Violence against women is unacceptable," said MPP Rinaldi. "When we help women and their children find lives free of violence, the whole community benefits."

March is Juvenile Arthritis M

In Ontario, the month of March is devoted to children who live with juvenile arthritis (JA). Juvenile Arthritis Awareness Month recognizes that the pain of these children is real and to dispel the stereotype that arthritis is a disease of the elderly. JA is one of the most common chronic childhood diseases and affects more than one in every thousand Canadian children under the age of 16.

The nearest event to our readers is Ottawa where a FREEDOM from Pain campaign includes vendors in the Ottawa region selling Bluebirds in support of JA, including at Canadian Tire Cataraqui in Kingston.

For more information, contact Christina Scicluna at 416.979.7228 ext. 375.

As well, there is an Joints in Motion (JIM) marathon training team. Since its inception in 2000, the JIM program has raised over $14.5 million towards finding a cure for arthritis.

Over 1700 participants have devoted their time and hard work to the JIM program. JIM team members may complete a full 26.2 mile marathon, 5K, 10K or 12 marathon depending on marathon options.

Team members train and fundraise in honour of their 'Arthritis Hero;, someone with arthritis. Some participants of the JIM program train to walk instead of run.

This year's program has expanded to include a hike through one of seven natural wonders of the world - the Grand Canyon. Closer to home, a walk will take place in Quebec City.

Money raised helps The Arthritis Society fund research and training programs in each of Canada's 16 medical schools.

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Home safety tips

(NC)—By paying attention to the safety of your own home, you are also paying attention to the safety of your entire community. SafeCanada.ca, an invaluable on-line resource commissioned by the federal government, helps you learn how. As spring clean up begins, why not include a few simple measures to reaffirm that your home and neighborhood are both safe and secure? SafeCanada.ca offers a handy checklist compiled from a number of links available on the site:

- Install deadbolts on all doors. Place a sturdy piece of wood or metal along the bottom track of sliding doors.
- Install a peephole on your door and always look before opening it. A set of sheer window curtains will help prevent people outside looking in.
- Verify the identity of repairmen by phoning their home office. Use the telephone number listed in the phone book, not on their identification.
- Remove the outdoor spare key, especially if it is under the doormat or under a flowerpot. Thieves know all the good hiding places. Give your spare key to a reliable neighbour instead.
- Plant thorny bushes under all windows that are accessible relatively easy from the ground. This will deter thieves from choosing this as an entrance point.
- Invest in motion sensor lights and a good security system.
- Secure your garage door. Do not leave it open when you are away; an empty garage broadcasts your absence.
- Check your Fire Alarm and replace batteries. This should be done every 6 months.
- Check and/or install a Carbon Monoxide (CO) detector.
- Join Block Parents, Neighbourhood Watch or other programs that promote and reinforce safety in your community. This also provides you with a great opportunity to get to know your neighbours.

Information about family and home safety can be accessed directly from the SafeCanada.ca's home page. From there, take a look at all of the additional home safety tips on dozens of topics such as choosing pesticides wisely, controlling mould and moisture, emergency preparedness, disaster response, pest control, safe swimming pools, fire escape planning, cooking on the barbecue, and so much more.

Home safety and security information, plus other topics of interest, can also be found on the primary Government of Canada website at Canada.gc.ca.

- News Canada

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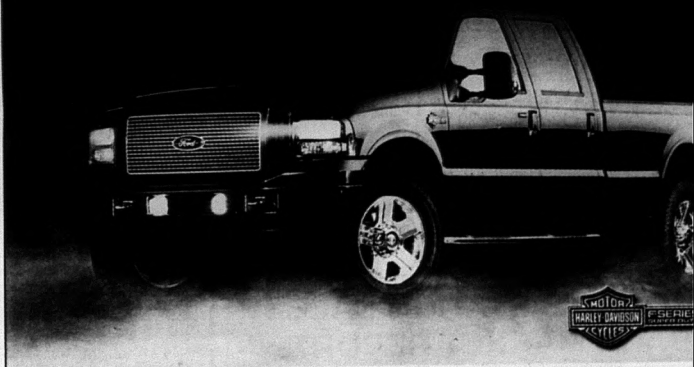

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Down On The Farm

Ecological farming courses to be held

Campbellford---The Ecological Farmers Association of Ontario (EFAO) plans to hold introductory and advanced courses on ecological agriculture in Berwick and Campbellford. The courses include lots of time for discussion and are facilitated by experienced organic farmers.

The Introduction to Ecological Agriculture course provides an introduction to the principles of ecological (also called organic) farming and is designed to help participants consider how they may make their farm practices more ecological.

Farm practices discussed will include crop rotation, weed management, livestock health, composting and soil management. The course is designed for both farmers and market gardeners interested in using ecological techniques. Experienced organic farmers and those just thinking about it will find the course useful.

$100 per person

The introductory course is a two-day session and the cost is $100 per person or $150 per couple. One course was held at the South Nation Conservation Authority in Berwick Feb. 18-19 but a second Introduction to Ecological Agriculture course is planned for the Old School House north of Campbellford March 5-6.

A new Crop Rotation workshop provides an in-depth discussion of crop rotation on ecological and organic farms.

The course will interest anyone looking to develop a more complex croop rotation in their field crops. Topics like crop choices, fertility needs, weed management, time management and cover crops will be discussed.

A crop rotation workshop will be held at the South Nation Conservation Authority office March 12th from 10 a.m. to 3 p.m. The cost is $25 per person. Those attending should bring their own lunch. The workshop will be facilitated by Rob Wallbridge and will look at field crop rotations on farms with and without livestock.

To register

To register for the introduction course or the crop rotation workshop contact Annette Verhagen at (519) 335-6566 or E-mail: efao@wightman.ca

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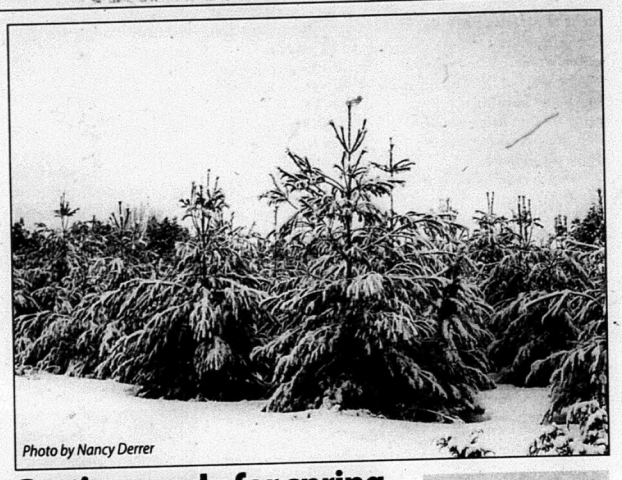

Photo by Nancy Derrer

Getting ready for spring

(NC)—As the last of the snow melts, you catch a long-awaited glimpse of your garden, and it's not pretty. Spring is the time to prepare your garden for the growing season, but many people don't know where to begin.

"Spring is a great time to get a head start on your gardening and property maintenance," said John Cooke, business leader, AmeriSpec of Canada. "Just because it's early in the season, doesn't mean you can't get things ready for the warmer weather."

AmeriSpec of Canada recommends the following activities to prepare your property for spring and summer:

• Prune your trees and shrubs.

• Head to the shed and do a "tool inventory" to make sure you have all the items you'll need in the months ahead. Inspect the tools you already have. For example, test your hoses for leaks.

• Spring is a good time to paint fences and the exterior of your home, especially wood surfaces. This way, they will be protected from summer heat and sun. Wood decks should also be sealed once a year.

• Since roofing shingles are brittle in winter, they may break if you handle or walk on them. This makes spring a good time to do an inspection. Look for loose or curling shingles.

• Now that the heating season is over, have a chimney sweep clean any fireplaces and flues.

• Inspect door and window screens for tears. You can often repair small tears using a kit from your local hardware store.

By following these recommendations, your property will be ready for spring planting and summer barbeques and all those maintenance problems will be solved for another year.

For more information about home maintenance, please visit www.asktheinspector.ca.

- News Canada

Farm show

The 25th annual East Central Farm Show is being held this year at the Peterborough Exhibition grounds on march 2 and 3, 2005. approximately one hundred and ten exhibitors are expected to be on hand to discuss the latest in agricultural products with the farming community. The farm show is sponsored by the East Central Soil and Crop Association which covers Peterborough County, Haliburton, the Regions of Durham and York and the city of "Kawartha Lakes.

With the Farm Show being located in the city of Peterborough, it is the only Show of its kind between Toronto and Ottawa.

Agribusinesses from across Central Ontario will have the opportunity to show the latest in farm machinery, technology and inform the farming community of their goods and services. Representatives from farm equipment, feed, crop input, insurance, and financial service companies will showcase their wares.

The Show will open at 11:00 a.m. on Wednesday, March 2 and runs through to 9:30 p.m. that evening. On Thursday, March 3 the Show will be open from 10:00 a.m. until 4 p.m. General admission is only $2.00. Plan to attend the East Central Farm Show on March 3 and 4.

For further information contact: Getha Sherry, Secretary Treasurer - Phone 705-745-9748. fax 705-745-3749

HOARD'S STATION SALE BARN MARKET REPORT

February 22, 2005

		PRICE RANGE	SALES TO
Lambs All Weights		.92 - 1.54	1.62
Calves	100-150 lbs.	.70 - 2.97	3.15
	150-400 lbs.	.64 - 1.27	130.50
Stocker	400-600 lbs.	.75 - 137.50	1.38
Steers	600-800 lbs.	.72 - 1.25	1.27
	800-1000 lbs.	.64 - 1.00	107.50
Stocker	400-600 lbs.	.78 - 1.10	1.22
Heifers	600-800 lbs.	.70 - 1.03	1.12
Cows		.10 - .32-1/2	.40
Bulls		.27 - .35	.39
Springer Cows		$250 - $525	$550
Fresh Cows		$280 - $400	$450
Pigs	25-35 lbs.		
	35-45 lbs.		
	Shoats	.47	
	Sows	.41 - .50	
	Boars		

TOP STOCKER STEER	400-600 lbs.	5 av. 535 lbs. @ 137.50 • Keith Wallace, Campbellford
	600-800 lbs.	620 lbs. @ 1.27 • Albert Milligan, Napanee
TOP STOCKER HEIFER		505 lbs. @ 1.22 • Albert Milligan, Napanee
TOP CALF	100-150 lbs.	100 lbs. @ 3.15 • Bob Segwick, Norwood
	150-400 lbs.	395 lbs. @ 130.50 • James Ervine, Thomasburg
TOP COW		1285 lbs. @ .40 • Leo Healey, Tweed
TOP SPRINGER		$550. • Kevin Haig, Campbellford
TOP FRESH COW		$450. • Walter Miller, Hillier
TOP PIGS		7 av. 62 lbs. @ $47.00 • Bill Robinson, Campbellford

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Spring Equine Vaccines

Since we all had a little taste of spring earlier in February, our minds turn to thoughts of warm weather, and plans for getting out to enjoy it with our horses.
It is important to have your horses protected from disease as they head out into a new season. Vaccines are one of the most important ways that you can prepare for rides with your friends and action packed show seasons. It is also ideal to vaccinate your pregnant mares 3-4 weeks before they foal.
Horses should receive their boosters two to three weeks prior to their first outing in order to have their immunity at its strongest when they need it most. The immune system of a healthy horse takes 10 to 14 days to respond to a vaccine. This activation results in the production of antibodies that need to be present at the time of exposure to be protective.
All horses should be vaccinated annually against Rabies, Tetanus, Eastern, Western and West Nile Encephalitis. Horses that are involved in heavy work also benefit from protection against Strangles, Rhinopneumonitis, and Influenza.
One of our veterinarians will perform a thorough physical examination at the time of the annual vaccines. This is just as important as the vaccines themselves, and it is the best time to ask us about any other health or performance questions you may have.
For any questions, or to book spring physical exams and vaccinations, please call Campbellford Veterinary Services.

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The Gruffalo speaks: *Storyteller extraordinaire, Julia Barber, gave a spirited reading of the Gruffalo tale for grade one students from St. Paul's School and residents at Mapleview Retirement Centre in Norwood. The story by Julia Donaldson and Alex Scheffler won the Smarties Gold Award and was a special creation for World Book Day. The story had a special place in the heart of Mapleview resident Kari Oedius who long ago worked for Alex Scheffler's father Hans in Germany and was delighted by the St. Paul's students and the famous "Reading Lady." Photo/Bill Freeman*

Symphony gala swings into spring

Peterborough - The Peterborough Symphony Orchestra is throwing a party.

On Mar. 5 the PSO will host its "Swing into Spring" gala at the Trentwinds International Centre with a program primed to chase away the winter blahs.

If you're looking for some sparkle and excitement in a carnival setting this gala is the right "destination of distraction."

There will be fine wine and food pairings hosted by Shari Darling of "The Sophisticated Wino" and executive chef David Franklin and Fleming College food program students.

The MC for the gala will be Len Lifchus, who take guests through an evening of draws, door prizes, a silent auction and musical entertainment by two PSO musical ensembles.

> If you're looking for some sparkle and excitement in a carnival setting this gala is the right "destination of distraction."

You can also dance the night away to "Felix and the Swing Cats."

Adding to the carnival atmosphere will be Nocturnalia, palm and tarot readings; photo stagings by Lynn Cassels-Caldwell and caricature artist Barney Warnoff.

The semi-formal, after dinner party begins at 7 pm and runs until 12:30 am. Tickets are $55 each or $400 for a table of eight.

Erica Cherney is the honorary gala patron who has received generous sponsorship from Coolio Wines.

The Crucifixion a special tribute to the Easter season

DuBois, Relyea lead chorale masterpiece

Campbellford - Imagine expressively beautiful voices rising to heaven from a cozy village church. Next, imagine the same voices in an historic Northumberland County church. And finally, imagine them filling a majestic metropolitan church with glorious music.

This spring the Westben Arts Festival Theatre (www.westben.on.ca) offers all three experiences with The Crucifixion by John Stainer in Warkworth, Campbellford and Toronto.

Mark DuBois, tenor and Gary Relyea, bass-baritone, join forces with the Westben Festival Chorus and the Humbercrest United Church (Toronto) Choir to perform this exquisite choral masterpiece based on the arrest and crucifixion of Christ.

Also featured is Melvin James Hurst, organ, with Brian Finley directing.

"It's an amazing combination of voices, music and settings," says Brian Finley who is also Artistic Director of Westben Arts Festival Theatre. "The experience is gloriously uplifting, enriching...exciting!"

"Uncommon Beauty"

Patricia Wardrop, in the Canadian Encyclopedia of Music, calls Mark DuBois a "versatile, light lyric tenor voice, praised for its sweetness and tonal purity." Gary Relyea has been praised internationally as "...a baritone of uncommon beauty, a name to note..."(Andrew Porter, New Yorker Magazine). Melvin James Hurst is Humbercrest's esteemed organist and choirmaster.

Gary Relyea

Marc DuBois

It all starts at St. Paul's United Church in Warkworth at 8 pm, Friday, March 4. Next is St. Andrew's Presbyterian Church in Campbellf 3 pm on March 5.

Finally, the produ travels to Toronto to p this masterpiece amid gorgeous acoustics of bercrest United Churc pm, March 6.

Sponsored by Fram Partners, the Winds Group, Caper's Casua ing, Cornerstone Com Stone House Gardens, lock Pharmacy and E Mix, the spring present mark the beginning of ben's 2005 season.

Located in the r Northumberland Hills Campbellford, Westben ents Concerts at The throughout the summe eral educational oppo ties and Christmas p mances in November.

Concert and Ticket inform tion:

March 4 at 8:00 pm, worth (St. Paul's U Church)

March 5 at 3:00 pm, bellford (St. Andrews byterian Church)

Advance tickets ava $12 to $25. March 6 at Toronto (Humbercrest Church). Tickets avail the door only.

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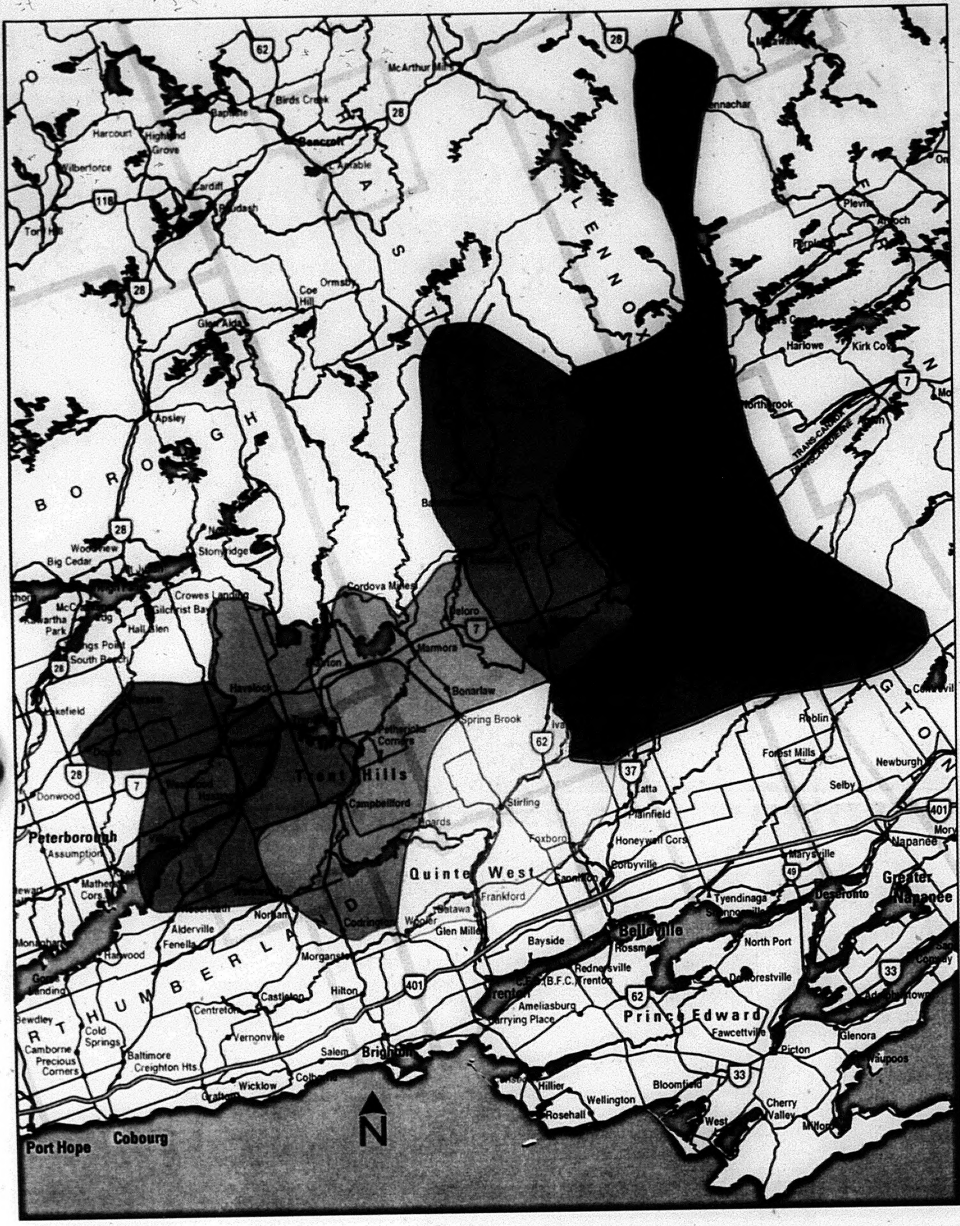

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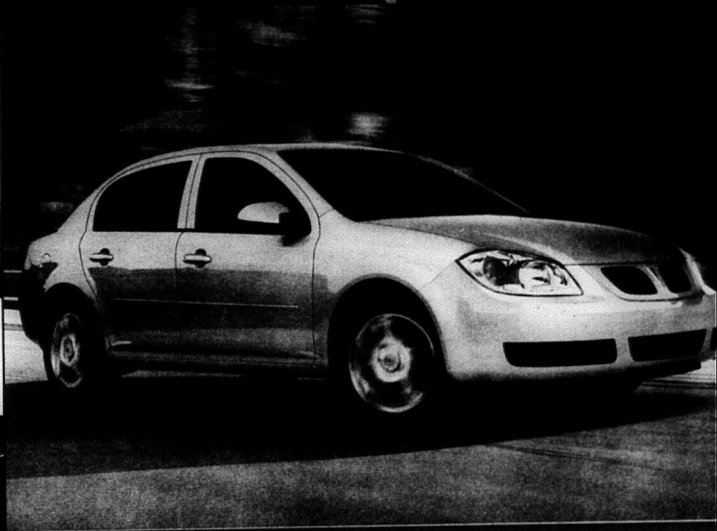

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Hemp - the natural way to farm and build

By L.J. Jackson

The qualities of hemp fibre are well known. It was the first choice for rope before the advent of man-made fibres and according to hemp growers and builders, this notorious plant is also great insulation for building homes.

"Mice do not like the smell of hemp so they don't bother it.. That is probably why hemp bedding isn't sold at pet stores for rodents." Deirdre McGahern, builder for the upcoming canteen at Madoc SkatePark and Ball Field, quotes a local hemp grower.

The builder, who worked with Chris Magwood, (builder of strawbale homes), of the Madoc area, has an intimacy for both building and working with natural products. She likes the fact that building and designing the hemp canteen will be an environmentally friendly way, and will add to the uniqueness of the park. Her excitement is further spiced with the community project that has become famed. "I enjoy working on community projects and this will be an exciting project."

The builder has a flair for building that started during her childhood as she built tree forts. It makes sense, both environmentally as well as financially to build with a natural material, says McGahern. Hemp insulation began in the early 1800's she adds, "It originated in Nebraska in the 1800's. There were not a lot of trees there and the people chose to save the trees that were there...."

"It looks rounded in nature. Corners are not sharp... There will be a truth window in the washrooms at the canteen- a pane of glass over the hemp," McGahern explains that it is characteristic of straw and hemp bale buildings to provide a truth window, which shows the difference to the conventional. The softer, more rounded natural look, the builder feels will complement the park's settings.

An unexpected benefit of the hemp material is its acoustic behaviour. It is slightly quieter than conventional homes and builders emphasize, it has a calming affect. Another benefit is that because the material is more breathable than modern plaster, hemp homes also suffer less condensation.

But the plant's role in the illegal drugs trade suppressed its legitimate use for most of the 20th century, even though commercially grown hemp contains only negligible amounts of the psychoactive drug THC. Canada started to license research crops in 1994 on an experimental basis. In addition to crops for fibre, one seed crop was experimentally licensed in 1995. Many acres were planted in 1997. Licenses for commercial agriculture saw thousands of acres planted in 1998. 30,000 acres planted in 1999. In 2000, due to speculative investing,12,250 acres were sown. In 2001 ninety-two farmers grew 3,250 acres. A number of Canadian farmers are now growing organically certified hemp crops.

Hemp is among the oldest industries on the planet, going back more than 10,000 years to the beginnings of pottery. The Columbia History of the World states that the oldest relic of human industry is a bit of hemp fabric dating back to approximately 8,000 BC.

Grant Moorcroft, 4th generation farmer at his farm north of Madoc at Cooper, used to be a dairy farmer. Like most farmers, all attempts to destroy the wild weed were in vain. He says what hemp has probably been trying to tell local farmers for years. "It likes the sandy loam soil here and is easy to grow." But, last year's rainy summer was not as agreeable to the plant that enjoys dryer weather, he explained.

Moorecroft began thinking of growing hemp seriously after meeting with Chris Magwood, the local strawbale builder. He threw in a couple of bales at a home show Magwood was attending at Toronto. There was good response and his first bales were set inside the walls of a hempola north of Barrie. Since that time, he has supplied the hemp insulation for many homes as well as a horse barn north of Uxbridge.

"Hemp bales fit in better as insulation," says Moorecroft, "They average about 28 lbs a bale and are really sturdy. The walls are thick and strong."

Moorecroft began planting hemp on his farm six years ago with a half acre. His hemp plantation has grown to 30 acres and the farmer continues to educate himself on the hemp plant. One of hemps greatest assets is its durability and it's natural ability to overgrow other plants and weeds. "You don't have to spray the stuff. It is weedless and thick taking out any competition. I do use a fertilizer in the beginning to give it a start, then it just takes off."

Hemp, says Moorecroft is a tough fibre and sturdy. He began with round bales in the first year, but didn't let others change his mind into trying to square bale it. With a pinch of stubbornness and a lot of patience, Moorecroft was able to do, what everyone had been telling him, couldn't be done. He smiles, "I square baled it... It took a lot of patience with that sturdy fibre."

Although, many hemp growers complain that they can't seem to get uniformity in their crops, Moorecroft smiles a slow easy smile. He has his secrets. "My plants are uniform in size. They are all the same height."

"It looks like a dust storm when they pollinate themselves." Moorcroft keeps well documented records and photographs as his hemp farm grows larger each year. Hemp has no predators. Mice, rabbits and rodents do not like the smell, says Moorecroft, so the farmer does not have to worry about pests, stealing his crop.

We placed signs up stating that Hemp was planted to help keep trespassers out. The field that we planted right beside our house sure stopped traffic." Of course, he has heard all the jokes, since planting his crop that looks very much like its illegal cousin and has had a few people stop alongside the road. It has been an interesting six years, Moorecroft admits and it seems the more he learns, the more interested the farmer becomes. "Each year we seem to have more of a market for this commodity. We have sold hundreds of bales for the construction of straw/hemp houses. We offer different sizes of bales - the regular size as well as smaller half-size bales for corner construction."

Moorcroft's website offers these tidbits of hemp information:

Mice do not like the smell of hemp so they don't bother it. That is probably why hemp bedding isn't sold at pet stores for rodents.

A bale of hemp is as light as oat or wheat straw, but hemp is stiffer and more durable.

Hemp bales keep their shape better and also take more abuse. Hemp is more resistant to moisture.

The difference between normal straw and hemp is the texture. Hemp has fibers that flare or stick out of the bales making it easier for plaster construction. The plaster sticks on better than ordinary straw bales.

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Ganaraska Centre hosts 8th annual Owl Prowl

Ganaraska Forest - The Ganaraska Region Conservation Authority (GRCA) is hosting the 8th Annual Owl Prowl program in the Ganaraska Forest on two evenings in March and April.

The first Owl Prowl will be held on Saturday, March 5th from 7-9 p.m. A second Owl Prowl is scheduled for Saturday, April 23rd from 7-9 p.m. Participants are taken on a guided hike in the forest to hear and possibly see these nocturnal creatures in their natural habitat.

Following an introductory presentation on local owls found at the Ganaraska Forest Centre, Owl Prowl participants will venture out into the forest for a guided walk.

"We hope to hear and see owls and perhaps other night creatures," said Ryan Goodall, GRCA Outdoor Education Instructor. "Owl Prowlers will then head back to the centre for some hot chocolate, dissect owl pellets and peruse the many displays on local owls found in the area," continued Goodall.

Participants are encouraged to dress warmly. Participants must pre-register as space is limited and no walk-ins will be accepted. Please contact the Ganaraska Forest Centre at 905-797-2721 or gfc@eagle.ca. Admission is $12 for families, $6 for adults and $4 for students and seniors. Members of the Ganaraska Forest receive a $2 discount on family rates and $1 per person on all other rates.

The Ganaraska Forest Centre is approximately a 20-minute drive from both Port Hope and Orono. If you're traveling from the west, exit Highway 115 and travel east about 10 km on Durham Road 9. Turn left on Cold Springs Camp Road and proceed 4 km to the Forest Centre.

From the east, travel west off County Road 28 onto County Road 9 and proceed about 2 km west of Elizabethville. Turn right at Cold Springs Camp Road and proceed 4 km to the Forest Centre.

For more information on the 8th Annual Owl Prowl Program and other public programs, call the Ganaraska Forest Centre at 905-797-2721.

Thank You

Marmora Snofest Committee extends appreciation to volunteers, sponsors, donators & all who helped make a successful weekend.

To be part of an expanding, interesting committee, please call Richard Lowery at 613-472-6023 and discuss it.

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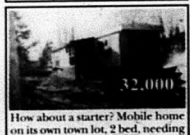
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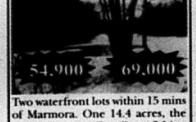
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Scottish-born artist opens library exhibit

Campbellford---Spirit of the Hills will be welcoming its latest artist in the spotlight at a mixed media show exhibit at the Campbellford Seymour Library from March 3 to April 27. The public is invited to attend the Opening Reception of Linda Deleau on Tuesday, March 8 at 4:30 p.m

Linda is a native of Scotland where she studied Fine Art at Duncan of Jordanstone College of Art and Design, Dundee, earning a BA in Drawing and Painting in 1982. She has lived in Canada since 1984, and became a Canadian citizen in 1993. Since moving to this area, she has participated in several group shows including Quinte Arts Council's Expressions 2003, The World Within exhibition at The Gallery at 14 West Front in Stirling, and the Heritage Quinte exhibition at Belleville Public Library. Linda works in a variety of media and careful observation and attention to detail characterize her work.

Landscapes, still life, and plant and animal studies are among her favourite subjects. As a military wife, moving from location to location has led her to an interest in new surroundings. As an answer to the question "Where is here?" on a deeper level, reflecting on troubles around the world and the ugly side of human nature, has convinced her of the power of love as the most important driving force behind the creation of art.

She subscribes to the comment of Marc Chagall: "In our life there is a single colour, as on an artist's palette, which provides the meaning of life and art. It is the colour of love."

Show support for farmers

Gene Brahaney,
President, N F of A

For some time our farm leaders have been asking for a meeting with Premier McGuinty and Minister Peters to address the serious downfall in farm incomes from across Ontario and the increased cost of new regulations.

It has reached the frustration point that farmers have staged highway tractor protests to make their point.

To this end a concerted effort is being made by the Ontario Federation of Agriculture and all community groups to promote a province-wide united voice at a Rally at Queen's Park.

This will take place on Wednesday, March 2nd from 10:30 a.m. to 3 p.m. Buses will depart from Campbellford and pick up people at various stops across the county. Much has been said about the proposed Greenbelt legislation but unless a profit can be made the Greenbelt will become a WEEDBELT.

Folks, it's show time. Time to show up and be counted.Show your support. We encourage all farm families, business owners, retired people who live in Northumberland and who appreciate the rural landscape around them to join us to make the point with this government of the serious issues facing farmers. Spring will soon be here and hard decisions have to be made regarding planting a crop in 2005.

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Suddenly Rebels showing lots of elusive momentum

Now meet Napanee in semi-finals

Campbellford ---For the most part this season, momentum has been an elusive quality for the defending champion Campbellford Rebels.

But the Rebs will be entering the Empire League junior C semi-finals on a healthy wave of momentum when they square off against the Napanee Raiders starting Saturday night on Campbellford ice.

Rebels, with all guns blazing, ended the round-robin on something of a roll last weekend by virtue of three wins on successive nights. It started in Frontenac where the Rebels blitzed the hometown Flyers 9-2, following it up Saturday at home with a 10-2 thrashing of the same Flyers.

These two one-sided verdicts were unexpected, given the Flyers' surprise victory on the road in Napanee a week ago. Continuing in high gear Sunday night the Rebels topped the Picton Pirates 7-5 in a slugfest that looked more like the WWF on skates at times.

Two-goal Salvos

On Friday night against the Fronts, Jamie Bowman and Phil Darrington each fired a pair while singles went to Joe Curry, Dan Petherick, Mike Banks, Kevin Gourley and Brennan Tuckett.

In the second half of the double-bill, Banks was hitting on all cylinders with a hat-trick, Curry and Derek Brown each cashing in a pair. Nick Temple, Justin McConnell and Tuckett rounded out the scoring.

Best man on the ice Saturday was Flyer goalie Brad Mallen, who recorded 47 saves as the Rebs averaged almost a shot per minute.

That set the stage for Sunday's visit from the Pirates. Hockey purists would have been appalled by the numerous fistic encounters which overshadowed a great hockey game as the Rebels overcame a three-goal deficit early in period two to tie the Pirates for top spot in round-robin play.

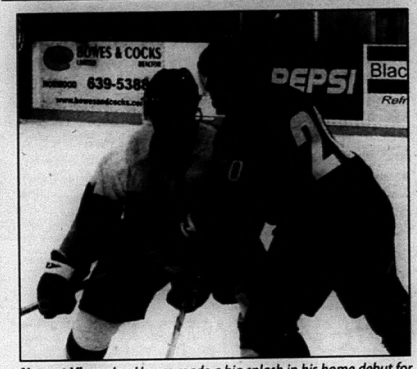
The Pirates got off to a strong start with first period goals by Spencer Irving and Tyler Allen. Then Allen caught the Rebels on a player change to make it 3-0 before Tuckett ignited the home team's sudden charge and saw the teams tied 4-4 after 40 minutes.

Darrington tallied his first of three and after forward Brian Westervelt restored the Pirates' margin to two with what appeared to be a high-stick deflection, Darrington hammered in a backhander and Craig Fleming hit for the equalizer.

In the first two minutes and 40 seconds of the final period the Rebels scored three straight classic goals that had the coaching staff beaming. First, Nick Temple blasted a 40-footer past Payne and Darrington followed with his hat-trick score from a perfect passout from linemate Joe Curry. Then Curry sealed the deal on a corner pass from McConnell.

ICE CHIPS:

Referee Ron Stakes drew the ire of the Rebels by allowing a Picton goal after it appeared to be scored after the whistle stoppage. Rebel coach Jim Peeling showed unusual self-control when asked about the play, but says he intended to voice his concern with OHA President Brent Ladds in regards to the inability of the officials to control the fighting.



Newest Viper: *Jon Howse made a big splash in his home debut for the Norwood Vipers. The former Peterborough Petes captain scored twice in Norwood's 7-4 win. He was tough around the net battling players like Brian Heard of the Dunnies. Photo/Bill Freeman*

Feisty Vipers rally over Whitby

Overcome 4-1 deficit to win

By Bill Freeman

Asphodel-Norwood - The Norwood J.J. Stewart Vipers showed their feisty side against Whitby overcoming a 4-1 deficit to drop the Dunlops 7-4. Norwood was coming off a hard 6-5 win in Kingston the night before.

In a battle of Eastern Senior A League leaders, the Vipers set aside a flat first period and turned in a tenacious final 40 minutes to dump the tough Dunnies.

"They were really hungry around both nets in the first period," Vipers coach Brian Hayton said of Whitby. "They were more competitive than we were but we elevated that.

"It was a tentative start with a lot of standing around in the first. After that, we got our feet moving and had a lot of energy."

Hayton says the Dunnies got a "lot of shots from the slot area and we were getting nothing in theirs'. We felt that was an area we had to battle harder in."

And they did with players like Jim McMillan and Mike Williams providing the spark. Both got into scraps in the third and Williams was relentless on face-offs.

"A number of guys were stronger on the puck and that made the difference."

Hayton also said they tightened up their game in the neutral zone and started picking off Whitby passes. And they matched Whitby's pace shaking off the after effects of the "tough, intense" game in Kingston.

Norwood opened the scoring on a Birkhof powerplay but Whitby's Brian Heard replied 15 seconds later. Goals by Jon Van Volsen, Scott Jones and Justin Cardwell made it 4-1.

McMillan got it going for the Vipers halfway through the second with a strong move to the net to redirect an Adam Bernard crossing pass. Joe Hawley made it 4-3 on another goal mouth battle; 43 seconds later Jon Howse tied it with a gritty effort along the boards to force a turnover.

Norwood took the lead for good with 22 seconds left in the second. Wes Nield sped along the wing, made a sharp cut and beat goalie Joel Whitmarsh.

continued onpage 17

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You can help with cans

Support the Youth with popcans, says CWL, (Catholic Women's League), representative, Sheila Barcier. The popcan fundraiser will help the youth travel to meet the Pope in Germany this summer. Tony and Deborah Best of Ace's Pizza at Madoc recognize the joy and blessings for those who are plannning the trip. In the photo: Deborah Best; Sherry Williams of Ace's Pizza with Sheila Barcier, CWL representative. Sheila says, give her a call and the cans will be picked up. For further information call 473-0669. photo: L.J. Jackson

Along the roadside, an antique plow fits in with nature. Photo taken Madoc area. Photo L.J Jacksc

Walking in pink taking steps against breast cancer

Think pink! That's the theme being promoted in Marmora, Madoc and Tweed from now until the October 1st Marmora walk in support of the Canadian Cancer Society's 'Taking Steps Against Breast Cancer'.

The first organizing meeting was held recently in the William Shannon Memorial Room, Marmora. Chair Linda Bracken called on a group of enthusiastic people who will be coordinating the different areas of the project. Funds raised will be used for research to help men and women fight breast cancer, as well as to fund public education.

The event will begin at 11 a.m. and will involve a number of activities.

LOGISTICS - Marmora President Barbara McCaw is in charge of the walk which will begin in Marmora Memorial Park.

SPONSORSHIP - Jennie Killian will be in charge. A sponsor is one who makes a donation of $500 or more.

VOLUNTEER RECRUITMENT - Joe and Deena MacCauley (472-2947) will be happy to take names of anyone willing to help with the event. Volunteers will receive name tags and yellow t-shirts with the word 'Volunteer' on the back.

SURVIVORS & IN HONOUR/IN MEMORY - Kathy Wren will see that all survivors participating receive a special pink ribbon. Special pink balloons will be sold for $3 each. Cancer survivors are asked to contact Kathy at 472-2678.

REGISTRATION - Beverlee Meyer and Ann Marie Mohns. All participants will wear a pink ribbon. Those collecting $75 and over will receive a t-shirt to wear during the walk. For larger donations, there are additional articles.

FOOD & BEVERAGE - Jean Sandford will arrange to have refreshments available for volunteers and participants.

SIGNAGE & DECORATION - Rosalie Payer asks that residents in each of the three communities plant a showing of pink flowers. It is also hoped to have plastic pink ribbons throughout the communities.

ENTERTAINMENT & ACTIVITIES - Bonnie Danes will arrange for a speaker for grand opening of the event, a master/mistress of ceremony and local entertainment.

MARKETING - Wilma Bush - press releases will be provided to the newspapers in the area and CHEX TV will be contacted to cover the event.

The committee noted that with the campaign for Heart and Stroke ending February 28 and the Cancer campaign in April, it seems there are always collections or pledges being sought. However, there is always the need for research and expertise to deal with diseases that impact so many.

Mark October 1st on your calendar and plan to be there!

Do you think you are a whiz at Trivia?
Do you have a colleague who always knows the answers on Jeopardy?

We are now recruiting Teams to compete in the...
First ever - Alzheimer Society MEMORY MARATHON at the MARRIOTT
Where: Fairfield Marriott Hotel, Belleville
When: Thursday, March 31, 2005
Doors open 6:00 p.m. Questions start 7:00 p.m.
There will be five people per team, to a maximum of 15 teams.
The registration fee of $250 is your passport to an exciting evening which includes:
– "Brain Food" refreshments
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– PLUS! ... Meet some of the "brainiest" people in history who will be there to cheer you on!!
Members of the "brainiest" team will be Crowned, Gowned and Renowned, awarded a Memory Marathon Master diploma, and become charter members of the "Memory Marathon Club"
RESERVE YOUR TEAM SPOT NOW! Bring some of your friends along as cheerleaders too...limited number of tickets available at $10 each.

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DEATH NOTICE

DEATH NOTICE
CROSS, HAROLD "GEORGE"

Peacefully at Kingston General Hospital on Sunday February 13th, 2005 in his 80th year. Beloved husband of Margaret Cross (Stallard) of Campbellford. Loving father of Sandra Law (& Roy), the late Keith Cross, (& Eileen), Lynda Downes (& Bob), Susan Goodall (& Ray), Valerie Sheppard, Michael Cross (& Corey). Grandfather of Chris, Jason, Grant, Lindsay, Alicia & Braden and great-grandfather of 4. Brother of Marion Smith, Don Cross, and Eileen Luttrell. Cremation has already taken place. Arrangements have been entrusted to Weaver Family Funeral Home, 77 Second St., Campbellford. A Memorial Service will be held at the Royal Canadian Legion Branch #106 in Hastings at a later date. In lieu of flowers donations to the Heart and Stroke Foundation would be appreciated by the family. Online Guest Book & Condolences at www.weaverfuneralhomes.com

PERSONALS

HELP Me raise money for Cancer research! I'll be cutting my hair for Locks of Love, and pledges go to the Cancer Society. Please drop off pledges at: Essence Communications Group office in Belleville, Cutting Corner in Marmora, any Marmora school, Marmora TD Canada Trust Bank, Cook's Barber Shop, or the Marmora Herald office. You can mail pledges to: Cuts for Cancer, Box 155, Marmora, Ontario K0K 2M0. Please make cheques payable to the Canadian Cancer Society. ~ Jeanette Seaborn

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Haliburton, Kawartha, Pine Ridge District Health Unit

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www.fcc-fac.ca

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NOTICE

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www.twp.marmora.on.ca/marmora

PUBLIC INFORMATION CENTRE
MARCH 10, 2005

There will be a Public Information session at the upstairs Town Hall on Thursday, March 10, 2005 from 6:00 p.m. to 8:00 p.m. regarding the Connecting Link Phase III and the Municipal Drainage Plan in the area of Marmora Senior School and Madoc Street.

Should you have any questions or concerns regarding the Connecting Link construction or the Drainage Plan, this scheduled meeting would be the place to have them addressed.

Frank Mills, BA, CMMIII, AMCT, CBCO,
CAO/Clerk/Treasurer

Email your ad by 4 p.m. Tuesday to: newsads@essencegroup.com

DON'T MISS OUT!

We are presently working on the 2005 edition of The Comfort Country Directory

To have your business included please call Sandra or Pam at:
(613) 472-2431
or Toll Free: 1-888-725-3503

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DO You need a report, resume, letter, menu, simple flyers, photos scanned and printed, invitations, cards written? Reasonable rates. Call Jeanette, Saturday and Sunday, 10 a.m. to 6 p.m., at 613-472-2297.

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104 dragon boat teams

Peterborough-Organizers have opened registration for the fifth year of dragon boat festivals on Little Lake, set for June 18. 104 teams with a maximum roster of 24 per team-almost 2500 paddlers-will race to raise awareness of breast cancer, and donations for the local Breast Assessment Centre at the Peterborough Regional Health Centre

Registration packages are available at Kawartha Credit Union, platinum sponsor, at their Monaghan Road branch. Susan Miller, Registration Chair, urges teams to register quickly as spaces are only available on a first-come first-serve basis. The closing date for team registration is April 22nd. A new fifth anniversary price of $700 (one practice) or $800 (two practices) comes with free team pictures for everyone on the roster.

"I can hardly believe we started out with 32 teams", says John Gullick, Festival Chair. "We owe our tremendous growth to the enthusiasm and generosity of the community since this is a truly local event." Len Minty, Race Director in charge of logistics says he's pretty sure Peterborough runs the largest one-day festival anywhere.

Robert Wellstood, CEO at Kawartha Credit Union, is proud to be platinum sponsor for the fourth consecutive year. "It's always been an excellent fit for us," said Wellstood. "We are a local organization interested in making a contribution to our community. We take pride in supporting the festival and its important cause."

Stay in Community

As in past years, all funds raised stay in the community and go to the PRHC's Breast

Assessment Centre. Last year the amount topped $175,000. The PRHC

Foundation recently announced the purchase of two pieces of leading edge technology from accumulated funds raised by the Dragon Boat Festival over the past four years.

Cyndi Gilmer, Director of Women's and Children's Services at PRHC, says the new ultrasound equipment permits "easier detection of smaller cancers". "Detecting and treating breast abnormalities can be like putting together a puzzle, and this new equipment will make an important piece of the puzzle much clearer," says Gilmer.

The $268,000 ultrasound unit has the potential to provide imaging services for approximately 2500 women per year and is used in the breast work-up phase of breast cancer diagnosis.

In addition to the new ultrasound, funds raised by the Dragon Boat Festival will allow the purchase of a $66,000 AGFA Mamoray Daylight Film Handling System, ensuring optimum quality in the processing of films used in the breast screening clinic at PRHC's Roger's Street Site.

Vipers

continued from page 14

Jamie McComb and H
scored in the third."

Joe Hawley, playing j
third game since Dec. 5
what he saw.

"It's exciting to be ba
been a frustrating time t
struggles with injuries.
is a treat to be back wi
guys and to be back as
a good thing."

He blamed some "r
mistakes" for the first
hole.

"Once we came to gri
we knew we were in a
and we knew it was go
be tough we put on a
valiant effort for the f
minutes."

"Both teams have a
speed, strength on defen
bility and good goalte
We're very well-matched
It was a good test for u

Hawley is also the tear
ident and says the acqu
and team depth puts t
pretty good playoff sha

"Everybody is going
everybody for the ice ti
that's going to be fun."

Vipers buzz: Picking
assists each for Norwo
Jason Sands and Williar
singles to McMillan, Dav
art, Adam Bernard, Cha
hof, Nield, Dave Lorent
ley and Andy Johnson...
Terpstra won the $50
draw...Playoff tickets a
on sale.

OPP Reports

Rowdy House Party

Northumberland O
ficers were called to a
house party in Bright
12th. The party was di
and two youths were
with liquor offences.

Knife Threat

Northumberland O
called to an Alnwick/Ha
Township residence to
gate a report of a family
Police arrived and arre
year old Alnwick/Hal
Township man for v
offenses. Police dete
the man had threate
other male with a kn
accused is being char
assault with a weapon,
ing and possession of a
for a dangerous purpos
held for a bail hearin

Family Dispute

Northumberland O
cers were dispatched to
ton residence on the
to investigate a call r
a family dispute. Up
ing a female victim i
police she had been sl
the face. Shortly after
located the suspect an
a 50 year old female u
rest for assault. The
is being charged with

continued on p

10th Anniversary for the Tri County Amateur Radio Club

continued from page 1

The Radio Club at has provided the Eldorado Sled Dog Races with communication each year. Despite cold weater, and moving of the races, they have continuously faced the challenge head on.Richard Hobson, President of the club says they have been also been involved with the Diving and Scuba Club out of CFB Trenton.

Amateur Radio operators are professionals and masters of the wireless. Don't try whispering about them from another room. Their ears have been tuned for listening to the smallest of sounds. If you have ever been in wonder at a teenager being able to listen to their cd while doing homework, you would be amazed at the wireless operators who can discover a minute blip through a mass of other sounds.

"Your ears become trained to the sounds," says Paul Davidson, one of the founding members. He is also a great fan of pencils, not pens, knowing how pencils work so much better out in the cold. Out in the cold weather, at dog sled races, whether it is in Bancroft, Marmora or Eldorado, it is the pencil, not the pen that writes down the reports. Paul has a desk full - but you can never have enough.

"He can listen to two radios at the same time," club member,Peter Blakely compliments the radio guru, who is able to separate the sounds. He says his club members are a community minded bunch, who enjoy and support amateur radio in general. Founding members, (or instigators as the club generously teases), with the Tri County Amateur Radio Club include: George Foster, Ralph Easthope; Joe and Paul Davidson and Peter Blakely.

"On June 1, 1997 the Tri-County ARC amalgamated with NARA and we now support the former NARA repeater in Campbellford. This is a 2m repeater on 145.330 MHz with a -600kHz offset. The repeater Callsign is VE3KFR." The club's website invites all amatuers to check in.

Hams come from all walks of life ranging from technicians to engineers, teachers to scientists, and students to retirees. For many of them the attraction to the hobby is to build their own equipment whether it is just a simple antenna, something as complex as a transmitter, or an interface between their radio and a computer.

To become an Amateur Radio Operator in Canada you must pass a multiple choice exam that includes basic Radio electronics theory, operating practices, and Radio regulations. On successfully completing this exam you will obtain a Basic Operating Certificate. You will obtain an Amateur Radio Callsign when you receive your certificate.

The best way to prepare for this test is through a course held by your local Amateur Radio Radio Club. Another option is to get a nearby Amateur to tutor you before taking the test. In Radio jargon the tutor is called an 'Elmer' tutoring is called 'Elmering'.

If any person is interested in more information or becoming an Amateur Radio Operator telephone Peter Blakely at 473-1171.

The Tri-County ARC was formed in 1995 to support Amateur Radio which includes the towns and villages of Campbellford, Havelock, Norwood, Apsley, Coe Hill, Gilmour, Marmora, Stirling, Madoc, & Tweed. This year marks their 10th Anniversary.
When the ice storm hit, support from this group was there on the front lines, helping at the support shelters and providing equipment and generators. photo: L.J. Jackson

Bowskills mojo soul will cast you under his dynamic spell

By L.J. Jackson

Jimmy Bowskill makes everything that is old, new again. At 12 years old, his guitar is almost as big as he is. With unmimicked soul, Jimmy Bowskill will be burning the stage at the Stirling Theatre on Friday, March 4. Last year the young natural blues singer with mojo soul won the Indie Award for Best Blues Artist/Group and has recently been nominated for the Canadian Indie Music Award and a Juno Award.

His audience has whistled him as:

"...the reincarnation of Little Mister Midnight.."

"...he plays like Robert Johnson, Muddy Waters and Son House reincarnated."

"....a young player who has the feel....It's that absolutely rare quality called genius. I think the kid has it.."

"Jimmy turned the whistle into a legitimate blues instrument fully employing the colour and blues scales more associated with blues harmonica and guitar, and there was nothing quiet about it!"

Described as a "young Eric Clapton", this young dynamo, showcased in both the Toronto and Montreal Music Festivals, has a contemporary sound sure to rock the house!

The Rocks of Eldorado

Eldorado: Along the highway, travellers marvel at natures frozen wonder

The One-Tonne Challenge hits the road: Make fuel efficiency part of your choice

(NC)—Thinking of buying a new vehicle? Whatever you're looking for – a compact, a family station wagon, or even an SUV – there's a fuel-efficient model that meets your everyday needs.

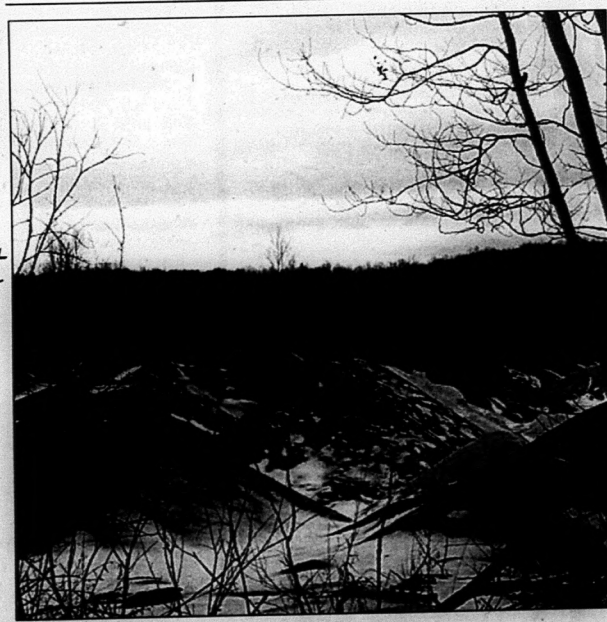
Driving a fuel-efficient vehicle cuts the smog-creating emissions that pollute our air and reduces the greenhouse gas emissions that contribute to climate change. What you choose to drive does impact the environment. For example, a late-model vehicle driven 20,000 km a year produces:

- Sports utility vehicle – 6 tonnes of carbon dioxide (CO_2)
- Mid-sized sedan – 4 tonnes of CO_2
- Hybrid (gas-electric) – 2 tonnes of CO_2

Each Canadian emits an average of five tonnes of greenhouse gases annually –28% of Canada's total emissions. The Government of Canada is asking Canadians, through the One-Tonne Challenge, to reduce their personal emissions by one tonne, or 20%. Since half our emissions come from transportation, focusing on the vehicle you drive and how you use it is a great way to make a difference.

If you're in the market for a new vehicle, check out the 2005 EnerGuide Award winners for most fuel-efficient vehicles in their class: Honda Insight, Volkswagen New Beetle TDI, Toyota Echo Hatchback, Honda Civic Hybrid, Toyota Prius, Chevrolet Malibu Maxx, Volkswagen Jetta TDI Wagon, Pontiac Vibe, Toyota Matrix, Ford Ranger, Mazda B2300, Ford Escape Hybrid, Honda Odyssey EX-L. Find out more at www.vehicles.gc.ca.

Whether your vehicle is new or old, you can reduce your emissions from driving and save money too. Find out how at www.onetonnechallenge.gc.ca, or call 1 800 0-Canada (1 800 622-6232) TTY 1 800 465-7735 for your free, 22-page tips guide.



Nature mixes with man north of the village of Madoc. Photo L.J Jackson.

Mutton heads up GRCA For fourth straight year

Port Hope-Mayor John Mutton of the Municipality of Clarington has been re-elected to his fourth term as Chair of the Ganaraska Region Conservation Authority. Mayor Forrest Rowden, representing Hamilton Township, was re-elected Vice Chair of the Conservation Authority for a fifth term. The election was officiated by Ian MacNab, General Manager of Kawartha Region Conservation.

Before the election of officers, Chair Mutton highlighted a number of significant accomplishments from the past year emphasizing the importance of source water protection planning. He also spoke about the completion of important endeavors, including the Groundwater Study project, the source protection pilot project and the competition for the design phase of the new Ganaraska Forest Centre. The GRCA is responsible for resource management in seven municipalities across parts of Northumberland and Peterborough counties and Durham Region.

On to all-Ontario midget semi-finals for Colts

Campbellford---It's on to Delhi or Waterford in the all-Ontario midget semi-finals for the Precision Wood Colts from Campbellford.

The Colts showed true grit as they powered their way past the Schomberg Red Wings with a three-game sweep, registering 5-3, 2-0 and 5-1 victories.

Goaltender Nick Ellis was sidelined with a cut foot from a piece of glass, requiring seven stitches, and expects to be back for the next series. But Jamie McKelvie stepped into the breach and proved a solid performer in all three games.

"Our guys have played very well in this round," said Paul McEvoy, one of the coaches. "These guys love hockey and are in good shape but they know it's a long way to the top."

Game one in Campbellford, the Colts prevailed 5-3 with Hendy Robinson scoring twice and singles going to Morgan McMillan, Dane Ellis and Cory Taylor. Justin Chrysler assisted on three of the goals while Tyler Allanson had two helpers and Robinson had one assist.

Game two in Schomberg was a nail biter as Campbellford squeezed past the homesters 2-0 on goals from Morgan McMillan and Kirk Newton assisted by Mitch Gray and Hendy Robinson.

The Colts continued their domination back on Campbellford ice last Saturday afternoon, scoring two in the first period and two more in the second. Hendy Robinson was a going concern with a three-goal performance, Tyler Allanson and Cory Taylor also getting goals. Assists went to Justin Chrysler (2), Dane Ellis and Allanson.

OPP Reports

continued from page 17

and is scheduled to appear in court on the April 6th.

Numerous Accidents

Eighteen motor vehicle accidents kept Northumberland OPP officers busy Monday and overnight due to poor road conditions. The majority of the accidents were vehicles in the ditch on the 401 Highway and County Roads 45, 64 and 10. None of the accidents resulted in serious injuries

Trespassing Incident

Northumberland OPP were called to the East Northumberland Secondary School Feb. 17th to deal with a trespasser who had arrived at the school and was being disruptive. Officers located 18 year old Thomas Shortt of Brighton and charged him with trespassing.

Court Order Breached

The Northumberland OPP assisted the Children's Aid Society on the 17th of February/05 with an investigation regarding a possible apprehension of a child from a residence.

A man was under a court order not to be within 500 metres of a Hope Township residence and it was believed that he was currently at that location. the officers arrived the m located in the residence arrest was made.

The 40 year old Hope ship resident was held fo hearing to face the ch breaching a court orde

The Children's Aid S transported the 13-year a place of safety.

Marmora & Lake

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WATERFRONT
Building lot on Skootamatta River, north of Tweed. Lot size is approximately 89x254 feet. Call Rick Kennedy today for further details! **$24,900.** MLS #2050791

STARTER HOME
Walk to amenities and schools. New oil tank, updated furnace, new water heater, fenced yard, 3 bedrooms. Call Cheryl to view. **$72,900.** MLS #2050702

MAKE AN OFFER!
Well laid out home loca subdivision of fine homes fireplaces, attached garag entrance to downstairs. Cal today! **$114,000.** MLS #204

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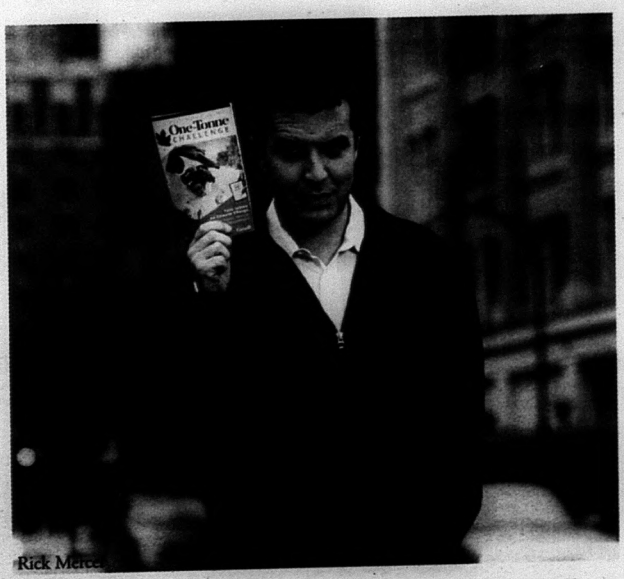

Rick Mercer

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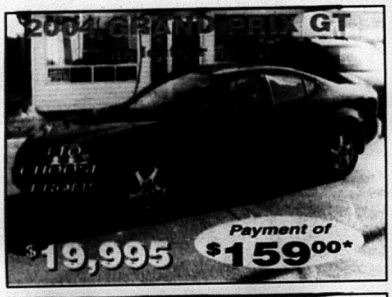

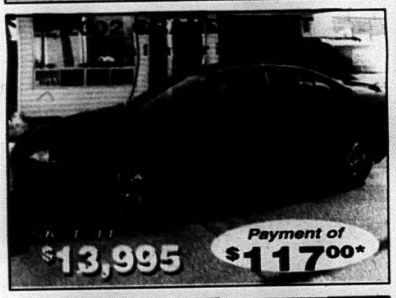

'04 & '05 models are former daily rental vehicles, '03 & '02 models are lease return. Bi-Weekly payments shown 26x7 years. For example $10,000 @ 7.1% at 60 months = $1,908.00 cost of Borrowing. Rates may vary from 5.9% to 29.9% O.A.C. depending on credit history. Prices do not include licence, taxes or admin. fees or registration fees. For details see dealer.

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